



## March includes National Drug and Alcohol Facts Week

# What you need to know

March is National Drug and Alcohol Facts Week—a time to talk openly about substance misuse and recovery.

### **Substance Misuse Affects Everyone**

Substance misuse touches people of every age, background and income level. A health challenge that deserves compassion and professional support.

### **The Facts**

About 57% of teens ages 12 – 17 don't see the risks in binge drinking. Substance misuse is connected to roughly 50% of suicides, over half of violent crimes and traffic accidents and 80% of domestic violence incidents.

### **Recovery Is Possible**

If you or someone you love is struggling, there's real hope. Professional help and treatment work. Reach out to a healthcare provider, call a helpline or talk to someone you trust. Recovery is possible.



Scan the QR code to visit [Member.MagellanHealthcare.com](https://Member.MagellanHealthcare.com) and select your employer to access your benefits. Or call your Employee Assistance Program at 1-866-580-9046 (TTY 711) to get started.

