

**Helen McCoy**  
**Assistant Secretary of the Army (Retired)**  
**Financial Management and Comptroller**

**“Responsibility and Accountability”**

Ms. McCoy spoke on how leaders should take that “extra step” regarding integrity, knowledge, their work, their people and caring about themselves.

You “grow” people through communicating, recognition, and mentoring. Delegating relieves the manager of duties, but it also gives others the opportunity to grow.

Learn how to become more reliable and trustworthy because the lack of these skills can affect your career and personal life.

**“Be the best at whatever you do and always be open to new ideas.”**