MRE 36 (2016)

Menu #1	Menu #2
Chili with Beans	Beef Shredded in Barbecue Sauce
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno
Cornbread	Peppers
Snack Food, Cheese Filled 1/	Tortillas, Plain
Beverage Powder, Carbohydrate, Fortified 1/	Fruits, Infused and Dried $1/$
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Spoon	Barbecue Sauce
Flameless Ration Heater	Accessory Packet C
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
<u>Menu #3</u>	<u>Menu #4</u>
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce
Fruits, Wet Pack $\underline{1}/$	Toaster Pastries $\underline{1}/$
Crackers, Plain	Peanut Butter, Smooth
Peanut Butter, Smooth	Snack Bread, Multigrain
Jelly/Jam <u>1</u> /	Fruits, Infused and Dried $\underline{1}/$
Candy III <u>1</u> /	Cocoa Beverage Powder, Milk Chocolate
Beverage Powder, Carbohydrate, Electrolyte <u>1</u> /	Jelly/Jam <u>1</u> /
Hot Sauce, Extra Hot	Accessory Packet B
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Paperboard Sleeve
Bag, Hot Beverage	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #5	Menu #6
Chili and Macaroni	Beef Taco
Cake, Pound, Trans Fat Free 1/	Fruits, Wet Pack 1/
Cheese Spread, Cheddar, with Jalapeno	Cheese Spread, Cheddar, Plain
Peppers	Tortillas, Plain
Crackers, Vegetable	Nut and Fruit Mix, Nuts and Raisins with Pan
Meat Snacks 1/	Coated Chocolate Disks
Candy III 1/	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte 1/	Spice, Seasoning Blend
Spice, Red Pepper, Crushed	Accessory Packet A
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Bag, Hot Beverage	Paperboard Sleeve
Paperboard Sleeve	Paperboard Insert Card (as applicable)
Chicken Chunks	
First Strike Bar <u>1</u> /	
Cheese Spread, Cheddar, Plain	
Tortillas, Plain	
Candy II <u>1</u> /	
Beverage Powder, Carbohydrate, Fortified <u>1</u> /	
Hot Sauce, Buffalo Style	
Accessory Packet B	
Spoon	
Paperboard Sleeve	
<u>Menu #7</u>	<u>Menu #8</u>
Brisket Entrée	Meatballs in Marinara Sauce
Potatoes Au Gratin	Potatoes, Mashed, Garlic
Cookies <u>1</u> /	Cookies <u>1</u> /
Peanut Butter, Smooth	Cheese Spread, Cheddar, with Jalapeno
Snack Bread <u>1</u> /	Peppers
Jelly/Jam <u>1</u> /	Snack Bread, Italian Bread Sticks
Candy I <u>1</u> /	Meat Snacks <u>1</u> /
Drink Mix, Flavored Instant Cappuccino, Irish	Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /
Cream	Accessory Packet C
Accessory Packet B	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
Paperboard Insert Card (as applicable)	Paperboard Insert Card (as applicable)

Menu #9	Menu #10
Beef Stew	Chicken Chunks
Fudge Brownie with Chocolate Drops, Trans	First Strike Bar 1/
Fat Free	Cheese Spread, Cheddar, Plain
Peanut Butter, Smooth	Tortillas, Plain
Jelly/Jam <u>1</u> /	Candy II 1/
Snack Bread, Multigrain	Beverage Powder, Carbohydrate, Fortified 1/
Snack Food, Pretzels 1/	Hot Sauce, Buffalo Style
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Accessory Packet B
Hot Sauce, Extra Hot	Spoon
Accessory Packet A	Paperboard Sleeve
Spoon	Chili and Macaroni
Flameless Ration Heater	Cake, Pound, <i>Trans</i> Fat Free $1/$
Bag, Hot Beverage	Cheese Spread, Cheddar, with Jalapeno Peppers
Paperboard Sleeve	Crackers, Vegetable
	Meat Snacks 1/
	Candy III $\underline{1}/$
	Beverage Powder, Carbohydrate Electrolyte <u>1</u> /
	Spice, Red Pepper, Crushed
	Accessory Packet A
	Spoon
	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
Menu #11 Vegetarian	Menu #12 Vegetarian
Vegetable Crumbles with Pasta in Taco Style	Elbow Macaroni in Tomato Sauce
Sauce	Cheese Spread, Cheddar, Plain
Fruits, Wet Pack 1/	Snack Bread 1/
First Strike Bar 1/	Nut and Fruit Mix, Nuts and Raisins
Peanut Butter, Chunky/Crunchy	Candy III 1/
Crackers, Plain	Chocolate Protein Drink
Nuts 1/	Hot Sauce, Extra Hot
Drink Mix, Flavored Instant Cappuccino,	Accessory Packet A
French Vanilla	Spoon
Hot Sauce, Chili and Lime	Flameless Ration Heater
Accessory Packet B	Bag, Hot Beverage
Spoon	Paperboard Sleeve
Flameless Ration Heater	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

Menu #13 Vegetarian	Menu #14 Vegetarian
Cheese Tortellini in Tomato Sauce	Creamy Spinach Fettuccine
Dessert Powder, Pudding $1/$	First Strike Bar <u>1</u> /
Peanut Butter, Smooth	Peanut Butter, Smooth
Crackers, Plain	Crackers, Plain
Nut and Fruit Mix, Nuts and Raisins	Snack Food, Pretzels <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte <u>1</u> /	Chocolate Protein Drink
Hot Sauce, Extra Hot	Hot Sauce, Extra Hot
Accessory Packet C	Accessory Packet A
Spoon	Spoon
Flameless Ration Heater	Flameless Ration Heater
Bag, Hot Beverage	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve

Menu #15	Menu #16
Pork Sausage Patty, Maple Flavored	Rib Shaped Barbecue Flavor Pork Patty
Muffin Top, Maple, Trans Fat Free	Santa Fe Style Rice And Beans
Peanut Butter, Smooth	Ranger Bar <u>1</u> /
Crackers, Plain	Peanut Butter, Smooth
<u>Nuts 1/</u>	Snack Bread, Wheat, Twin Pack
Beverage Powder, Carbohydrate Electrolyte <u>1/</u>	Jelly/Jam <u>1</u> /
Syrup, Table, Imitation Maple	Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /
Accessory Packet A	Barbecue Sauce
Spoon	Accessory Packet C
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Bag, Hot Beverage
Mexican Style Chicken Stew	Paperboard Sleeve
Fruits, Wet Pack <u>1</u> /	Paperboard Insert Card (as applicable)
Snack Food, Cheese Filled $\underline{1}$ /	
Cheese Spread, Cheddar, with Jalapeno	
Peppers	
Crackers, Vegetable	
Candy II <u>1</u> /	
Cocoa Beverage Powder, Chocolate Hazelnut	
Spice, Red Pepper, Crushed	
Accessory Packet B	
<mark>Spoon</mark>	
Flameless Ration Heater	
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

<u>Menu #17</u>	<u>Menu #18</u>
Mexican Style Chicken Stew	Beef Ravioli in Meat Sauce
Fruits, Wet Pack <u>1</u> /	Muffin Top, Chocolate Banana Nut, Trans Fat
Snack Food, Cheese Filled <u>1/</u>	Free
Cheese Spread, Cheddar, with Jalapeno	Cheese Spread, Cheddar, Plain
Peppers	Snack Bread <u>1</u> /
Crackers, Vegetable	Meat Snacks <u>1</u> /
Candy II <u>1</u> /	Beverage Powder, Carbohydrate, Fortified <u>1</u> /
Cocoa Beverage Powder, Chocolate Hazelnut	Hot Sauce, Extra Hot
Spice, Red Pepper, Crushed	Accessory Packet C
Accessory Packet B	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
Paperboard Insert Card (as applicable)	
Pork Sausage Patty, Maple Flavored	
Muffin Top, Maple, <i>Trans</i> Fat Free	
Peanut Butter, Smooth	
Crackers, Plain	
Nuts <u>1</u> /	
Beverage Powder, Carbohydrate Electrolyte $1/$	
Syrup, Table, Imitation Maple	
Accessory Packet A	
Spoon	
Flameless Ration Heater	
Bag, Hot Beverage	
Paperboard Sleeve	

Menu #19	Menu #20
Beef Patty, Grilled, Jalapeno Pepper Jack	Hash Brown Potatoes with Bacon, Peppers and
Cobbler, Cherry Blueberry	Onions
Cookies 1/	Granola with Milk and Blueberries
Cheese Spread, Cheddar, with Bacon	Cheese Spread, Cheddar, Plain
Snack Bread, Wheat, Twin Pack	Crackers, Plain
Nuts 1/	Nut and Fruit Mix, Nuts and Raisins
Beverage Powder, Carbohydrate, Fortified 1/	Beverage Bases, Sweetened with Non-nutritive
Ketchup	Sweetener, Orange, Fortified
Mustard	Accessory Packet A
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Menu #21	<u>Menu #22</u>
Tuna, Lemon Pepper	Asian Style Beef Strips with Vegetables
Cake, Pound, <i>Trans</i> Fat Free $1/$	Fried Rice
Peanut Butter, Smooth, Chocolate	Peanut Butter, Chunky/Crunchy
Tortillas, Plain	Jelly/Jam $1/$
Snack Food, Other $1/$	Snack Bread $1/$
Beverage Powder, Carbohydrate, Fortified $1/$	Candy I 1/
Mayonnaise, Fat Free	Cocoa Beverage Powder, Milk Chocolate
Accessory Packet B	Accessory Packet B
Spoon	Spoon
Spoon	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
Menu #23	Menu #24
Chicken Pesto Pasta	Southwest Beef and Black Beans with Sauce
Filled Bakery Item $1/$	Apple Pieces in Spiced Sauce
Cheese Spread, Cheddar, Plain	Cake, Pound, <i>Trans</i> Fat Free $1/$
Snack Bread 1/	Meat Snacks 1/
Cookies, Sugar, Patriotic	Cheese Spread, Cheddar, Plain
Beverage Powder, Carbohydrate Electrolyte $\underline{1}/$	Tortillas, Chipotle
Accessory Packet A	Drink Mix, Flavored Instant Cappuccino,
Spoon	Mocha
Flameless Ration Heater	Accessory Packet B
Bag, Hot Beverage	Spoon
Paperboard Sleeve	Flameless Ration Heater
1	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

 $\underline{1}$ / Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

Item	Menu	Flavor
Beverage Powder,	1, 2, 8, 10,	Lemon-lime, orange, and tropical punch
Carbohydrate, Fortified	16,18, 19,	
	21	
Beverage s Powder,	3, 5, 6, 9,	Fruit punch, grape, lemon-lime and orange
Carbohydrate Electrolyte	13, 15 23	
Cakes, Pound, Trans Fat	5, 21 24	Vanilla, lemon poppy seed, spice, carrot, marble,
Free		and applesauce
Candy I	7, 22	Chocolate toffee rolls, licorice and mints
Candy II	10, 17	Pan coated candy: plain chocolate disks, peanut
		butter disks and chocolate with peanuts
		oval/round
Candy III	3, 5, 12 7, 8, 19	Original, berry and sour fruit disks
Cookies	7, 8, 19	Oatmeal, chocolate chip, and oatmeal chocolate
		chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	23	Cinnamon bun and apple turnover
First Strike Bars	10, 11, 14	Chocolate and apple-cinnamon
Fruits, Infused and Dried	2,4	Cranberries and raisins
Fruits, Wet Pack	3, 6, 11, 17	Raspberry applesauce, carbohydrate enhanced
		applesauce, mango and peach applesauce, pears,
		and mixed fruit
Jams and Jellies	3, 4, 7, 9,	Blackberry, strawberry, apple and grape
	16, 22 5, 8, 18, 24	
Meat Snacks	5, 8, 18, 24	Beef strips, smoked and turkey nuggets, smoked
Nuts	11, 15, 19	Dry roasted peanuts, jalapeno cashews, smoked
		almonds, and barbecue almonds
Ranger Bar	16	Caramel apple, chocolate covered chocolate chip,
		cran-apple and banana nut
Snack Bread	7, 12	Wheat and white wheat
	18, 22, 23	

Snack Foods Cheese Filled	1, 17	Filled cracker (cheddar cheese, pepperoni pizza) Filled pretzel (cheddar cheese)
Other	21	Toasted corn kernels (plain salted and barbecue)
ould	21	Baked snack cracker (Cheddar cheese and hot and spicy cheese)
Pretzels	9, 14	Plain salted sticks and honey mustard and onion nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and frosted chocolate chip