



## Sexual Assault Awareness and Prevention Month (SAAPM)

### DLA HQs J/D Code

Sexual Assault Response Coordinator (SARC)  
would like to encourage all DLA employees to get involved in SAAPM 2024.

In keeping with the SAAPM theme “**STEP FORWARD. Prevent. Report. Advocate,**” the following events are scheduled for your awareness and education:

**1-30 April – SAPR Resource Tables** – Take a moment to stop by the resource tables located the HQC lobby and cafeteria. The tables will be sourced with a wealth of SAPR information available to everyone. The SARC will engage with HQC personnel to raise awareness about the issue of sexual assault, answer questions, and provide prevention focused education, such as “how employees can make a positive impact in the workplace by being an active bystander.”

**1-30 April – Spot the Teal Ribbon Challenge** – During the month of April, anyone receiving a DoD Safe Helpline coffee cup sleeve from the HQC cafeteria with an affixed Teal Ribbon can visit the DLA SAPR Program Office, HQC Building, Room 1232 to receive a SAPR gift.

**Teal Tuesdays** – Did you know every 68 seconds an American is sexually assaulted? During the month of April, all DLA personnel are encouraged to wear teal every Tuesday in observance of SAAPM. Wearing teal also is an opportunity for employees to collectively bring about awareness of the issue of sexual assault, while also showing support for survivors. Wear your teal item proudly!

**April 10 – Guest Speaker** – DLA will host a virtual guest speaker event featuring a Ms. Dana Bandish, a former military member and sexual assault survivor on MS Teams. Please join us as she will speak on how sexual assault affected her life, and discuss the steps taken to navigate through her personal healing journey. Please contact the SARC listed below to request interpreter services. Please do not miss out on the opportunity to attend this event. This event is not intended to be an endorsement of the Rape, Abuse and Incest National Network (RAINN) by DLA or DoD. Login information will be announced.

**April 17 – Yoga for Healing and Resilience** – The HQC Fort Belvoir Fitness Center will conduct two yoga sessions in observance of SAAPM. Session 1 will be held at 9-10 a.m. and Session 2 at 3-4 p.m. Please “take a stand against sexual assault, while showing your support for survivors of sexual assault by wearing something Teal to the event. Spacing is limited to the first 30 who sign-up for each session, so please send an email to [SAPR@dla.mil](mailto:SAPR@dla.mil) to secure your slot. Deadline to sign-up is April 12, 2024.

**April 24 – MWR Spring 5K Run – SAPR Resource Table** – The event will take place on the DLA complex, Gate 2 (Shipping/Receiving Building) and will begin at 11a.m. Please stop by the SAPR resources table and gain a little knowledge while picking up a trinket or two. All 5K participants will receive a special prize from the SAPR team for supporting this event.

**April 24 - National Denim Day** - Wear something denim to work to show support for sexual assault survivors. Details on the origin of Denim Day can be found at <http://denimdayinfo.org/>. Participants must receive approval from respective supervisors to take part in this event.

**April 25 – Lunch and Learn** - Please join us for a virtual awareness and education session featuring the topic of “Enthusiastic Consent.” During this session, we discuss the topic of consent in-depth. Upon conclusion of the session attendees will have a clear understanding of the importance “consent” and how it can prevent a sexual assault from occurring. For more information, please contact the SARC listed below. The session will be held at 12-1pm EST on MS Teams. Login information will be announced.

**We look forward to seeing your participation!**

**Please take pictures of your participation and send them to the SARC listed below.**

For more information or questions contact:  
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