



## Sexual Assault Awareness and Prevention Month (SAAPM)

### DLA Troop Support

Sexual Assault Response Coordinator (SARC)  
would like to encourage all DLA employees to get involved in SAAPM 2025.

In keeping with the SAAPM theme “**STEP FORWARD. Prevent. Report. Advocate,**” the following events are scheduled for your awareness and education:

**1-30 April – Teal Tuesdays** – Did you know every 68 seconds an American is sexually assaulted? During the month of April, all DLA personnel are encouraged to wear teal every Tuesday in observance of SAAPM. Wearing teal also is an opportunity for employees to collectively bring about awareness of the issue of sexual assault, while also showing support for survivors. Wear your teal item proudly!

**1-30 April – 3<sup>rd</sup> Annual Virtual Teal Ribbon Relay** – STEP FORWARD to accept the challenge to participate in the 3rd Annual Virtual Teal Ribbon Relay making a personal commitment to help raise awareness of the issue of sexual assault, support the DLA overarching goal of preventing sexual assault Enterprise-wide, and show support for survivors of sexual violence. DLA members can participate in any location where walking, running, biking, swimming, rowing, rolling, skating, etc., can safely be conducted. Employees wishing to participate can email the Sexual Assault Response Coordinator (SARC) listed below beginning April 1, 2025.

**April 17 – SAAPM Walk** – Join us for as we come together to support survivors. The event will kick off at 11:30 AM EST at the baseball fields with opening remarks from BG Maddox, followed by a walk to the MWR building, where participants will form a human teal ribbon-a powerful symbol of solidarity. The event is an opportunity to show that every step counts to preventing sexual assault. Wear teal and walk with us in unity!

**April 30 – Yoga for a Cause: Denim Day** – In recognition of Denim Day, SAPR is hosting a special yoga class in the MWR Gym, Group Fitness Center. Join us from 11:30 AM – 12:30 PM EST. Whether you're a seasoned yogi or a first timer, this class offers a welcoming space to breathe, stretch, and reflect. Email Ms. Gina Ingrao at [gina.ingrao@dla.mil](mailto:gina.ingrao@dla.mil) to sign up.

**April 30 – Denim Day** – Wear something denim to work to show support for sexual assault survivors. Details on the origin of Denim Day can be found at <http://denimdayinfo.org/>. Participants must receive approval from respective supervisors to take part in this event.

**We look forward to seeing your participation!**  
**Please take pictures of your participation and send them to the SARC listed below.**

For more information or questions contact:

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