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SUBJECT: Advisory on romaine lettuce originating from the Yuma, Arizona growing region

Date Issued: 26 April 2018

The CDC and FDA reports 84 confirmed cases of Shiga-toxin producing *E. coli* O157:H7 infections in 19 states, with 42 hospitalizations, nine of whom developed severe kidney disease complications, with no reported deaths.

Information collected by the CDC and FDA suggest romaine lettuce (whole heads, hearts, and chopped) from the Yuma, Arizona growing region may be contaminated with *E. coli* O157:H7 in causing the illnesses.

A common grower, supplier, distributor or brand has not been identified. Retailers, restaurants, and other food service operators should not sell or serve any romaine lettuce from the growing areas in Yuma, Arizona. If you cannot determine the source of your romaine lettuce, do not sell or serve it. DLA Troop Support cannot direct product disposition or vendor credit. However, disposal of any product without clear source determination is highly recommended.

Food contaminated with *E. coli* may not look or smell spoiled, but can still cause illness. Typical symptoms include nausea, vomiting, mild to severe abdominal cramps and watery to bloody diarrhea. In severe cases of illness, some people may have seizures or strokes, need blood transfusions and kidney dialysis or have permanent kidney damage, or in extreme cases cause death.

Additional Information on this outbreak can be found on the CDC website <https://www.cdc.gov/ecoli/2018/o157h7-04-18/index.html> and the FDA website <https://www.fda.gov/Food/RecallsOutbreaksEmergencies/Outbreaks/ucm604254.htm>

The Point of Contact for this advisory message is the Food Safety Office, DLA-Troop Support, and can be reached at email: [dscpconssafofc@dla.mil](mailto:dscpconssafofc@dla.mil).

//Signed//

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