

Overseas Healthcare Checklist-TDY Version

This checklist was developed to assist civilians assigned or traveling to overseas locations to ensure adequate consideration has been made toward medical needs. However, the checklist does not represent all concerns regarding medical provisions necessary for overseas assignment.

Please review this document, initial by each statement and sign and date at the bottom of this page.

Medical Coverage

___ Contact your Medical Insurance carrier to determine medical services that are available to you within place of assignment. Transferring from a duty location within the U.S. or the District of Columbia (D.C.) to a duty location outside the U.S. or D.C. (or reverse) may be a QLE.

- If you are enrolled in an Health Management Organization (HMO) plan, your assignment may be a Qualifying Life Event (QLE) contact your Local Benefits Office for assistance

___ Contact overseas POC for information regarding medical services available

- How do you obtain medical services at a remote duty location?
- How do you obtain medical services at a local installation?

Medical Exams for Self and Family Members

___ Schedule appointments with personal physicians, specialists, and dentists to obtain pertinent medical information prior to assignment to overseas location

- Ask your pediatrician for a copy of the vaccination schedule used by the local schools so that you can follow it while overseas (timing of shots can be important).
- Ensure vaccinations are current

___ Schedule eye examinations for all family members, including children.

___ Request copies of records, X-rays, and prescriptions to take with you.

Prescriptions

___ Fill prescriptions prior to assignment

- Please note that country of assignment may not allow you to bring in any prescription drugs. Contact POC to learn whether you can bring prescriptions into country of assignment (prescriptions may have to be mailed to duty location-mail order may be the only recourse).
- Obtain duplicate prescriptions for glasses and contact lenses as well as extra pairs of glasses and contact lenses if not available at post or by mail.

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Special Needs

- _____ Consult with others to understand services available for specific special need
 - Consider contacting special needs organizations overseas at your destination.

- _____ Obtain medical alert information and a letter from your health care provider describing medical conditions, medications, potential complications, and other pertinent medical information.

Travel Insurance

- _____ Travel insurance is insurance that is intended to cover medical expenses, financial default of travel suppliers, and other losses incurred while traveling, either within one's own country, or internationally.
 - Contact FEHB carrier to determine if they offer travel insurance or a travel insurance rider

Federal Employees' Compensation Act (FECA)

- _____ FECA authorizes emergency medical services¹ needed to provide treatment or to counteract or minimize the effects of any condition incurred by a civilian Federal employee (except for a non-appropriated fund employee²) which is causally related to factors of Federal employment.
 - If injured, immediate OCONUS supervisor must be notified and CONUS supervisor may require notification as well

Debt Repayments

- _____ In the event that the Department of Defense (DoD) has to provide payment for emergency medical services rendered on your behalf, you will be responsible for repayment

- _____ Debt incurred to DoD because of medical services rendered will be repaid according to the terms outlined by DoD policy and procedures.

Signature _____

Date _____

Print Name _____

Month-Day-Year Format

¹ Title 20 CFR Part 10

² Nonappropriated Fund Instrumentalities Act, Section 1