

**Subject:** UPDATE to ALFOODACT 034-2011 and ALFOODACT 036-2011, and 041-2011 Dimethylamylamine (DMAA) Is Placed On Medical Hold Due To Possible Serious Adverse Health Effects

**Date Issued:** December 30, 2011

## 1. REFERENCES:

a. DLAR 4155.26/AR 40-660/NAVSUPINST 10110.8c/AFI 48-116/MCO 10110.38c, DODHazardous Food & Nonprescription Drug Recall System.

b. Allied Communications Publication 121, US SUPP-1 (f).

## 2. BACKGROUND/UPDATE:

### UPDATE:

It has been determined that "Grenade (Universal) Grenade and M.A.P. (Iovate) Arson does not contain Dimethylamylamine (DMAA) and should be removed from medical hold and returned to the shelves for purchase. All other products that contain DMAA shall remain on medical hold status pending disposition instructions.

(December 22, 2011)

It has been determined that "All American EFX K-Otic" does not contain Dimethylamylamine (DMAA) and should be removed from medical hold and returned to the shelves for purchase. All other products that contain DMAA shall remain on medical hold status pending disposition instructions.

### BACKGROUND: (December 7, 2011)

ALFOODACT 036-2011 Updates/Corrects ALFOODACTS 034-2011, for all references mentioning the ingredient Dimethoxymethamphetamine (DMAA) "THIS IS THIS INCORRECT INGREDIENT". The correct ingredient in question is Dimethylamylamine (DMAA). A vasoconstrictor and central nervous system stimulant, (DMAA) has been associated with potentially serious adverse health effects. All products containing DMAA should be secured and placed in medical hold status pending disposition instructions.

There is an ongoing review by the Department of Defense regarding potentially serious adverse health effects associated with DMAA. As a precaution, all activities are required to physically check the ingredients on all dietary supplements, weight gain, and muscle building products. All products containing DMAA are to be pulled, and placed on medical hold. On hand inventories of products containing DMAA must be reported to accountable officers.

## 3. PRODUCTION DATES/IDENTIFYING CODES:

Listed below are known products that contain Dimethylamylamine (DMAA), this list is "NOT ALL INCLUSIVE":

USPlabs Jack 3D (Tropical Fruit and Lemon Lime)

USPlabs Oxy Elite Pro

Nutrex Lipo 6 Black Caps (his and hers)

Nutrex Lipo 6 Black Ultra Concentrated (his and hers)  
Nutrex Hemo Rage Black Powder, Punch, Berry  
Isatori PWR  
Muscletech Neurocore  
Muscletech Hydroxystim  
Fahrenheit Nutrition Lean EFX  
Muscle Warfare Napalm  
SNI Nitric Blast  
BIORhythm SSIN Juice  
Muscle Meds Code Red  
SEI MethhlHex 4, 2  
Gaspari Nutrition Spirodex

**4. MANUFACTURER/DISTRIBUTOR:** Various Manufacturers

**5. DISTRIBUTION:** All

**6. REASON FOR ACTION:** Due to possible association with serious adverse health effects.

**7. INSTRUCTIONS AND ADDITIONAL INFORMATION FOR MESSAGE RECIPIENTS:**

- a. Immediately inventory stocks to identify the above items and secure in a "Medical Hold" status to provide assurance of no further issue/sale/use.  
POSITIVE FINDINGS should be reported to Accountable Officers/Vendor Representatives of that facility. Accountable Officer/Agency representatives/Buyers/Contracting Officers should seek/refund/credit/replacement through the normal distribution channel with which the product was received (i.e. Distribution Centers, Prime Vendors, or Manufacturers).
- b. Ships at sea are authorized to destroy or dispose of recalled products at their discretion. Documentation for the number of pounds and cases, and any additional pertinent information must be signed by the Accountable Officer and is required for the purpose of recouping to the government the cost of the product involved. In order to get credit please use a SF 364 and forward to your supporting NAVSUP Fleet Logistics Center (NAVSUP FLC) and copy furnished to NAVSUP 51. Your supporting NAVSUP FLC should forward to the account manager at DLA Troop Support. The form should include the number of the recall authorizing the survey action. Home-ported ships/galleys will utilize DD form 1149 to transfer w/ reimbursement to the PV. The PV will submit credit invoice to the account manager at DLA Troop Support.
- c. DLA Troop Support Subsistence Prime Vendors must report POSITIVE and NEGATIVE RESPONSES directly to the their DLA Troop Support Contracting Officer with a courtesy copy to the Consumer Safety Officer (dscpconssafofc@dla.mil)..
- d. DeCA, AAFES, MWR, VA, MCCS, or other non-DLA Troop Support agencies SHOULD NOT respond to the DLA Troop Support Consumer Safety Officer. These agencies should report POSITIVE and NEGATIVE responses in accordance with their agency recall policies.
- e. When corresponding with DLA Troop Support concerning this message please include this message's subject in your subject line.

**8. The Point of Contact for this ALFOODACT message is** CW3 Tony Hemphill, Consumer Safety Officer at DLA-FTW. VOICE, DSN: 444-2922, Commercial (215) 737-2922, or by FAX, DSN: 444-7526, or Commercial, (215) 737-7526, email [dscpconssafofc@dla.mil](mailto:dscpconssafofc@dla.mil).

**9. Individuals or groups that would like to receive recall messages electronically can forward their email address to** [dscpconssafofc@dla.mil](mailto:dscpconssafofc@dla.mil) , with "add to list" in the subject line. To be removed from the list place "remove from list" in the subject line.

**10. Previous recalls and frequently asked questions are available at the following web site:** <http://www.troopsupport.dla.mil/subs/fso/alfood/alfood.asp> . The navigation tool to the left allows you to also view DLA Troop Support Alerts and Archived Vendor Recalls.

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