

MEAL, COLD WEATHER (MCW) MENUS -ACR-C-018 (2018-2022)

| MENU 1 | MENU 2 | MENU 3 |
|---|---|--|
| Beef Stroganoff with Noodles | Chicken, Spicy, Oriental with Rice | Chili and Macaroni with Beef |
| Cookie, Fig Bar | Nuts and Raisins with Pan Coated | Crackers, Plain |
| Dessert Bar, Peanut Butter | Chocolate Disks | Cheese Spread, Cheddar, Plain |
| Dairyshake Powder, <i>Trans</i> -Fat Free, Vanilla | Dessert Bar, Mocha | Toasted Corn Kernels |
| Beverage Powder, Carbohydrate, Vit D and Fiber 2/ | Beverage Powder, Carbohydrate, Vit D and Fiberified 2/ | Pan Coated Candy, Oval/Round, Milk Chocolate with Peanuts |
| Accessory Packet | Dried Fruit, Cranberries | Cappuccino, Irish Cream |
| Spoon | Accessory Packet | Accessory Packet |
| | Spoon | Spoon |
| | | |
| | | |

| MENU 4 | MENU 5 | MENU 6 |
|--|------------------------------------|--|
| Turky Tetrazzini | Chicken and Rice | Seafood Chowder |
| First Strike Bar, Chocolate | Filled Pretzels, Cheddar Cheese | Ramen Noodle Soup |
| Crackers, Plain | Filled Bakery, Filled French Toast | Pound Cake, Trans Fat Free, Marble |
| Peanut Spread, Smooth, Chocolate | First Strike Bar, Cran-Raspberry | Crackers, Vegetable |
| Beverage Powder, Carbohydrate, Vit D and Fiber 2/ | Cocoa, Chocolate Hazelnut | Beverage Powder, Carbohydrate, Vit D and Fiber 2/ |
| Accessory Packet | Accessory Packet | Accessory Packet |
| Spoon | Spoon | Spoon |
| | | |
| | | |

| MENU 7 | MENU 8 | MENU 9 |
|--|---|--|
| Beef Stew | Spaghetti with Meat Sauce | Rice and Chicken, Mexican Style |
| Toasted Corn Kernels | Ramen Noodle Soup | Dessert Bar, Chocolate Banana Nut |
| Nuts, Almonds, Smoked | Pan Coated Candy, Disks, Milk | Cornbread |
| Pound Cake, Trans Fat Free, Vanilla | Chocolate | Dried Fruit, Cranberries |
| Beverage Powder, Carbohydrate, Vit D and Fiber 2/ | Plain Beverage Powder, Carbohydrate, Fortified 2/ | Beverage Powder, Carbohydrate, Vit D and Fiber 2/ |
| Accessory Packet | Dairyshaker Powder, <i>Trans</i> Fat Free, | Accessory Packet |
| Spoon | Strawberry Banana | Spoon |
| | Beverage Base, Sugar Free, Orange with Ascorbic Acid and Calcium | |
| | Dried Fruit, Whole Raisins | |
| | Accessory Packet | |
| | Spoon | |

1/ Accessory pack component listed at the end of this document.

2/ Flavors shall be procured in equal quantities and assembled in a distribution which provides the greatest variation.

| MENU 10 | MENU 11 | MENU 12 |
|---|---|--|
| Scrambled Eggs with Cheese, Western Style | Scrambled Eggs with Bacon Pieces | Breakfast Skillet with Pork Sausage |
| Granola with Milk and Blueberries | Cereals, Rolled Oats, Instant, Maple and Brown Sugar | Cereals, Rolled Oats, Instant, Strawberries and Cream |
| Toaster Pastry, Brown Sugar, Cinnamon | Nuts and Raisins with Pan Coated | Patriotic Sugar Cookies |
| Muffin Top, Maple | Chocolate Disks | Tortillas, Plain |
| Filled Pretzels, Cheddar Cheese | Cookie, Fig Bar | Cheese Spread, Cheddar, With Jalapeno Peppers |
| Beverage Base, Sugar Free, Orange with Ascorbic Acid and Calcium | Cocoa Beverage Powder, Milk Chocolate | Beverage Powder, Carbohydrate, Fortified 2/ |
| Cocoa, Chocolate Hazelnut | Accessory Packet | Chocolate Protein Drink Powder, Chocolate |
| Accessory Packet | Spoon | Accessory Packet |
| Spoon | | Spoon |
| | | |
| | | |
| | | |

1/ Accessory pack component listed at the end of this document.

2/ Flavors shall be procured in equal quantities and assembled in a distribution which provides the greatest variation.

| Accessory Packet |
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| Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon |
| Hand Cleaner (3) |
| Matches, Safety |
| Salt |
| Toilet Tissue |
| Coffee |
| Creamer |
| Sugar |

