



Sexual Assault Awareness and Prevention Month (SAAPM)

DLA Aviation

Sexual Assault Response Coordinator (SARC)
would like to encourage all DLA employees to get involved in SAAPM 2024.

In keeping with the SAAPM theme “**STEP FORWARD. Prevent. Report. Advocate,**” the following events are scheduled for your awareness and education:

Teal Tuesdays - Every Tuesday we are asking all employees to wear something Teal, whether it is a shirt, pants, tie, scarf, hat, ribbon, etc., please show your support every Tuesday in April and you may receive a surprise.

April 3 - Join us for a Resource Day to kick off SAAPM in the common area in Bldg 46 from 11 a.m. to 1 p.m. Pick up some information, have dessert with me, and get goodies from various agencies.

April 10 – Fitness Class - Join us for an empowering class where we are going to work our muscles, and relax our mind. Exercise is one of the best forms of self-care and mental health support L1FT with Lacey from 11:15 a.m. - 12 p.m. at the RedBrick Fitness Center, Bldg 32, G Bay

April 17 – Fitness Class - Join us for an empowering class where we are going to work our muscles, relax our mind. Exercise is one of the best forms of self-care and mental health support L1FT with Lacey from 11:15 a.m. – 12 p.m. at the RedBrick Fitness Center, Bldg 32, G Bay

April 24 - National Denim Day - wear your denim to work to show support for sexual assault survivors. Details on the origin of Denim Day can be found at <http://denimdayinfo.org/>.

April 24 – Annual 5K Run/Walk - Please join us in the annual SAAPM 5K Run/Walk. The 5K will take place at 9 a.m. on the DSCR fitness trail, at the gazebo at the bottom of the hill. The 5K run is the perfect way to end the month and show your support for prevention and awareness of sexual assault. DLA Aviation leadership has authorized one (1) hour of Admin Leave for only DLA Aviation participants in this event.

We look forward to seeing your participation!
Please take pictures of your participation and send them to the SARC listed below.

For more information or questions, contact:
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