

Strong Troops Start With Strong Leaders



THE FUTURE READINESS OF OUR FORCES DEPENDS ON MEETING THE SECRETARY'S UNCOMPROMISING FITNESS STANDARDS—ARE YOU PREPARED TO LEAD THE CHARGE?

Last week, the Secretary of War delivered a clear and uncompromising message to all military leaders: the new fitness standards are gender-neutral, rigorous, and non-negotiable. Meeting these high expectations will require more than just individual effort—it demands a comprehensive commitment to the health and wellness of every troop under Command. The Defense Logistics Agency (DLA) Construction and Equipment (C&E) supply chain stands ready to support you in this mission by providing access to top-tier Holistic Health and fitness (H2F) exercise equipment designed to elevate physical readiness across all units. Investing in this equipment through is not just a procurement decision, it's the first critical step toward embodying the War Department's golden rule: Together, we can ensure our forces are fit, resilient, and prepared to meet the challenges ahead.

Equip your unit to exceed the new health and wellness expectations with the DLA C&E's Holistic Health and Fitness program (H2F)

The H2F Program is designed for customers to order commercial off-the-shelf equipment related to over-all Health and Fitness. From Peletons to personalized turf, C&E has exactly what you need to reach and maintain your fitness goals.



Defense Logistics Agency (DLA) is the primary source of supply for sustainment of component equipment
All Service components can submit a unit funded requisition into GCSS-Army to procure ACFT components.



Program Benefits

- Commercial off the shelf products
- Customer direct delivery
- Prime Vendor Support
- Dedicated TVLS
- Name brand equipment

Examples of supported items:

- Treadmills
- Peletons
- Exercise Bikes
- Turf Field
- Gym flooring
- Ice baths
- Saunas
- Total body Trainer
- Leg Press
- Rowers



Email: TrpSpt_H2Fitness@dla.mil to get started or request more information