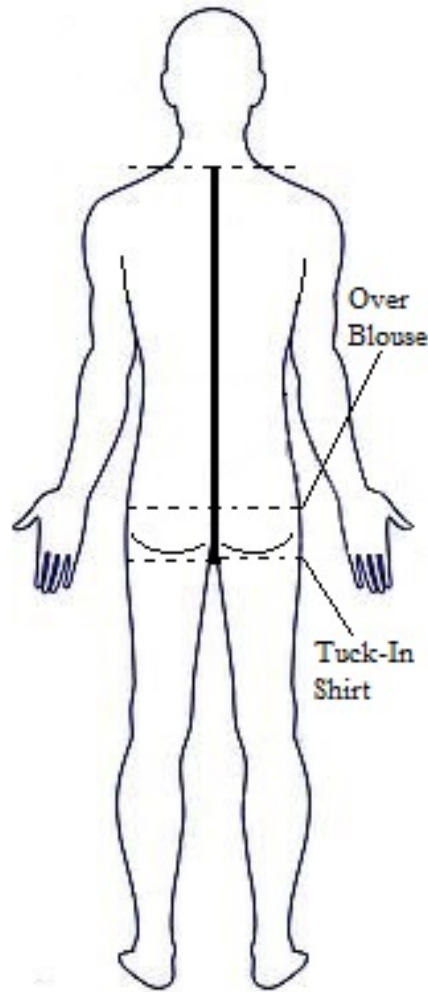
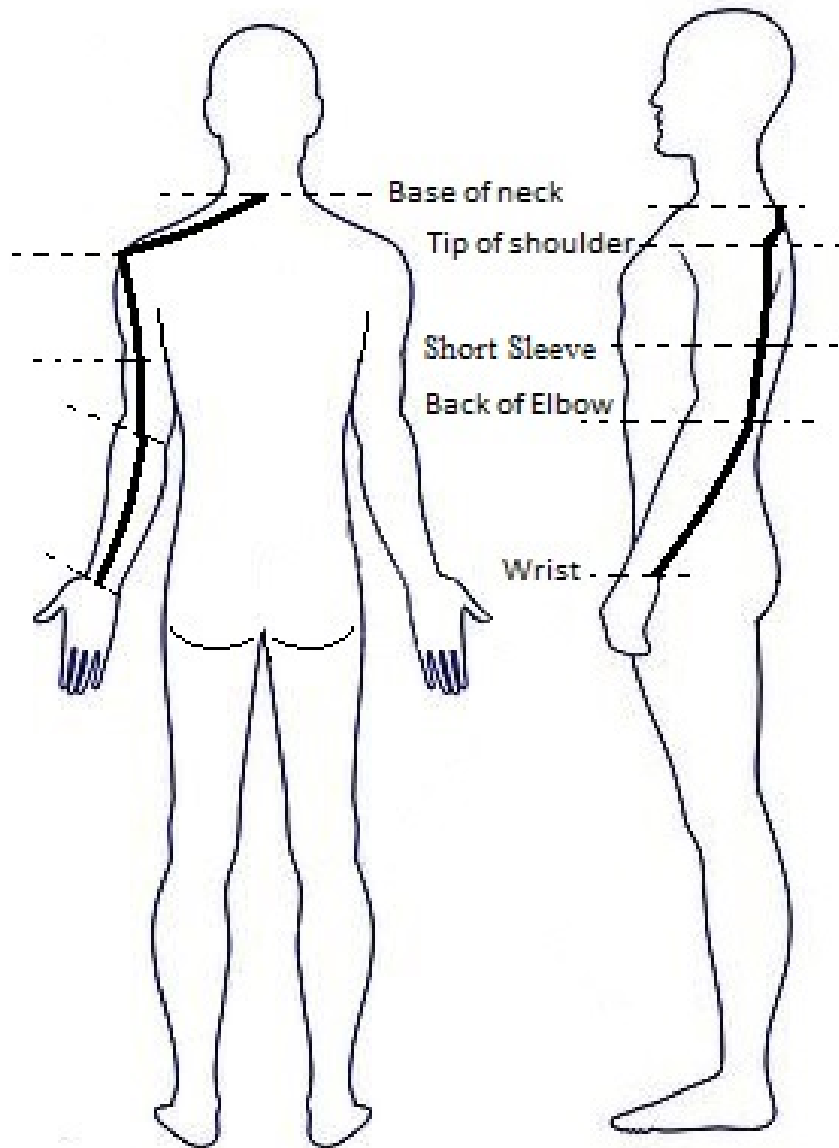


Back Shirt Length = _____



Measure from the base of the neck (in the center, not the side), to the center of where the desired length of shirt should fall, per the design of the shirt. For tuck-in shirts, this is near the break at the bottom of the seat or about midway on the fingers where one would cup them. For over blouses, this is about 2.5 to 4 inches above the break at the bottom of the seat or about where the wrist falls when arms are placed next to the body.

Full Sleeve Length = _____



Slightly bend the elbow (elbow should not be bent more than a 90-degree angle). Measure from behind. Start at the middle of the base of the neck to the shoulder, down the back of the arm to the back of the elbow, and then on to the wrist. If measuring for short sleeves, start at the middle of the base of the neck to the shoulder, down the back of the arm to the center of the bicep.