

The Federal Benefits Open Season runs from Monday, November 13, 2023 - Monday, December 11, 2023. During this period, you have the opportunity to enroll, change plans or plan options, change enrollment type, or cancel enrollment for the Federal Employees Health Benefits (FEHB) Program and the Federal Employees Dental and Vision Insurance Program (FEDVIP). You also have the opportunity to re-enroll or newly enroll in the Federal Flexible Spending Account (FSAFEDS) Program. Please review the chart below to learn more about your options during this Open Season.

Please Note: The 2023 Open Season information, including premiums and plan brochures, have been posted on the OPM website at www.opm.gov/opensession

Program	What can I do during Open Season?	What if I do nothing?	What should I know?	How do I enroll or make a change to my enrollment?	Effective date of enrollment or change
FEHB	<ul style="list-style-type: none"> • Enroll • Change plans • Change plan options • Change enrollment type (to Self, Self Plus One, or Self and Family) • Cancel coverage 	<p>Your current coverage will automatically continue. You do not need to take any action if you are satisfied with your current FEHB plan. However, you must change plans if your plan has ended coverage in your area or your plan is terminating participation in the FEHB Program.</p>	<p>Visit the Government Retirement & Benefits (GRB) Platform at: https://resources.hr.dla.mil/tools/Default.asp#GRB to get more information about making your election through the self-service portal.</p>	<p>Visit www.opm.gov/healthcareinsurance/healthcare/enrollment/ for instructions.</p>	<p>The first day of the first pay period that begins on or after January 1, 2024 and which follows a pay period during any part of which you (if an employee) are in pay status. For most employees, changes will be effective January 14, 2024</p>

Program	What can I do during Open Season?	What if I do nothing?	What should I know?	How do I enroll or make a change to my enrollment?	Effective date of enrollment or change
FEDVIP	<ul style="list-style-type: none"> • Enroll • Change plans • Change plan options • Change enrollment type (to Self, Self Plus One, or Self and Family) • Cancel coverage 	Your current coverage will automatically continue. You do not need to take any action if you are satisfied with your current FEDVIP plan.	Visit www.opm.gov/healthcareinsuranc/surance/dental-vision/ or www.benefeds.com for more information about eligibility and enrollment.	Visit www.benefeds.com or call 877-888-FEDS (877-888-3337) TTY: 877-889-5680 International: +1-571-730-5942 Customer Service is open Monday through Friday from 9 a.m. to 7 p.m. EST	January 1, 2024
FSAFEDS	<ul style="list-style-type: none"> • Enroll/Reenroll in Health Care FSA (HCFSA), Limited Expense Health Care FSA (LEXHCFSA), and Dependent Care FSA (DCFSA) 	Your election will not automatically continue. You must reenroll to continue your account(s) for the next benefit year. Note: A condition of being eligible to carry over unused funds from this plan year's HCFSA or LEX HCFSA is re-enrolling in either of these two plans in the subsequent year. DCFSA's are ineligible for carryover.	Visit www.fsafeds.com for more information on eligibility and enrollment. Currently the minimum annual election amount for all FSAFEDS accounts is \$100. The contribution maximum for the Health Care or Limited Expense Health Care FSAs is \$3,050 (2023) per participant. The maximum for the Dependent Care FSA is \$5,000 (2023) per family. The contribution maximums for Flexible Spending Accounts are determined by the Internal Revenue Service and are subject to change. If FSAFEDS adopts new maximums, notification will be provided at www.opm.gov/openseason	Visit www.fsafeds.com or call 877-FSAFEDS (877-372-3337), TTY: 866-353-8058 Benefits Counselors are available Monday through Friday from 9 a.m. to 9 p.m. EST Verify your account login now to save time when you are ready to make your 2024 elections. Visit www.FSAFEDS.com .	January 1, 2024

