



# ENERGY CONNECTION



Core Values: Leadership, Professionalism & Technical Knowledge through Dedication to Duty, Integrity, Ethics, Honor, Courage & Loyalty

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## A MESSAGE FROM THE DEPUTY COMMANDER Mr. Dave Kless

### Team Energy,

I just returned from visiting the DLA Energy Americas region, and I sincerely want to thank the Americas entire team for their hospitality. A shout out to the leadership: COL Heflin, Mr. Exum, LTC Masson, Ms. Lawrence, Maj Morton, and CDR Kim for coordinating the visit and being my tour guides. You have a great team out there, and I'm proud of all you're doing to support our people, our mission, and our customers.

In addition to getting to personally meet many of the Americas employees, the highlight of the visit was the opportunity to visit some of our key partners and suppliers in the region including tours of a local strategic facility, DFSP Houston, and a small business refinery.



As you should all know by now, DLA has announced that it will begin reentry to official duty locations on Monday, May 9. For DLA Energy, we are still in the process of consolidating workspaces, moving out of the Lorton facility, and preparing for reentry. Once we are ready, not everyone will be returning at the same time. We plan to stagger returns and execute a phased reentry back into the workplace. Maximum telework is still in effect until you receive your designated reentry date from your supervisor.

Thank you for your continued cooperation as we look towards our new normal.

## Summer Safety

From DLA Energy Safety Manager Andre Remy

As the weather warms up and the peak of summer approaches, please be mindful of your actions and personal safety.

**Check the Temperature.** With temperatures on the rise and pandemic-related restrictions lifting across the United States, many of you and your families will be enjoying more recreational activities. Pay attention to not only the temperature, but the heat index (the "real feel") as humidity not only has an effect on how hot the weather feels, but can also affect your body's ability to perspire.

**Plan for the Heat.** Be familiar with signs of heat related hazards and heat illnesses, including heat exhaustion and heat stroke.

**Driving Safety.** Summer is not only a popular time to take road trips, but it's also when military members execute change of stations. This is the season when DOD sees its peak in private motor vehicle incidents. But the risk isn't confined to road trips, the National Highway Traffic Safety Administration shows that almost 70% of vehicle collisions occur within 10 miles of home.

HEAT-RELATED ILLNESSES	
WHAT TO LOOK FOR	WHAT TO DO
<b>HEAT STROKE</b>	
<ul style="list-style-type: none"> <li>High body temperature (103°F or higher)</li> <li>Hot, red, dry, or clammy skin</li> <li>Fast, strong pulse</li> <li>Headache</li> <li>Dizziness</li> <li>Nausea</li> <li>Confusion</li> <li>Losing consciousness (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Call 911 right away—heat stroke is a medical emergency</li> <li>Move the person to a cooler place</li> <li>Help lower the person's temperature with cool cloths or a cool bath</li> <li>Do not give the person anything to drink</li> </ul>
<b>HEAT EXHAUSTION</b>	
<ul style="list-style-type: none"> <li>Heavy sweating</li> <li>Cold, pale, and clammy skin</li> <li>Fast, weak pulse</li> <li>Nausea or vomiting</li> <li>Muscle cramps</li> <li>Tiredness or weakness</li> <li>Dizziness</li> <li>Headache</li> <li>Fainting (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Move to a cool place</li> <li>Loosen your clothes</li> <li>Put cool, wet cloths on your body or take a cool bath</li> <li>Sip water</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>You are throwing up</li> <li>Your symptoms get worse</li> <li>Your symptoms last longer than 1 hour</li> </ul>
<b>HEAT CRAMPS</b>	
<ul style="list-style-type: none"> <li>Heavy sweating during intense exercise</li> <li>Muscle pain or spasms</li> </ul>	<ul style="list-style-type: none"> <li>Stop physical activity and move to a cool place</li> <li>Drink water or a sports drink</li> <li>Wait for cramps to go away before you do any more physical activity</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>Cramps last longer than 1 hour</li> <li>You're on a low-sodium diet</li> <li>You have heart problems</li> </ul>
<b>SUNBURN</b>	
<ul style="list-style-type: none"> <li>Painful, red, and warm skin</li> <li>Blisters on the skin</li> </ul>	<ul style="list-style-type: none"> <li>Stay out of the sun until your sunburn heals</li> <li>Put cool cloths on sunburned areas or take a cool bath</li> <li>Put moisturizing lotion on sunburned areas</li> <li>Do not break blisters</li> </ul>
<b>HEAT RASH</b>	
<ul style="list-style-type: none"> <li>Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)</li> </ul>	<ul style="list-style-type: none"> <li>Stay in a cool, dry place</li> <li>Keep the rash dry</li> <li>Use powder (like baby powder) to</li> </ul>



**Motorcycle Safety.** Riders are inherently more vulnerable in accidents than vehicle drivers or passengers. Wear a helmet, an abrasion-resistant jacket and gloves, long pants, over the ankle boots, shatter-resistant glasses.

**Don't Drive Tired.** Driving while fatigued can be as dangerous as drinking and driving. The American Automobile Association Foundation for

Traffic Safety estimates that 21% of fatal motor vehicle mishaps involve driver fatigue. Driving after going more than 20 hours without sleep is the equivalent of driving with a blood-alcohol concentration of 0.08% – the U.S. legal limit.

**Put the Phone Down.** Statistics show distracted driving from phone use occurs most frequently during summer — nearly 10% more than any other time of year. This summer, consider how you can avoid distraction and stay focused on the road. Technology can be an asset if used wisely. Whether you use traditional road maps or GPS navigation, plan which route you'll take ahead of time.

**Before you Leave.** Build time into your schedule to stop for food, rest breaks, phone calls or other business. Adjust your seat, mirrors and climate controls before putting the car in gear. Pull over to eat. Check your route of travel for weather conditions and road construction and plan alternate routes if necessary.



## HQC/NCR COVID-19 Status: HPCON B

Continue max telework. As of March 2, face masks no longer mandatory in the HQC Complex. Masks remain required for HQC Child Development Center.

# NEWS

## Facilities Updates

For HQC area employees, stay up to date on all of [FACO's information and updates, which are being compiled in this DLA Today announcement.](#)

## DLA Energy featured in Coast Guard Energy and Fuel Matters newsletter

The new Logistics Fuel Card, the Training Center Petaluma ESPC and the Standard Price for Fuel are featured in stories starting on page 8. [Read the newsletter in this DLA Today announcement.](#)



## Employee Assistance Program

Sometimes life comes at you from all angles, and you may feel overwhelmed managing everyday tasks. The EAP program can help you with many services, including things like Change Management and Financial Wellness. [Read more in this DLA Today announcement.](#)

## Thrift Savings Plan

Participants should pay attention to TSP correspondence in the coming months and visit the [TSP webpage](#) that highlights the new features. [Read more in this DLA Today announcement.](#)

### Thrift Savings Plan

The federal TSP program introduces new features

## DLA Energy leaders sign the Sexual Assault Awareness & Prevention Month (SAAPM) Proclamation



(left to right) Chief of Staff Col Mecham, Director of Supplier Ops Gabby Earhardt, SARC Ella Warren, Deputy Commander Mr. Kless and Commander Brig Gen Canlas

## ASOC LNO

Energy's Agency Synchronization and Operations Center LNO communicates Energy's commodities, infrastructure and global supply chain status to the DLA Director, Deputy Director, J3 Director, and senior staff. Applicants must be GS-12/13 (GS-12 are eligible for temporary promotion to GS-13) and possess a Secret Clearance. Supervisor and business unit director pre-approval is mandatory for consideration. [Read more information in this DLA Today Announcement](#)

## Mark your calendars!

May 9: Supervisory Committee Meeting\*, 2:30pm

May 10: Advisory & Integration Council Meeting w/ Mr. Kless\*, 9am

May 10: Culture Climate Committee Meeting\*, 9:30am and 7pm

\*Committee and council meetings are for current members only. If you are interested in getting involved, contact [Energy.SCG@dla.mil](mailto:Energy.SCG@dla.mil).

# Advancing Leaders Through Collaboration

May 2022 | #AANHPIHeritageMonth



May is Asian American and Pacific Islander Heritage Month, an annual celebration that recognizes the historical and cultural contributions of cultures from the entire Asian continent – including East, Southeast and South Asia – and the Pacific Islands of Melanesia, Micronesia and Polynesia.

Stay tuned to [www.dla.mil/energy](http://www.dla.mil/energy) for AAPI employee spotlights

## CONGRATULATIONS!

The DLA Director VADM Skubic coined employees for their outstanding work during her visit April 22:

**Sarah MacLean** for her increased responsibilities as a Quality Program Manager and her contributions beyond petroleum to other areas of DLA business.

**Ditu Kasuyi** for his leadership of the Acquisition workforce. He is wearing a cap to promote the upcoming Acquisition Honors Program theme, "Acquisition Professionals of Steel."

**David Gherlone** in the Operations Center for his support in theater during the Russia/Ukraine crisis.

**Pamela Griffith** for leading DLA Energy's carbon-free electricity initiatives in support of Climate Change efforts.

**Amanda Muscavage** for her SRM and Environmental support of on-going work at Red Hill, Hawaii.



## DLA Energy's Spring Festival

Get your tickets for the fun at Fort Hunt Park on May 18. Come and celebrate with your teammates after the many challenges and opportunities over the last two years.

[VIEW THE INVITATION](#)

