



# Imposter Syndrome

Wednesday, July 8, 2026, at 1 p.m. CT

Ever wondered, "Am I good enough?" Imposter syndrome, a common experience of self-doubt and feeling like a fraud, holds many of us back from reaching our full potential. In this webinar, we'll explore practical techniques to overcome the mental and emotional barriers that keep you from owning your achievements. Join us to break free from imposter syndrome and step confidently into your true capabilities!



Scan the QR code to [register now](#).

The webinar will be recorded and posted on your Employee Assistance Program website, [Member.MagellanHealthcare.com](https://Member.MagellanHealthcare.com).

