

You are cordially invited to join May 2025, DoD EAP weekly web-based presentations on Tuesdays at 2:00pm EST.

Tuesday, 6 MAY, 2 pm EST

WorkLife Orientation- Philip Taylor

This orientation provides a comprehensive overview of WorkLife services and benefits available to employees. Learn how to utilize the WorkLife for various needs, from childcare and legal advice to other personal and professional support services. By understanding the full range of WorkLife offerings, employees can better leverage these resources to support their wellbeing and enhance their work-life balance.

TEAMs Registration Link, Here.

Tuesday, 13 MAY, 2 pm EST Getting Organized- Laura Baker

Struggling with organization? This seminar covers the benefits of staying organized, the downsides of disorganization, and helps you assess your personal organizational style to improve your efficiency.

TEAMs Registration Link, Here.

Tuesday, 20 MAY, 2 pm EST

Smart Tax Planning: Your Guide to Financial Literacy - Andrew Hall

Understanding taxes and incorporating smart planning practices are central to achieving your financial goals. Follow along as a financial expert from the Institute for Financial Education (ifeonline.org) imparts the knowledge and tools to make confident tax decisions. Whether you're a beginner or an experienced investor, take advantage of this opportunity to improve your tax strategy and financial literacy.

TEAMs Registration Link, <u>Here</u>.

Tuesday, 27 MAY, 2 pm EST NO WEBINAR - HOLIDAY