



Defense Logistics Agency
Sexual Assault Awareness and Prevention Month (SAAPM)
"3rd Annual Virtual Teal Ribbon Relay"
April 1-30, 2025

Miles Tracker Log Sheet

Participant Name:

J/D code or MSC:

Location:

SARC's Name:

Week of:	Week 1 1-5 April	Week 2 6-12 April	Week 3 13-19 April	Week 4 20-26 April	Final Week 27-30 April
Submission Date:	Monday 7 April	Monday 14 April	Monday 21 April	Monday 28 April	Thursday 1 May
Sunday					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Total Points:					
Final Total Points:					

Participants must:

1. Conduct some form of physical activity (run, walk, skate, row, swim, etc.) and log in miles.
2. Complete miles tracker sheet for each day an activity was conducted.
3. Submit miles tracker sheet to their assigned SARC via email each week Monday NLT 9 am EST.
4. Submit miles tracker sheet for the final week to their SARC via email on Thursday, 1 May NLT 9am EST.