

C. Contents. The contents of each meal are specified in table III. Refer to table I for full citation and document number of components.

TABLE III. Contents

<p><u>Menu #1</u> Chili with Beans Cheese Spread, Cheddar, Plain Crackers, Vegetable Cornbread Snack Foods, Cheese Filled <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>	<p><u>Menu #2</u> Beef, Shredded, in Barbecue Sauce Black Beans in a Seasoned Sauce Cheese Spread, Cheddar, with Jalapeno Peppers Tortillas, Plain Cookies <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Barbecue Sauce Accessory Packet C Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>
<p><u>Menu #3</u> Chicken, Egg Noodles, and Vegetables, in Sauce Fruits, Wet Pack <u>1/</u> Crackers, Plain Peanut Butter, Smooth Jelly/Jam <u>1/</u> Candy III <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Hot Sauce, Extra Hot 4x Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #4</u> Spaghetti with Beef and Sauce Toaster Pastries <u>1/</u> Peanut Butter, Smooth Snack Bread, Multigrain Fruits, Infused and Dried <u>1/</u> Cocoa Beverage Powder, Milk Chocolate Jelly/Jam <u>1/</u> Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve</p>

TABLE III. Contents - Continued

<p><u>Menu #5</u> Chicken Chunks, White, Cooked First Strike Bar <u>1/</u> Cheese Spread, Cheddar, Plain Tortillas, Plain Trail Mix, Recovery Candy II <u>1/</u> Beverage Powder, Carbohydrate Electrolyte <u>1/</u> Hot Sauce, Buffalo Style Accessory Packet B Spoon Paperboard Insert Card (as applicable)</p>	<p><u>Menu #6</u> Beef Taco Santa Fe Style Rice and Beans Cheese Spread, Cheddar, Plain Tortillas, Plain Nut and Fruit Mix, Nuts and Raisins with Pan Coated Chocolate Disks Beverage Bases, Sweetened with Non-nutritive Sweetener, Fortified, Orange Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>
<p><u>Menu #7</u> Brisket Entrée (Gravy with Seasoned Beef Brisket Slices) Potatoes Au Gratin Fruits, Infused, Dried <u>1/</u> Peanut Butter, Smooth Snack Bread <u>1/</u> Jelly/Jam <u>1/</u> Candy I <u>1/</u> Drink Mix, Flavored Instant Cappuccino, Irish Cream Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #8</u> Meatballs in Marinara Sauce Potatoes, Mashed, Garlic Cookies <u>1/</u> Cheese Spread, Cheddar, with Jalapeno Peppers Snack Bread, Italian Bread Sticks Meat Snacks <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Accessory Packet C Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>

TABLE III. Contents - Continued

<p><u>Menu #9</u> Beef Stew Cake, Pound, <i>Trans</i> Fat Free <u>1/</u> Peanut Butter, Smooth Jelly/Jam <u>1/</u> Snack Bread, Multigrain Snack Food, Pretzels <u>1/</u> Beverage Powder, Carbohydrate Electrolyte <u>1/</u> Hot Sauce, Extra Hot 4x Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>	<p><u>Menu #10</u> Chili and Macaroni Cake, Pound, <i>Trans</i> Fat Free <u>1/</u> Cheese Spread, Cheddar, with Jalapeno Peppers Crackers, Vegetable Meat Snacks <u>1/</u> Candy I <u>1/</u> Beverage Powder, Carbohydrate Electrolyte <u>1/</u> Spice, Red Pepper, Crushed Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>
<p><u>Menu #11</u> <u>Vegetarian</u> Vegetable Crumbles with Pasta in Taco Style Sauce Fruits, Wet Pack <u>1/</u> First Strike Bar <u>1/</u> Peanut Butter, Chunky/Crunchy Crackers, Plain Nuts <u>1/</u> Drink Mix, Flavored Instant Cappuccino, French Vanilla Hot Sauce, Chili and Lime Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #12</u> <u>Vegetarian</u> Elbow Macaroni in Tomato Sauce Fruits, Wet Pack <u>1/</u> Cheese Spread, Cheddar, Plain Snack Bread <u>1/</u> Candy III <u>1/</u> Chocolate Protein Drink Powder Hot Sauce, Extra Hot 4x Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>

TABLE III. Contents – Continued

<p><u>Menu #13 Vegetarian</u> Cheese Tortellini in Tomato Sauce Dessert Powder, Pudding <u>1/</u> Peanut Spread, Smooth, Chocolate Crackers, Plain Trail Mix, Recovery Beverage Powder, Carbohydrate Electrolyte <u>1/</u> Hot Sauce, Extra Hot 4x Accessory Packet C Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>	<p><u>Menu #14 Vegetarian</u> Creamy Spinach Fettuccine (Egg Noodles, Spinach and Mushrooms in a Cream Sauce) First Strike Bar <u>1/</u> Peanut Butter, Smooth Crackers, Plain Snack Food, Pretzels <u>1/</u> Chocolate Protein Drink Powder Hot Sauce, Extra Hot 4x Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>
<p><u>Menu #15</u> Mexican Style Chicken Stew Fruits, Wet Pack <u>1/</u> Snack Food, Cheese Filled <u>1/</u> Cheese Spread, Cheddar, with Jalapeno Peppers Crackers, Plain First Strike Bar <u>1/</u> Cocoa Beverage Powder, Chocolate Hazelnut Spice, Red Pepper, Crushed Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #16</u> Chicken Burrito Bowl (Chicken with Rice, Beans and Vegetables) Snack Food, Other <u>1/</u> Filled Bakery Item <u>1/</u> Tortillas, Plain Cheese Spread, Cheddar, Plain Hot Sauce, Extra Hot 4x Beverage Powder, Carbohydrate, Fortified <u>1/</u> Accessory Packet C Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>

TABLE III. Contents – Continued

<p><u>Menu #17</u> Pork Sausage Patty, Maple Flavored Muffin Top, Maple, <i>Trans</i> Fat Free Peanut Butter, Smooth Crackers, Plain Nuts <u>1/</u> Beverage Powder, Carbohydrate Electrolyte <u>1/</u> Syrup, Table, Imitation Maple Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>	<p><u>Menu #18</u> Beef Ravioli in Meat Sauce Muffin Top, Chocolate Banana Nut, <i>Trans</i> Fat Free Cheese Spread, Cheddar, Plain Snack Bread <u>1/</u> Meat Snacks <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Hot Sauce, Extra Hot 4x Accessory Packet C Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>
<p><u>Menu #19</u> Beef Patty, Grilled, Jalapeno Pepper Jack Cobbler, Cherry Blueberry Cookies <u>1/</u> Cheese Spread, Cheddar, with Bacon Tortillas, Plain Candy II <u>1/</u> Beverage Bases, Sweetened with Non-nutritive Sweetener, Fortified, Orange Ketchup Mustard Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #20</u> Hash Brown Potatoes with Bacon, Peppers and Onions Granola with Milk and Blueberries Filled Bakery Item <u>1/</u> Cheese Spread, Cheddar, Plain Crackers, Plain Nuts <u>1/</u> Beverage Bases, Sweetened with Non-nutritive Sweetener, Fortified, Orange Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve</p>

TABLE III. Contents – Continued

<p><u>Menu #21</u> Tuna, Chunk, Light, Lemon Pepper Cake, Pound, <i>Trans</i> Fat Free <u>1/</u> Cheese Spread, Cheddar, Plain Tortillas, Plain Snack Food, Other <u>1/</u> Beverage Powder, Carbohydrate, Fortified <u>1/</u> Mayonnaise, Fat Free Accessory Packet B Spoon</p>	<p><u>Menu #22</u> Asian Style Beef Strips with Vegetables Fruits, Wet Pack <u>1/</u> Peanut Butter, Chunky/Crunchy Jelly/Jam <u>1/</u> Snack Bread <u>1/</u> Sugar Cookies, Patriotic Cocoa Beverage Powder, Milk Chocolate Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card (as applicable)</p>
<p><u>Menu #23</u> Pizza Slice, Pepperoni Cobbler, Cherry Blueberry Cheese Spread, Cheddar, Jalapeno Snack Bread, Italian Bread Sticks Cookies <u>1/</u> Chocolate Protein Drink Powder Accessory Packet A Spoon Flameless Ration Heater Bag, Hot Beverage Paperboard Sleeve Paperboard Insert Card (as applicable)</p>	<p><u>Menu #24</u> Southwest Style Beef and Black Beans with Sauce Apple Pieces in Spiced Sauce Cake, Pound, <i>Trans</i> Fat Free <u>1/</u> Meat Snacks <u>1/</u> Cheese Spread, Cheddar, Plain Tortillas, Chipotle Drink Mix, Flavored Instant Cappuccino, Mocha Accessory Packet B Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card (as applicable)</p>

1/ Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

TABLE IV. Menu distribution

Item	Menu	Flavor
Beverage Powder, Carbohydrate, Fortified	1, 2, 3, 8, 16,18, 21	Lemon-lime, orange and tropical punch
Beverage Powder, Carbohydrate Electrolyte	5, 9, 10, 13, 17	Fruit punch, grape, lemon-lime and orange
Cakes, Pound, <i>Trans</i> Fat Free	9, 10, 21, 24	Vanilla, lemon poppy seed, spice, carrot, marble and applesauce
Candy I	7, 10	Chocolate flavored toffee roll, cherry licorice and peppermint mint candy rings
Candy II	5, 19	Pan coated candy: plain milk chocolate disks, plain peanut butter disks and milk chocolate with peanuts oval/round
Candy III	3, 12	Pan coated candy, disks, fruit flavored: original, berry and sweet and sour
Cookies	2, 8, 19, 23	Oatmeal, chocolate chip and oatmeal chocolate chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	16, 20	Filled French toast, cinnamon bun and apple turnover
First Strike Bars	5, 11, 14, 15	Chocolate, apple-cinnamon and cran-raspberry
Fruits, Infused, Dried	4, 7	Sliced cranberries and seedless whole raisins
Fruits, Wet Pack	3, 11, 12, 15, 22	Raspberry applesauce, carbohydrate enhanced applesauce, mango and peach applesauce, pears and mixed fruit
Jelly and Preserves (or Jams)	3, 4, 7, 9, 22	Apple, grape and blackberry, strawberry
Meat and Poultry Snacks, Cured	8, 10, 18, 24	Smoked beef strips and Teriyaki beef sticks
Nuts, Shelled, Roasted	11, 17, 20	Salted dry roasted peanuts, jalapeno cashews and smoked almonds
Snack Bread, Fortified	7, 12 18, 22	Wheat and white wheat
Snack Foods, Cheese Filled	1, 15	Cheese filled crackers (cheddar cheese and pepperoni pizza) and Filled pretzels (cheddar cheese)
Snack Foods, Other	16, 21	Toasted corn kernels (salted plain and barbecue) and Baked snack crackers (cheddar cheese and hot and spicy cheese)
Snack Foods, Pretzels	9, 14	Salted plain sticks and honey mustard and onion nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and swirled icing chocolate chip