

You are cordially invited to join September 2025, DoD EAP weekly web-based presentations on Tuesdays at 2:00pm EST.

Tuesday, 2 SEP, 2 pm EST Holiday (No Webinar)

Tuesday, 9 SEP, 2 pm EST

Investing in Peace of Mind: Insurance and Annuity Insights

Presenter: Andrew Hall

When it comes to long-term financial protection and stability, insurance and annuities extend some valuable benefits. A financial expert from the Institute for Financial Education (ifeonline.org) will help demystify the complex landscape of insurance and annuities and enable you to make informed decisions about your financial future. Whether you're new to the concept or seeking to optimize existing coverage, this session provides key insights toward greater financial security and well-being.

TEAMs Registration Link, <u>Here</u>

Dial in by phone

+1 417-501-2485,,322028288# United States, Springfield

Find a local number

Phone conference ID: 322 028 288#

Tuesday, 16 SEP, 2 pm EST Suicide Prevention

Presenter: Vanessa Robles, LPC

Recognizing the early warning signs of suicide is crucial for community support. This seminar will tackle the sensitive nature of discussing suicide while providing practical tools and resources for identifying warning signs and implementing prevention programs both at work and within the community. Participants will gain strategies to offer immediate support to those in crisis and ensure that individuals do not feel that suicide is their only option.

TEAMs Registration Link, Here

Dial in by phone

+1 417-501-2485,,275315879# United States, Springfield

Find a local number

Phone conference ID: 275 315 879#

Tuesday, 23 SEP, 2 pm EST (No Webinar)

Tuesday, 30 SEP, 2 pm EST

EAP Orientation

Presenter: Lesley Gibson. LICSW

This orientation provides a comprehensive overview of EAP services and benefits available to employees. Learn how to utilize the EAP for various needs, from childcare and legal advice to other personal and professional support services. By understanding the full range of EAP offerings, employees can better leverage these resources to support their wellbeing and enhance their work-life balance.

TEAMs Registration Link, Here

Dial in by phone

+1 417-501-2485,,458767055# United States, Springfield

Find a local number

Phone conference ID: 458 767 055#