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# MFED LIVE WEEKLY WEBINAR CALENDAR

May 2026

**You are Cordially Invited to join the WHS DoW EAP Weekly  
Web-based Presentations on Tuesdays at 2:00PM ET**

**Tuesday, May 5, 2026 | 2PM ET**

**Dealing with Mental Health Issues**

**Presenter: Lesley Gibson, LCSW**

Mental illness can significantly affect both individuals and their loved ones. This presentation covers how to recognize signs of mental health concerns, approach challenging conversations with support, and access important resources. Participants will discuss strategies for managing mental illness while maintaining their own stress levels and providing support. | [TEAMs Registration](#)

**Dial in by phone**

[+1 417-501-2485,,939851133#](#) United States, Springfield

[Find a local number](#)

Phone conference ID: 939 851 133#

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**Tuesday, May 12, 2026 | 2PM ET**

**Critical Thinking**

**Presenter: Mary Albritton, LCSW**

Think critically, think creatively. In this dynamic presentation, participants will discover how to enhance problem-solving skills and broaden their perspectives by mastering the art of asking the right questions. We'll delve into the origins of critical thinking concepts and explore how to apply these insights in both our professional and personal lives. Get ready to challenge your assumptions, ignite your curiosity, and transform the way you approach problems. Join us for an enlightening journey that empowers you to see the world through a more analytical lens. | [TEAMs Registration](#)

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**Tuesday, May 19, 2026 | 2PM ET**

**Anatomy of a Financial Plan (DoW Members Only)**

**Presenter: Andrew Hall**

Anatomy of a Financial Plan: A strong financial future doesn't happen by accident. It's built by design. In this webinar, we break down the key components of a comprehensive financial plan and show how each piece works together to support your long-term goals. From income and investment strategy to risk management and legacy planning, you'll gain clarity on what a true plan looks like and how it creates confidence in every stage of life. | [TEAMs Registration](#)

**Dial in by phone**

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Phone conference ID: 838 552 028#

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**Tuesday, May 26, 2026 | 2PM ET**

**Holiday – No Webinar**