MRE 39 (2019)

<u>Menu #1</u>	<u>Menu #2</u>
Chili with Beans	Beef, Shredded, in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno
Cornbread	Peppers
Cheese Filled Crackers, Pepperoni Pizza	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified,	Oatmeal Cookie, Plain
Lemon Lime	Beverage Powder, Carbohydrate, Fortified,
Accessory Packet A	Orange
Spoon	Barbecue Sauce
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #3	Menu #4
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Fruit, Wet Pack, Applesauce, with Raspberry	Toaster Pastry, Chocolate Chip
Puree	Peanut Butter, Smooth
Crackers, Plain	Snack Bread, Italian Bread Sticks
Peanut Butter, Smooth	Fruit, Dried Whole Raisins, Seedless
Jelly, Apple	Cocoa Beverage Powder, Milk Chocolate
Pan Coated Candy, Disks, Fruit Flavored,	Jelly, Grape
Original	Accessory Packet B
Beverage Powder, Carbohydrate, Fortified,	Spoon
Tropical Punch	Flameless Ration Heater
Hot Sauce, Extra Hot 4x	Paperboard Sleeve
Accessory Packet A	
Spoon	
Flameless Ration Heater	
Bag, Hot Beverage	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #5

Chicken Chunks, White, Cooked

First Strike Bar, Chocolate

Cheese Spread, Cheddar, Plain

Tortillas, Plain

Toasted Corn Kernels, Barbecue

Meat Snack, Sticks, Teriyaki

Beverage Powder, Carbohydrate Electrolyte,

Fruit Punch

Barbecue Sauce

Accessory Packet B

Spoon

Paperboard Insert Card (as applicable)

Flameless Ration Heater

Paperboard Sleeve

Menu #6

Beef Taco

Santa Fe Style Rice and Beans

Cheese Spread, Cheddar, Plain

Tortillas, Plain

Nut and Fruit Mix, Nuts and Raisins with Pan

Coated Chocolate Disks

Beverage Bases, Sweetened with Non-nutritive

Sweetener, Fortified, Orange

Accessory Packet A

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Menu #7

Beef Strips in a Savory Tomato Based Sauce

Potatoes, Mashed, Garlic

Fruit, Dried Cranberries, Sliced

Peanut Butter, Smooth

Snack Bread, White Wheat

Jam, Blackberry

Mint Candy, Rings, Peppermint

Drink Mix, Flavored Instant Cappuccino, Irish

Cream

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Menu #8

Meatballs in Marinara Sauce

Cobbler, Cherry Blueberry

Chocolate Chip Cookie, Plain

Cheese Spread, Cheddar, with Jalapeno

Peppers

Snack Bread, Italian Bread Sticks

Meat Snack, Sticks, Teriyaki

Beverage Powder, Carbohydrate Electrolyte,

Orange

Accessory Packet C

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #9 Menu #10 **Beef Stew** Chili and Macaroni Cake, Pound, Trans Fat Free, Vanilla Cake, Pound, Trans Fat Free, Lemon Poppy Cheese Spread, Cheddar, Plain Seed Snack Bread, Multigrain Cheese Spread, Cheddar, with Jalapeno Peppers Pan Coated Candy, Disks, Fruit Flavored, Crackers, Vegetable Meat Snack, Sticks, Teriyaki Sweet and Sour Licorice Style Candy, Bite Size, Cherry Beverage Powder, Carbohydrate, Fortified, Lemon-Lime Beverage Powder, Carbohydrate Electrolyte, Hot Sauce, Extra Hot 4x Orange Accessory Packet A Spice, Crushed Red Pepper Spoon Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Flameless Ration Heater Paperboard Sleeve Bag, Hot Beverage Paperboard Sleeve Menu #12 Vegetarian Menu #11 Vegetarian Vegetable Crumbles with Pasta in Taco Style Elbow Macaroni in Tomato Sauce Sauce Fruit, Wet Pack, Applesauce, with Mango and Fruit, Wet Pack, Applesauce, Carbohydrate Peach Puree Peanut Butter, Smooth Enhanced First Strike Bar, Apple-Cinnamon Jam, Strawberry Peanut Butter, Chunky/Crunchy Pretzels, Sticks, Plain Crackers, Plain Snack Bread, Wheat Jalapeno Cashews Chocolate Protein Drink Powder Drink Mix, Flavored Instant Cappuccino, Hot Sauce, Extra Hot 4x French Vanilla Accessory Packet A Hot Sauce, Chili and Lime Spoon Accessory Packet B Flameless Ration Heater Spoon Bag, Hot Beverage

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Flameless Ration Heater

Paperboard Insert Card (as applicable)

Paperboard Sleeve

Menu #13 Vegetarian Menu #14 Vegetarian Creamy Spinach Fettuccine (Egg Noodles, Cheese Tortellini in Tomato Sauce Dessert Powder, Pudding, Vanilla Spinach and Mushrooms in a Cream Sauce) Peanut Spread, Smooth, Chocolate First Strike Bar, Cran-Raspberry Crackers, Plain Peanut Butter, Smooth Trail Mix, Recovery Crackers, Plain Beverage Powder, Carbohydrate Electrolyte, Pretzels, Nuggets, Honey Mustard and Onion Chocolate Protein Drink Powder Lemon Lime Spice, Crushed Red Pepper Hot Sauce, Extra Hot 4x Accessory Packet C Accessory Packet A Spoon Spoon Flameless Ration Heater Flameless Ration Heater Bag, Hot Beverage Bag, Hot Beverage Paperboard Sleeve Paperboard Sleeve Menu #15 Menu #16 Mexican Style Chicken Stew Chicken Burrito Bowl (Chicken with Rice, Fruit, Wet Pack, Mixed Fruit Beans and Vegetables) Filled Pretzels, Cheddar Cheese Trail Mix, Recovery Cheese Spread, Cheddar, with Jalapeno Filled Bakery Item, Cinnamon Bun **Peppers** Tortillas, Plain Crackers, Plain Cheese Spread, Cheddar, Plain First Strike Bar, Chocolate Hot Sauce, Extra Hot 4x Cocoa Beverage Powder, Chocolate Hazelnut Beverage Powder, Carbohydrate, Fortified, Spice, Crushed Red Pepper Orange Accessory Packet B Accessory Packet C Spoon Spoon Flameless Ration Heater Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Paperboard Sleeve

Menu #17 Menu #18 Pork Sausage Patty, Maple Flavored Beef Ravioli in Meat Sauce Muffin Top, Maple, Trans Fat Free Muffin Top, Chocolate Banana Nut, Trans Fat Peanut Butter, Smooth Free Crackers, Plain Cheese Spread, Cheddar, Plain Snack Bread, Wheat Smoked Almonds Beverage Powder, Carbohydrate Electrolyte, Pan Coated Candy, Disks, Milk Chocolate, Grape Syrup, Table, Imitation Maple Beverage Powder, Carbohydrate, Fortified, Accessory Packet A **Tropical Punch** Spoon Hot Sauce, Extra Hot 4x Flameless Ration Heater Accessory Packet C Bag, Hot Beverage Spoon Paperboard Sleeve Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Menu #19 Menu #20 Beef Patty, Grilled, Jalapeno Pepper Jack Hash Brown Potatoes with Bacon, Peppers and Potatoes, Au Gratin Onions Oatmeal Cookie, Chocolate Chunk Granola with Milk and Blueberries Cheese Spread, Cheddar, with Bacon Filled Bakery Item, Apple Turnover Tortillas, Plain Cheese Spread, Cheddar, Plain Pan Coated Candy, Oval/Round, Milk Crackers, Plain Chocolate with Peanuts Peanuts, Salted, Dry Roasted Beverage Bases, Sweetened with Non-nutritive Beverage Bases, Sweetened with Non-nutritive Sweetener, Fortified, Orange Sweetener, Fortified, Orange Barbecue Sauce Accessory Packet A Mayonnaise, Fat Free Spoon Accessory Packet A Flameless Ration Heater Spoon Bag, Hot Beverage Flameless Ration Heater Paperboard Sleeve Bag, Hot Beverage

Paperboard Sleeve

Menu #21

Tuna, Chunk, Light, Lemon Pepper

Cake, Pound, Trans Fat Free, Marble

Cheese Spread, Cheddar, Plain

Tortillas, Plain

Baked Snack Crackers, Cheddar

Beverage Powder, Carbohydrate, Fortified,

Lemon-Lime

Pan Coated Candy, Disks, Peanut Butter, Plain

Mayonnaise, Fat Free

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

Menu #23

Pizza Slice, Pepperoni

Cobbler, Cherry Blueberry

Cheese Spread, Cheddar, Jalapeno

Crackers, Vegetable Oatmeal Cookie, Plain

Chocolate Protein Drink Powder

Accessory Packet A

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Menu #22

Beef Goulash (Beef with Brown Rice,

Spinach, Carrots, Tomatoes and Smoked

Paprika)

Fruit, Wet Pack, Applesauce, Carbohydrate

Enhanced

Peanut Butter, Chunky/Crunchy

Jam, Strawberry

Snack Bread, White Wheat

Sugar Cookies, Patriotic

Cocoa Beverage Powder, Milk Chocolate

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Menu #24

Southwest Style Beef and Black Beans with

Sauce

Apple Pieces in Spiced Sauce

Cake, Pound, Trans Fat Free, Applesauce

Meat Snack, Sticks, Teriyaki

Cheese Spread, Cheddar, Plain

Tortillas, Chipotle

Drink Mix, Flavored Instant Cappuccino,

Mocha

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

ACR-M-038 (2018)

Menu #1	Menu #2
Chili with Beans	Beef, Shredded, in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno
Cornbread	Peppers
Snack Foods, Cheese Filled 1/	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Cookies <u>1</u> /
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Spoon	Barbecue Sauce
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
<u>Menu #3</u>	<u>Menu #4</u>
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Fruits, Wet Pack <u>1</u> /	Toaster Pastries <u>1</u> /
Crackers, Plain	Peanut Butter, Smooth
Peanut Butter, Smooth	Snack Bread, Multigrain
Jelly/Jam <u>1</u> /	Fruits, Infused and Dried <u>1</u> /
Candy III <u>1</u> /	Cocoa Beverage Powder, Milk Chocolate
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Jelly/Jam <u>1</u> /
Hot Sauce, Extra Hot 4x	Accessory Packet B
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Paperboard Sleeve
Bag, Hot Beverage	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #5	Menu #6
Chicken Chunks, White, Cooked	Beef Taco
First Strike Bar 1/	Santa Fe Style Rice and Beans
Cheese Spread, Cheddar, Plain	Cheese Spread, Cheddar, Plain
Tortillas, Plain	Tortillas, Plain
Trail Mix, Recovery	Nut and Fruit Mix, Nuts and Raisins with Pan
Candy II 1/	Coated Chocolate Disks
Beverage Powder, Carbohydrate Electrolyte 1/	Beverage Bases, Sweetened with Non-nutritive
Hot Sauce, Buffalo Style	Sweetener, Fortified, Orange
Accessory Packet B	Accessory Packet A
Spoon	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
<u>Menu #7</u>	<u>Menu #8</u>
Brisket Entrée (Gravy with Seasoned Beef	Meatballs in Marinara Sauce
Brisket Slices)	Potatoes, Mashed, Garlic
Potatoes Au Gratin	Cookies <u>1</u> /
Fruits, Infused, Dried <u>1</u> /	Cheese Spread, Cheddar, with Jalapeno
Peanut Butter, Smooth	Peppers
Snack Bread 1/	Snack Bread, Italian Bread Sticks
Jelly/Jam <u>1</u> /	Meat Snacks <u>1</u> /
Candy I <u>1</u> /	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Drink Mix, Flavored Instant Cappuccino, Irish	Accessory Packet C
Cream	Spoon
Accessory Packet B	Flameless Ration Heater
Spoon	Bag, Hot Beverage
Flameless Ration Heater	Paperboard Sleeve
Paperboard Sleeve	Paperboard Insert Card (as applicable)
Paperboard Insert Card (as applicable)	

Menu #9 Menu #10 Chili and Macaroni Beef Stew Cake, Pound, Trans Fat Free 1/ Cake, Pound, Trans Fat Free 1/ Cheese Spread, Cheddar, with Jalapeno Peppers Peanut Butter, Smooth Jelly/Jam 1/ Crackers, Vegetable Meat Snacks 1/ Snack Bread, Multigrain Snack Food, Pretzels 1/ Candy I 1/ Beverage Powder, Carbohydrate Electrolyte 1/ Beverage Powder, Carbohydrate Electrolyte 1/ Spice, Red Pepper, Crushed Hot Sauce, Extra Hot 4x Accessory Packet A Accessory Packet A Spoon Spoon Flameless Ration Heater Flameless Ration Heater Bag, Hot Beverage Bag, Hot Beverage Paperboard Sleeve Paperboard Sleeve Menu #11 Vegetarian Menu #12 Vegetarian Vegetable Crumbles with Pasta in Taco Style Elbow Macaroni in Tomato Sauce Sauce Fruits, Wet Pack 1/ Fruits, Wet Pack 1/ Cheese Spread, Cheddar, Plain First Strike Bar 1/ Snack Bread 1/ Peanut Butter, Chunky/Crunchy Candy III 1/ Crackers, Plain Chocolate Protein Drink Powder Nuts 1/ Hot Sauce, Extra Hot 4x Drink Mix, Flavored Instant Cappuccino, Accessory Packet A French Vanilla Spoon Flameless Ration Heater Hot Sauce, Chili and Lime Accessory Packet B Bag, Hot Beverage Spoon Paperboard Sleeve Flameless Ration Heater Paperboard Insert Card (as applicable) Paperboard Sleeve Paperboard Insert Card (as applicable)

Menu #13 Vegetarian

Cheese Tortellini in Tomato Sauce

Dessert Powder, Pudding 1/

Peanut Spread, Smooth, Chocolate

Crackers, Plain Trail Mix, Recovery

Beverage Powder, Carbohydrate Electrolyte 1/

Hot Sauce, Extra Hot 4x Accessory Packet C

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #15

Mexican Style Chicken Stew

Fruits, Wet Pack 1/

Snack Food, Cheese Filled 1/

Cheese Spread, Cheddar, with Jalapeno

Peppers

Crackers, Plain

First Strike Bar 1/

Cocoa Beverage Powder, Chocolate Hazelnut

Spice, Red Pepper, Crushed

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Menu #14 Vegetarian

Creamy Spinach Fettuccine (Egg Noodles, Spinach and Mushrooms in a Cream Sauce)

First Strike Bar <u>1</u>/

Peanut Butter, Smooth

Crackers, Plain

Snack Food, Pretzels 1/

Chocolate Protein Drink Powder

Hot Sauce, Extra Hot 4x

Accessory Packet A

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #16

Chicken Burrito Bowl (Chicken with Rice,

Beans and Vegetables)

Snack Food, Other <u>1</u>/

Filled Bakery Item 1/

Tortillas, Plain

Cheese Spread, Cheddar, Plain

Hot Sauce, Extra Hot 4x

Beverage Powder, Carbohydrate, Fortified 1/

Accessory Packet C

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #17 Menu #18 Pork Sausage Patty, Maple Flavored Beef Ravioli in Meat Sauce Muffin Top, Maple, Trans Fat Free Muffin Top, Chocolate Banana Nut, Trans Fat Peanut Butter, Smooth Crackers, Plain Cheese Spread, Cheddar, Plain Snack Bread 1/ Nuts 1/ Beverage Powder, Carbohydrate Electrolyte 1/ Meat Snacks 1/ Syrup, Table, Imitation Maple Beverage Powder, Carbohydrate, Fortified 1/ Accessory Packet A Hot Sauce, Extra Hot 4x Spoon Accessory Packet C Flameless Ration Heater Spoon Bag, Hot Beverage Flameless Ration Heater Paperboard Sleeve Bag, Hot Beverage Paperboard Sleeve Menu #19 Menu #20 Beef Patty, Grilled, Jalapeno Pepper Jack Hash Brown Potatoes with Bacon, Peppers and Cobbler, Cherry Blueberry Onions Cookies 1/ Granola with Milk and Blueberries Cheese Spread, Cheddar, with Bacon Filled Bakery Item 1/ Tortillas, Plain Cheese Spread, Cheddar, Plain Candy II 1/ Crackers, Plain Beverage Bases, Sweetened with Non-nutritive Nuts 1/ Sweetener, Fortified, Orange Beverage Bases, Sweetened with Non-nutritive Ketchup Sweetener, Fortified, Orange Mustard Accessory Packet A Accessory Packet A Spoon Flameless Ration Heater Spoon Flameless Ration Heater Bag, Hot Beverage Bag, Hot Beverage Paperboard Sleeve Paperboard Sleeve Paperboard Insert Card (as applicable)

Many #21	Manu #22
Menu #21 Tune Chunk Light Lemon Penner	Menu #22 Asian Style Poof String with Vocatables
Tuna, Chunk, Light, Lemon Pepper	Asian Style Beef Strips with Vegetables
Cake, Pound, Trans Fat Free 1/	Fruits, Wet Pack 1/
Cheese Spread, Cheddar, Plain	Peanut Butter, Chunky/Crunchy
Tortillas, Plain	Jelly/Jam 1/
Snack Food, Other 1/	Snack Bread 1/
Beverage Powder, Carbohydrate, Fortified 1/	Sugar Cookies, Patriotic
Mayonnaise, Fat Free	Cocoa Beverage Powder, Milk Chocolate
Accessory Packet B	Accessory Packet B
Spoon	Spoon
	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #23	Menu #24
Pizza Slice, Pepperoni	Southwest Style Beef and Black Beans with
Cobbler, Cherry Blueberry	Sauce
Cheese Spread, Cheddar, Jalapeno	Apple Pieces in Spiced Sauce
Snack Bread, Italian Bread Sticks	Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /
Cookies 1/	Meat Snacks 1/
Chocolate Protein Drink Powder	Cheese Spread, Cheddar, Plain
Accessory Packet A	Tortillas, Chipotle
Spoon	Drink Mix, Flavored Instant Cappuccino,
Flameless Ration Heater	Mocha
Bag, Hot Beverage	Accessory Packet B
Paperboard Sleeve	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

 $[\]underline{1}$ / Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

TABLE IV. Menu distribution

Item	Menu	Flavor
Beverage Powder,	1, 2, 3, 8,	Lemon-lime, orange and tropical punch
Carbohydrate, Fortified	16,18, 21	Lemon-mine, orange and tropical patien
Beverage Powder,	5, 9, 10, 13,	Fruit punch, grape, lemon-lime and orange
Carbohydrate Electrolyte	17	Truit punch, grape, temon-mile and orange
Cakes, Pound, <i>Trans</i> Fat	9, 10, 21, 24	Vanilla, lemon poppy seed, spice, carrot, marble
Free), 10, 21, 24	and applesauce
Candy I	7, 10	Chocolate flavored toffee roll, cherry licorice and
Cullay 1	7,10	peppermint mint candy rings
Candy II	5, 19	Pan coated candy: plain milk chocolate disks,
	2, 17	plain peanut butter disks and milk chocolate with
		peanuts oval/round
Candy III	3, 12	Pan coated candy, disks, fruit flavored: original,
	2, 12	berry and sweet and sour
Cookies	2, 8, 19, 23	Oatmeal, chocolate chip and oatmeal chocolate
	, , , , ,	chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	16, 20	Filled French toast, cinnamon bun and apple
, and the second		turnover
First Strike Bars	5, 11, 14, 15	Chocolate, apple-cinnamon and cran-raspberry
Fruits, Infused, Dried	4, 7	Sliced cranberries and seedless whole raisins
Fruits, Wet Pack	3, 11, 12,	Raspberry applesauce, carbohydrate enhanced
	15, 22	applesauce, mango and peach applesauce, pears
		and mixed fruit
Jelly and Preserves (or Jams)	3, 4, 7, 9, 22	Apple, grape and blackberry, strawberry
Meat and Poultry Snacks,	8, 10, 18, 24	Smoked beef strips and Teriyaki beef sticks
Cured		
Nuts, Shelled, Roasted	11, 17, 20	Salted dry roasted peanuts, jalapeno cashews and
		smoked almonds
Snack Bread, Fortified	7, 12	Wheat and white wheat
	18, 22	
Snack Foods,	1, 15	Cheese filled crackers (cheddar cheese and
Cheese Filled		pepperoni pizza) and Filled pretzels (cheddar
		cheese)
Snack Foods,	16, 21	Toasted corn kernels (salted plain and barbecue)
Other		and Baked snack crackers (cheddar cheese and
		hot and spicy cheese)
Snack Foods,	9, 14	Salted plain sticks and honey mustard and onion
Pretzels		nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and swirled icing
		chocolate chip

MRE 37 (2017)

Menu #1	Menu #2
Chili with Beans	Beef Shredded in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno
Cornbread	Peppers
Snack Food, Cheese Filled 1/	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified 1/	Cookies 1/
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified 1/
Spoon	Barbecue Sauce
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
_	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #3	Menu #4
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Fruits, Wet Pack <u>1</u> /	Toaster Pastries <u>1</u> /
Crackers, Plain	Peanut Butter, Smooth
Peanut Butter, Smooth	Snack Bread, Multigrain
Jelly/Jam <u>1</u> /	Fruits, Infused and Dried <u>1</u> /
Candy III <u>1</u> /	Cocoa Beverage Powder, Milk Chocolate
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Jelly/Jam <u>1</u> /
Hot Sauce, Extra Hot	Accessory Packet B
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Paperboard Sleeve
Bag, Hot Beverage	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #5	Menu #6
Chicken Chunks	Beef Taco
First Strike Bar 1/	Santa Fe Style Rice and Beans
Cheese Spread, Cheddar, Plain	Cheese Spread, Cheddar, Plain
Tortillas, Plain	Tortillas, Plain
Trail Mix, Recovery	Nut and Fruit Mix, Nuts and Raisins with Pan
Candy II <u>1</u> /	Coated Chocolate Disks
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Beverage Bases, Sweetened with Non-nutritive
Hot Sauce, Buffalo Style	Sweetener, Orange, Fortified
Accessory Packet B	Accessory Packet A
Spoon	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

Menu #8 Menu #7 Meatballs in Marinara Sauce Brisket Entrée Potatoes, Mashed, Garlic Potatoes Au Gratin Fruits, Infused and Dried 1/ Cookies 1/ Cheese Spread, Cheddar, with Jalapeno Peanut Butter, Smooth Snack Bread 1/ Snack Bread, Italian Bread Sticks Jelly/Jam 1/ Candy I 1/ Meat Snacks 1/ Beverage Powder, Carbohydrate, Fortified 1/ Drink Mix, Flavored Instant Cappuccino, Irish Accessory Packet C Cream Spoon Accessory Packet B Flameless Ration Heater Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Sleeve Paperboard Insert Card (as applicable)

Menu #9	Menu #10
Beef Stew	Chili and Macaroni
Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /	Cake, Pound, <i>Trans</i> Fat Free $1/$
Peanut Butter, Smooth	Cheese Spread, Cheddar, with Jalapeno Peppers
Jelly/Jam <u>1</u> /	Crackers, Vegetable
Snack Bread, Multigrain	Meat Snacks 1/
Snack Food, Pretzels <u>1</u> /	Candy I <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
Hot Sauce, Extra Hot	Spice, Red Pepper, Crushed
Accessory Packet A	Accessory Packet A
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
Menu #11 Vegetarian	Menu #12 Vegetarian
Vegetable Crumbles with Pasta in Taco Style	Elbow Macaroni in Tomato Sauce
Sauce	Fruits, Wet Pack <u>1</u> /
Fruits, Wet Pack <u>1</u> /	Cheese Spread, Cheddar, Plain
First Strike Bar 1/	Snack Bread 1/
Peanut Butter, Chunky/Crunchy	Candy III <u>1</u> /
Crackers, Plain	Chocolate Protein Drink Powder
Nuts <u>1</u> /	Hot Sauce, Extra Hot
Drink Mix, Flavored Instant Cappuccino,	Accessory Packet A
French Vanilla	Spoon
Hot Sauce, Chili and Lime	Flameless Ration Heater
Accessory Packet B	Bag, Hot Beverage
Spoon	Paperboard Sleeve
Flameless Ration Heater	Paperboard Insert Card (as applicable)
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #13 Vegetarian	Menu #14 Vegetarian
Cheese Tortellini in Tomato Sauce	Creamy Spinach Fettuccine
Dessert Powder, Pudding 1/	First Strike Bar 1/
Peanut Spread, Smooth, Chocolate	Peanut Butter, Smooth
Crackers, Plain	Crackers, Plain
Trail Mix, Recovery	Snack Food, Pretzels <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Chocolate Protein Drink Powder
Hot Sauce, Extra Hot	Hot Sauce, Extra Hot
Accessory Packet C	Accessory Packet A
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
Menu #15	Menu #16
Mexican Style Chicken Stew	Chicken Burrito Bowl
Fruits, Wet Pack <u>1</u> /	Snack Food, Other <u>1</u> /
Snack Food, Cheese Filled 1/	Filled Bakery Item <u>1</u> /
Cheese Spread, Cheddar, with Jalapeno	Tortillas, Plain
Peppers	Cheese Spread, Cheddar, Plain
Crackers, Plain	Hot Sauce, Extra Hot
First Strike Bar <u>1</u> /	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Cocoa Beverage Powder, Chocolate Hazelnut	Accessory Packet C
Spice, Red Pepper, Crushed	Spoon
Accessory Packet B	Flameless Ration Heater
Spoon	Bag, Hot Beverage
Flameless Ration Heater	Paperboard Sleeve
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #17	Menu #18
Pork Sausage Patty, Maple Flavored	Beef Ravioli in Meat Sauce
Muffin Top, Maple, Trans Fat Free	Muffin Top, Chocolate Banana Nut, <i>Trans</i> Fat
Peanut Butter, Smooth	Free
Crackers, Plain	Cheese Spread, Cheddar, Plain
Nuts <u>1</u> /	Snack Bread <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Meat Snacks 1/
Syrup, Table, Imitation Maple	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Accessory Packet A	Hot Sauce, Extra Hot
Spoon	Accessory Packet C
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Bag, Hot Beverage
	Paperboard Sleeve

Menu #19	Menu #20
Beef Patty, Grilled, Jalapeno Pepper Jack	Hash Brown Potatoes with Bacon, Peppers and
Cobbler, Cherry Blueberry	Onions
Cookies <u>1</u> /	Granola with Milk and Blueberries
Cheese Spread, Cheddar, with Bacon	Filled Bakery Item <u>1</u> /
Tortillas, Plain	Cheese Spread, Cheddar, Plain
Candy II <u>1</u> /	Crackers, Plain
Beverage Bases, Sweetened with Non-nutritive	Nuts <u>1</u> /
Sweetener, Orange, Fortified	Beverage Bases, Sweetened with Non-nutritive
Ketchup	Sweetener, Orange, Fortified
Mustard	Accessory Packet A
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Bag, Hot Beverage	Paperboard Sleeve
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #21	Menu #22
Tuna, Lemon Pepper	Asian Style Beef Strips with Vegetables
Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /	Fruits, Wet Pack 1/
Cheese Spread, Cheddar, Plain	Peanut Butter, Chunky/Crunchy
Tortillas, Plain	Jelly/Jam <u>1</u> /
Snack Food, Other 1/	Snack Bread 1/
Beverage Powder, Carbohydrate, Fortified 1/	Candy III 1/
Mayonnaise, Fat Free	Cocoa Beverage Powder, Milk Chocolate
Accessory Packet B	Accessory Packet B
Spoon	Spoon
	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #23	Menu #24
Chicken Pesto Pasta	Southwest Style Beef and Black Beans with
Cobbler, Cherry Blueberry	Sauce
Cheese Spread, Cheddar, Jalapeno	Apple Pieces in Spiced Sauce
Snack Bread, Italian Bread Sticks	Cake, Pound, <i>Trans</i> Fat Free $\underline{1}$ /
Cookies <u>1</u> /	Meat Snacks 1/
Chocolate Protein Drink Powder	Cheese Spread, Cheddar, Plain
Accessory Packet A	Tortillas, Chipotle
Spoon	Drink Mix, Flavored Instant Cappuccino,
Flameless Ration Heater	Mocha
Bag, Hot Beverage	Accessory Packet B
Paperboard Sleeve	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

 $\underline{1}$ / Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

Item	Menu	Flavor
Beverage Powder,	1, 2, 3, 8,	Lemon-lime, orange, and tropical punch
Carbohydrate, Fortified	16,18, 21	
Beverages Powder,	5, 9, 10, 13,	Fruit punch, grape, lemon-lime and orange
Carbohydrate Electrolyte	17	
Cakes, Pound, Trans Fat	9, 10, 21, 24	Vanilla, lemon poppy seed, spice, carrot, marble,
Free		and applesauce
Candy I	7, 10 5, 19	Chocolate toffee rolls, licorice and mints
Candy II	5, 19	Pan coated candy: plain chocolate disks, peanut
		butter disks and chocolate with peanuts
		oval/round
Candy III	3, 12, 22	Original, berry and sour fruit disks
Cookies	2, 8, 19, 23	Oatmeal, chocolate chip, and oatmeal chocolate
		chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	16, 20	Filled French toast, cinnamon bun, and apple
		turnover
First Strike Bars	5, 11, 14, 15	Chocolate, apple-cinnamon, and cran-raspberry
Fruits, Infused and Dried	4, 7	Sliced cranberries and whole raisins
Fruits, Wet Pack	3, 11, 12,	Raspberry applesauce, carbohydrate enhanced
	15, 22	applesauce, mango and peach applesauce, pears,
		and mixed fruit
Jams and Jellies	3, 4, 7, 9, 22	Blackberry, strawberry, apple and grape
Meat Snacks	8, 10, 18, 24	Beef strips, smoked and beef sticks, teriyaki
Nuts	11, 17, 20	Dry roasted peanuts, jalapeno cashews, and
		smoked almonds
Snack Bread	7, 12	Wheat and white wheat
	18, 22	
Snack Food,	1, 15	Filled cracker (cheddar cheese, pepperoni pizza)
Cheese Filled		and Filled pretzel (cheddar cheese)
Snack Food,	16, 21	Toasted corn kernels (plain salted and barbecue)
Other		and Baked snack cracker (Cheddar cheese and hot
		and spicy cheese)
Snack Food,	9, 14	Plain salted sticks and honey mustard and onion
Pretzels		nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and frosted
		chocolate chip

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Menu #1	<u>Menu #2</u>
Chili with Beans	Beef Shredded in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno
Cornbread	Peppers
Snack Food, Cheese Filled 1/	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Fruits, Infused and Dried <u>1</u> /
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Spoon	Barbecue Sauce
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #3	Menu #4
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Fruits, Wet Pack <u>1</u> /	Toaster Pastries <u>1</u> /
Crackers, Plain	Peanut Butter, Smooth
Peanut Butter, Smooth	Snack Bread, Multigrain
Jelly/Jam <u>1</u> /	Fruits, Infused and Dried <u>1</u> /
Candy III <u>1</u> /	Cocoa Beverage Powder, Milk Chocolate
Beverage Powder, Carbohydrate, Electrolyte <u>1</u> /	Jelly/Jam <u>1</u> /
Hot Sauce, Extra Hot	Accessory Packet B
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Paperboard Sleeve
Bag, Hot Beverage	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #5 Menu #6 Chili and Macaroni Beef Taco Cake, Pound, Trans Fat Free 1/ Fruits, Wet Pack 1/ Cheese Spread, Cheddar, with Jalapeno Cheese Spread, Cheddar, Plain **Peppers** Tortillas, Plain Crackers, Vegetable Nut and Fruit Mix, Nuts and Raisins with Pan Meat Snacks 1/ Coated Chocolate Disks Candy III 1/ Beverage Powder, Carbohydrate Electrolyte 1/ Beverage Powder, Carbohydrate Electrolyte 1/ Spice, Seasoning Blend Spice, Red Pepper, Crushed Accessory Packet A Accessory Packet A Spoon Spoon Flameless Ration Heater Flameless Ration Heater Bag, Hot Beverage Bag, Hot Beverage Paperboard Sleeve Paperboard Sleeve Paperboard Insert Card (as applicable) **Chicken Chunks** First Strike Bar 1/ Cheese Spread, Cheddar, Plain Tortillas, Plain Candy II 1/ Beverage Powder, Carbohydrate, Fortified 1/ Hot Sauce, Buffalo Style Accessory Packet B **Spoon** Paperboard Sleeve Menu #7 Menu #8 Brisket Entrée Meatballs in Marinara Sauce Potatoes Au Gratin Potatoes, Mashed, Garlic Cookies 1/ Cookies 1/ Cheese Spread, Cheddar, with Jalapeno Peanut Butter, Smooth **Peppers** Snack Bread 1/ Snack Bread, Italian Bread Sticks Jelly/Jam 1/ Meat Snacks 1/ Candy I 1/ Beverage Powder, Carbohydrate, Fortified 1/ Drink Mix, Flavored Instant Cappuccino, Irish Accessory Packet C Spoon Accessory Packet B Flameless Ration Heater Spoon Bag, Hot Beverage Flameless Ration Heater

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Paperboard Sleeve

Menu #9	Menu #10
Beef Stew	Chicken Chunks
Fudge Brownie with Chocolate Drops, <i>Trans</i>	First Strike Bar 1/
Fat Free	Cheese Spread, Cheddar, Plain
Peanut Butter, Smooth	Tortillas, Plain
Jelly/Jam <u>1</u> /	Candy II 1/
Snack Bread, Multigrain	Beverage Powder, Carbohydrate, Fortified 1/
Snack Food, Pretzels 1/	Hot Sauce, Buffalo Style
Beverage Powder, Carbohydrate Electrolyte 1/	Accessory Packet B
Hot Sauce, Extra Hot	Spoon
Accessory Packet A	Paperboard Sleeve
Spoon	Chili and Macaroni
Flameless Ration Heater	Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /
Bag, Hot Beverage	Cheese Spread, Cheddar, with Jalapeno Peppers
Paperboard Sleeve	Crackers, Vegetable
	Meat Snacks 1/
	Candy III <u>1</u> /
	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
	Spice, Red Pepper, Crushed
	Accessory Packet A
	Spoon
	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
Menu #11 Vegetarian	Menu #12 Vegetarian
Vegetable Crumbles with Pasta in Taco Style	Elbow Macaroni in Tomato Sauce
Sauce	Cheese Spread, Cheddar, Plain
Fruits, Wet Pack 1/	Snack Bread 1/
First Strike Bar 1/	Nut and Fruit Mix, Nuts and Raisins
Peanut Butter, Chunky/Crunchy	Candy III 1/
Crackers, Plain	Chocolate Protein Drink
Nuts 1/	Hot Sauce, Extra Hot
Drink Mix, Flavored Instant Cappuccino,	Accessory Packet A
French Vanilla	Spoon
Hot Sauce, Chili and Lime	Flameless Ration Heater
Accessory Packet B	Bag, Hot Beverage
Spoon	Paperboard Sleeve
Flameless Ration Heater	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #13 Vegetarian	Menu #14 Vegetarian
Cheese Tortellini in Tomato Sauce	Creamy Spinach Fettuccine
Dessert Powder, Pudding 1/	First Strike Bar 1/
Peanut Butter, Smooth	Peanut Butter, Smooth
Crackers, Plain	Crackers, Plain
Nut and Fruit Mix, Nuts and Raisins	Snack Food, Pretzels <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Chocolate Protein Drink
Hot Sauce, Extra Hot	Hot Sauce, Extra Hot
Accessory Packet C	Accessory Packet A
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve

Menu #15 Menu #16 Pork Sausage Patty, Maple Flavored Rib Shaped Barbecue Flavor Pork Patty Muffin Top, Maple, Trans Fat Free Santa Fe Style Rice And Beans Peanut Butter, Smooth Ranger Bar 1/ Crackers, Plain Peanut Butter, Smooth Nuts 1/ Snack Bread, Wheat, Twin Pack Beverage Powder, Carbohydrate Electrolyte 1/ Jelly/Jam 1/ Syrup, Table, Imitation Maple Beverage Powder, Carbohydrate, Fortified 1/ Accessory Packet A Barbecue Sauce **Spoon** Accessory Packet C Flameless Ration Heater Spoon Bag, Hot Beverage Flameless Ration Heater Paperboard Sleeve Bag, Hot Beverage Mexican Style Chicken Stew Paperboard Sleeve Paperboard Insert Card (as applicable) Fruits, Wet Pack 1/ Snack Food, Cheese Filled 1/ Cheese Spread, Cheddar, with Jalapeno **Peppers** Crackers, Vegetable Candy II 1/ Cocoa Beverage Powder, Chocolate Hazelnut Spice, Red Pepper, Crushed Accessory Packet B

Menu #17

Spoon

Mexican Style Chicken Stew

Flameless Ration Heater Paperboard Sleeve

Fruits, Wet Pack 1/

Snack Food, Cheese Filled 1/

Cheese Spread, Cheddar, with Jalapeno

Paperboard Insert Card (as applicable)

Peppers

Crackers, Vegetable

Candy II 1/

Cocoa Beverage Powder, Chocolate Hazelnut

Spice, Red Pepper, Crushed

Accessory Packet B

Spoon

Flameless Ration Heater

Paperboard Sleeve

Paperboard Insert Card (as applicable)

Pork Sausage Patty, Maple Flavored

Muffin Top, Maple, Trans Fat Free

Peanut Butter, Smooth

Crackers, Plain

Nuts 1/

Beverage Powder, Carbohydrate Electrolyte 1/

Syrup, Table, Imitation Maple

Accessory Packet A

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #18

Beef Ravioli in Meat Sauce

Muffin Top, Chocolate Banana Nut, *Trans* Fat

Free

Cheese Spread, Cheddar, Plain

Snack Bread 1/

Meat Snacks 1/

Beverage Powder, Carbohydrate, Fortified <u>1</u>/

Hot Sauce, Extra Hot

Accessory Packet C

Spoon

Flameless Ration Heater

Bag, Hot Beverage

Paperboard Sleeve

Menu #19	Menu #20
Beef Patty, Grilled, Jalapeno Pepper Jack	Hash Brown Potatoes with Bacon, Peppers and
Cobbler, Cherry Blueberry	Onions
Cookies <u>1</u> /	Granola with Milk and Blueberries
Cheese Spread, Cheddar, with Bacon	Cheese Spread, Cheddar, Plain
Snack Bread, Wheat, Twin Pack	Crackers, Plain
Nuts <u>1</u> /	Nut and Fruit Mix, Nuts and Raisins
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Beverage Bases, Sweetened with Non-nutritive
Ketchup	Sweetener, Orange, Fortified
Mustard	Accessory Packet A
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage

Menu #21	Menu #22
Tuna, Lemon Pepper	Asian Style Beef Strips with Vegetables
Cake, Pound, <i>Trans</i> Fat Free 1/	Fried Rice
Peanut Butter, Smooth, Chocolate	Peanut Butter, Chunky/Crunchy
Tortillas, Plain	Jelly/Jam <u>1</u> /
Snack Food, Other <u>1</u> /	Snack Bread 1/
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Candy I <u>1</u> /
Mayonnaise, Fat Free	Cocoa Beverage Powder, Milk Chocolate
Accessory Packet B	Accessory Packet B
Spoon	Spoon
	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #23	Menu #24
Chicken Pesto Pasta	Southwest Beef and Black Beans with Sauce
Filled Bakery Item <u>1</u> /	Apple Pieces in Spiced Sauce
Cheese Spread, Cheddar, Plain	Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /
Snack Bread 1/	Meat Snacks 1/
Cookies, Sugar, Patriotic	Cheese Spread, Cheddar, Plain
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Tortillas, Chipotle
Accessory Packet A	Drink Mix, Flavored Instant Cappuccino,
Spoon	Mocha
Flameless Ration Heater	Accessory Packet B
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

 $\underline{1}$ / Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

Item	Menu	Flavor
Beverage Powder,	1, 2, 8, 10,	Lemon-lime, orange, and tropical punch
Carbohydrate, Fortified	16,18, 19,	
,	21	
Beverages Powder,	3, 5, 6, 9,	Fruit punch, grape, lemon-lime and orange
Carbohydrate Electrolyte	13, 15 23	
Cakes, Pound, Trans Fat	5, 21 24	Vanilla, lemon poppy seed, spice, carrot, marble,
Free		and applesauce
Candy I	7, 22 10, 17	Chocolate toffee rolls, licorice and mints
Candy II	10, 17	Pan coated candy: plain chocolate disks, peanut
		butter disks and chocolate with peanuts
		oval/round
Candy III	3, 5, 12 7, 8, 19	Original, berry and sour fruit disks
Cookies	7, 8, 19	Oatmeal, chocolate chip, and oatmeal chocolate
		chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	23	Cinnamon bun and apple turnover
First Strike Bars	10, 11, 14	Chocolate and apple-cinnamon
Fruits, Infused and Dried	2, 4	Cranberries and raisins
Fruits, Wet Pack	3, 6, 11, 17	Raspberry applesauce, carbohydrate enhanced
		applesauce, mango and peach applesauce, pears,
		and mixed fruit
Jams and Jellies	3, 4, 7, 9,	Blackberry, strawberry, apple and grape
	16, 22	
Meat Snacks	5, 8, 18, 24	Beef strips, smoked and turkey nuggets, smoked
Nuts	11, 15, 19	Dry roasted peanuts, jalapeno cashews, smoked
		almonds, and barbecue almonds
Ranger Bar	16	Caramel apple, chocolate covered chocolate chip,
		cran-apple and banana nut
Snack Bread	7, 12	Wheat and white wheat
	18, 22, 23	

Snack Foods	1, 17	Filled cracker (cheddar cheese, pepperoni pizza)
Cheese Filled		Filled pretzel (cheddar cheese)
Other	21	Toasted corn kernels (plain salted and barbecue)
		Baked snack cracker (Cheddar cheese and hot and
		spicy cheese)
Pretzels	9, 14	Plain salted sticks and honey mustard and onion
		nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and frosted
		chocolate chip

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Menu #1	Menu #2
Chili with Beans	Beef Shredded in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Snack Food, Toasted Corn Kernels 1/
_	_
Fudge Brownie with Chocolate Drops, <i>Trans</i> Fat Free	Cheese Spread, Cheddar, with Jalapeno Peppers
Cornbread	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Accessory Packet A	Barbecue Sauce
Spoon	Accessory Packet C
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #3	Menu #4
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Beef Snacks, Strips	Snack Food, Baked Snack Crackers 1/
Cheese Spread, Cheddar, Plain	Peanut Butter, Smooth
Crackers, Plain	Snack Bread, Multigrain
Nut and Fruit Mix, Nuts and Raisins	Fruits, Infused and Dried 1/
Candy I 1/	Cocoa Beverage Powder, Fortified
Beverage Powder, Carbohydrate, Fortified 1/	Jelly/Jam <u>1</u> /
Hot Sauce, Extra Hot	Accessory Packet B
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Paperboard Sleeve
Bag, Hot Beverage	
Paperboard Sleeve	

Menu #5	Menu #6
Chicken Chunks	Beef Taco
Fruits, Infused and Dried <u>1</u> /	Apple Pieces in Spiced Sauce
Cheese Spread, Cheddar, with Jalapeno	Dessert Powder, Pudding <u>1</u> /
Peppers	Peanut Butter, Smooth
Tortillas, Plain	Tortillas, Plain
First Strike TM Bar <u>1</u> /	Jelly/Jam <u>1</u> /
Candy II <u>1</u> /	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Spice, Seasoning Blend
Hot Sauce, Buffalo Style	Accessory Packet A
Accessory Packet-A B	Spoon
Spoon	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

Menu #7 Menu #8 Meatballs in Marinara Sauce Brisket Entrée Potatoes Au Gratin Potatoes, Mashed, Garlic Cheese Spread, Cheddar, with Jalapeno Cookies 1/ Peanut Butter, Smooth **Peppers** Snack Bread 1/ Snack Bread 1/ Beef Snacks, Strips Jelly/Jam 1/ Beverage Powder, Carbohydrate, Fortified 1/ Drink Mix, Flavored Instant Cappuccino, Irish Cake, Pound, Trans Fat Free 1/ Accessory Packet C Accessory Packet B Spoon Spoon Flameless Ration Heater Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable) Paperboard Sleeve Paperboard Insert Card (as applicable)

Menu #9	Menu #10
Beef Stew	Chili and Macaroni
Peanut Butter, Smooth	Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /
Jelly/Jam <u>1</u> /	Cheese Spread, Cheddar, Plain
Snack Bread, Multigrain	Crackers, Plain
Nut and Fruit Mix, Nuts and Raisins with Pan	Beef Snacks, Strips
Coated Chocolate Disks	Candy III <u>1</u> /
Snack Food, Pretzels 1/	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Spice, Red Pepper, Ground
Hot Sauce, Extra Hot	Accessory Packet A
Accessory Packet C	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Bag, Hot Beverage	Paperboard Sleeve
Paperboard Sleeve	
Menu #11 Vegetarian	Menu #12 Vegetarian
Vegetable Crumbles with Pasta in Taco Style	Penne with Vegetable Sausage Crumbles in
Sauce	Spicy Tomato Sauce, Whole Grain Penne
Fruits, Wet Pack <u>1</u> /	First Strike TM Bar <u>1</u> /
Cookies <u>1</u> /	Snack Bread <u>1</u> /
Peanut Butter, Chunky/Crunchy	Nut and Fruit Mix, Nuts and Raisins
Crackers, Plain	Peanut Butter, Smooth, Chocolate
Nuts <u>1</u> /	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
Candy I <u>1</u> /	Hot Sauce, Extra Hot
Drink Mix, Flavored Instant Cappuccino,	Accessory Packet A
French Vanilla	Spoon
Hot Sauce, Chili and Lime	Flameless Ration Heater
Accessory Packet B	Bag, Hot Beverage
Spoon	Paperboard Sleeve
Flameless Ration Heater	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #13 Vegetarian	Menu #14 Vegetarian
Cheese Tortellini in Tomato Sauce	Ratatouille
Dessert Powder, Pudding 1/	Fruits, Wet Pack 1/
Peanut Butter, Smooth	Peanut Butter, Smooth
Crackers, Plain	Crackers, Plain
Candy II <u>1</u> /	Nut and Fruit Mix, Nuts and Raisins
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Dairyshake Powder, Fortified, <i>Trans</i> Fat Free <u>1</u> /
Hot Sauce, Extra Hot	Hot Sauce, Extra Hot
Accessory Packet B A	Accessory Packet A
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #15	Menu #16
Mexican Style Chicken Stew	Rib Shaped Barbecue Flavor Pork Patty
Fruits, Wet Pack <u>1</u> /	Santa Fe Style Rice And Beans
Snack Food, Filled Pretzels, Cheddar Cheese	Ranger Bar <u>1</u> /
Peanut Butter, Smooth	Peanut Butter, Smooth
Crackers, Vegetable	Snack Bread, Wheat, Twin Pack
Candy II <u>1</u> /	Jelly/Jam <u>1</u> /
Cocoa Beverage Powder, Chocolate Hazelnut	Cocoa Beverage Powder, Fortified
Spice, Red Pepper, Ground	Barbecue Sauce
Accessory Packet B	Accessory Packet B
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Paperboard Sleeve	Paperboard Sleeve
Paperboard Insert Card (as applicable)	Paperboard Insert Card (as applicable)

Menu #17	Menu #18
Pork Sausage Patty, Maple Flavored	Beef Ravioli in Meat Sauce
Muffin Top, Maple, <i>Trans</i> Fat Free	Toaster Pastries <u>1</u> /
Cheese Spread, Cheddar, Plain	Cheese Spread, Cheddar, with Jalapeno
Crackers, Plain	Peppers
Nut and Fruit Mix, Nuts and Raisins	Snack Bread 1/
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Fruits, Infused and Dried <u>1</u> /
Syrup, Table, Imitation Maple	Beef Snacks, Strips
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Spoon	Hot Sauce, Extra Hot
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve

Menu #19	Menu #20
Beef Patty, Grilled, Jalapeno Pepper Jack	Hash Brown Potatoes with Bacon, Peppers and
Cobbler, Cherry Blueberry	Onions
Snack Bread, Wheat, Twin Pack	Granola with Milk and Blueberries
Nut and Fruit Mix, Nuts and Raisins	Muffin Top, Chocolate Banana Nut, <i>Trans</i> Fat
Cheese Spread, Cheddar, with Bacon	Free
Candy III <u>1</u> /	Cheese Spread, Cheddar, Plain
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	Crackers, Plain
Ketchup	Beef Snacks, Strips
Mustard	Beverage Bases, Sweetened with Non-nutritive
Accessory Packet A	Sweetener, Orange, Fortified
Spoon	Accessory Packet A
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Bag, Hot Beverage
Paperboard Insert Card (as applicable)	Paperboard Sleeve

Menu #21	Menu #22
Tuna, Lemon Pepper	Asian Style Beef Strips with Vegetables
First Strike TM Bar <u>1</u> /	Peanut Butter, Chunky/Crunchy
Cheese Spread, Cheddar, Plain	Jelly/Jam <u>1</u> /
Tortillas, Plain	Snack Bread 1/
Snack Food, Cheese Filled Crackers <u>1</u> /	Fried Rice
Dairyshake Powder, Fortified, <i>Trans</i> Fat Free <u>1</u> /	Cookies <u>1</u> /
Mayonnaise, Fat Free	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Accessory Packet B	Accessory Packet C
Spoon	Spoon
	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #23	Menu #24
Chicken Pesto Pasta	Southwest Beef and Black Beans
Cheese Spread, Cheddar, Plain	Fruits, Wet Pack <u>1</u> /
Snack Bread, Italian Bread Sticks	Cake, Pound, <i>Trans</i> Fat Free <u>1</u> /
Nuts <u>1</u> /	Turkey Nuggets
Filled Bakery Item <u>1</u> /	Cheese Spread, Cheddar, Plain
Cookies, Sugar, Patriotic	Tortillas, Chipotle
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Drink Mix, Flavored Instant Cappuccino,
Accessory Packet A	Mocha
Spoon`	Accessory Packet B
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

Menu	Flavor
1, 2, 3, 8,	Orange, lemon-lime and tropical punch
10, 18, 19,	
22	
5, 6, 9, 12,	Fruit punch, grape, lemon-lime and orange
13, 17, 23	
8, 10, 24	Vanilla, lemon poppy seed, spice, carrot, marble,
	and applesauce
3, 11	Chocolate toffee rolls, licorice and mints
5, 13, 15	Pan coated candy: plain chocolate disks, peanut
	butter disks and chocolate with peanuts
	oval/round
10, 19	Original, berry and sour fruit disks
7, 11, 22	Oatmeal, chocolate chip, and oatmeal chocolate
	chunk
14, 21	Vanilla, chocolate, strawberry and strawberry-
	banana
6, 13	Vanilla and chocolate
23	Cinnamon bun and apple turnover
5, 12, 21	Chocolate and apple-cinnamon
4, 5, 18	Cranberries and raisins
11,14 15, 24	Raspberry applesauce, carbohydrate enhanced
	applesauce, mango/peach applesauce, pears, and
	mixed fruit
4, 6, 7, 9,	Blackberry, strawberry, apple and grape
16, 22	
11 and 23	Dry roasted peanuts, jalapeno cashews, smoked
	almonds, and barbecue almonds
16	Caramel apple, chocolate covered chocolate chip,
	cran-apple and banana nut
7, 8,12	Wheat and white wheat
18, 22	
	1, 2, 3, 8, 10, 18, 19, 22 5, 6, 9, 12, 13, 17, 23 8, 10, 24 3, 11 5, 13, 15 10, 19 7, 11, 22 14, 21 6, 13 23 5, 12, 21 4, 5, 18 11,14 15, 24 4, 6, 7, 9, 16, 22 11 and 23 16 7, 8,12

Snack Foods	4	Cheddar cheese and hot and spicy cheese
Baked Snack Crackers		
Filled Crackers	21	Cheddar cheese and pepperoni pizza
Pretzels	9	Plain salted sticks and honey mustard and onion
		nuggets
Toasted Corn Kernels	2	Plain salted and barbecue
Toaster Pastries	18	Frosted brown sugar cinnamon and chocolate
		chip