

<b>MRE XLII (2022) Menu</b>		
<b>Case A</b>		
<b>Menu 1</b>	<b>Menu 2</b>	<b>Menu 3</b>
Chili w/Beans Cheddar Cheese Spread 24/ Veg Crackers /22 Cornbread Pepperoni Cheese Filled Crackers 14/ Carbohydrate Electrolyte Bev Powder, Grape 2/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Shredded in Barbecue Sauce Fruit Puree Squeeze, Apple, Strawberry, and Carrot 18/ Jalapeno Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Filled Bakery Item, Cinnamon Bun Chocolate Hazelnut Protein Drink Powder 19/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Chicken w/ Egg Noodles and Vegetables Applesauce, with Raspberry Puree 10/ Crackers 22/ Smooth Peanut Butter 21/ Apple Jelly 11/ Pan Coated Disks Fruit Flavored, Original 6/ Fortified Carbohydrate Bev Powder Tropical Punch 1/ Powdered Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A
<b>Menu 4</b>	<b>Menu 5</b>	<b>Menu 6</b>
Spaghetti w/Beef and Sauce Chocolate Chip Toaster Pastry Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Whole Raisins 9/ Chocolate Hazelnut Protein Drink Powder 19/ Bev Base, Non-Nutritive, Lemonade 17/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Chicken Chunks First Strike Bar, Apple-Cinnamon 8/ Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Toasted Corn Kernels, Barbecue 15/ Teriyaki Meat Snack Stick Carbohydrate Electrolyte Bev Powder Fruit Punch 2/ Barbecue Sauce Spoon Paperboard Sleeve Flameless Ration Heater Accessory Packet B	Beef Taco Filling Santa Fe Style Rice and Beans Cheddar Cheese Spread 24/ Tortillas, Whole Grain 16/ Nuts and Raisins w/ Pan Coated Choc Disks 25/ Orange Fortified Non-nutritive Bev Base 17/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Menu 7	Menu 8	Menu 9
Beef Strips in Tomato Sauce Chocolate Pudding with Protein Smooth Peanut Butter 21/ White Wheat Snack Bread 13/ Blackberry Preserves 11/ Peppermint Candy Rings 4/ Fruit and Vegetable Blend Juice Smoothie Powder, Tropical Blend Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Meatballs in Marinara Sauce Cherry Blueberry Cobbler Chocolate Chip Cookie 7/ Jalapeno Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Teriyaki Meat Snack Stick Beverage Powder, Carbohydrate Electrolyte Orange 2/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Beef Stew Vanilla Pound Cake 3/ Smooth Peanut Butter 21/ Multigrain Snack Bread 13/ Grape Jelly 11/ Pan Coated Disks, Fruit Flavored, Sour 6/ Fortified Carbohydrate Bev Powder Lemon-Lime 1/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A
Menu 10	Menu 11	Menu 12
Chili and Macaroni Lemon Poppy Seed Pound Cake 3/ Jalapeno Cheddar Cheese Spread 24/ Veg Crackers 22/ Teriyaki Meat Snack Stick Cherry Licorice 4/ Carbohydrate Electrolyte Bev Powder Orange 2/ Hot Sauce Bottle 20/ Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Cheese Pizza Slice Applesauce, Carbohydrate Enhanced 10/ Chocolate First Strike Bar 8/ Chunky/Crunchy Peanut Butter 21/ Crackers 22/ Jalapeno Cashews 12/ Bev Base, Non-Nutritive, Raspberry 17/ or Cran-Grape Crushed Red Pepper Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet A	Elbow Macaroni in Tomato Sauce Barbecue Protein Puffs Applesauce, with Mango and Peach Puree 10/ Smooth Peanut Butter 21/ Strawberry Preserves 11/ Whole Wheat Bread, Mini-Loaf 13/ Chocolate Protein Drink Powder 19/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Case B		
Menu 13	Menu 14	Menu 15
Cheese Tortellini in Tomato Sauce Salted Peanuts 12/ Chocolate Peanut Spread 21/ Crackers 22/ Recovery Trail Mix with Pretzels 25/ Carbohydrate Electrolyte Bev Powder Lemon-Lime 2/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C	Mexican Style Rice and Bean Bowl Cran-Raspberry First Strike Bar 8/ Smooth Peanut Butter 21/ Crackers 22/ Honey Mustard and Onion Pretzel Nuggets 15/ Chocolate Protein Drink Powder 19/ Powdered Hot Sauce Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet A	Mexican Style Chicken Stew Fruit Puree Squeeze, Banana and Pumpkin 18/ Cheddar Cheese Filled Pretzels 15/ Jalapeno Cheddar Cheese Spread 23/ Crackers 22/ Chocolate First Strike Bar 8/ Chocolate Hazelnut Protein Drink Powder 19/ Powdered Hot Sauce Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B
Menu 16	Menu 17	Menu 18
Chicken Burrrito Bowl Recovery Trail Mix with Pretzels 25/ Chocolate Chip Toaster Pastry Tortillas, Whole Grain 16/ Cheddar Cheese Spread 23/ Powdered Hot Sauce Carbohydrate Electrolyte Bev Powder Lemon-Lime 2/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet B	Pork Sausage Patty Hashbrown Potatoes Granola with Milk and Blueberries Maple Muffin Top Smoked Almonds 12/ Carbohydrate Electrolyte Bev Powder Grape 2/ Syrup Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Ravioli in Meat Sauce Recovery Bar, Salted Caramel Marshmallow Crisp Cheddar Cheese Spread 23/ Italian Bread Sticks 13/ Pan Coated Disks, Plain Milk Chocolate 5/ Carbohydrate Electrolyte Bev Powder Fruit Punch 1/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet B

Menu 19	Menu 20	Menu 21
<p>Jalapeno Pepper Jack Beef Patty  Potatoes Au Gratin  Oatmeal Cookie, Chocolate Chunk 7/  Bacon Cheddar Cheese Spread 23/  Tortillas, Plain 16/  Pan Coated Oval/Round, Milk Chocolate  with Peanuts) 5/  Orange Fortified Non-nut Swt Bev Base17/  Barbecue Sauce  Mayonnaise  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet A</p>	<p>Italian Sausage  Recovery Trail Mix with Beef Jerky 25/  Infused and Dried Sliced Cranberries 9/  Cheddar Cheese Spread 23/  Crackers 22/  Salted Peanuts 12/  Orange Fortified Non-nut Swt Bev Base 17/  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Accessory Packet A</p>	<p>Lemon Pepper Tuna  Marble Pound Cake 3/  Cheddar Cheese Spread 23/  Tortillas, Plain 16/  Baked Snack Crackers, Cheddar 15/  Fortified Carbohydrate Bev Powder  Lemon-Lime 1/  Pan Coated Disks, Plain Peanut Butter 5/  Mayonnaise  Spoon  Flameless Ration Heater  Paperboard Sleeve  Accessory Packet B</p>
Menu 22	Menu 23	Menu 24
<p>Beef Goulash  Applesauce, Carbohydrate Enhanced 10/  Chunky/Crunchy Peanut Butter 21/  Strawberry Preserves 11/  Whole Wheat Bread, Mini-Loaf 13/  Patriotic Cookies 15/  Fortified Carbohydrate Bev Powder  Orange 1/  Spoon  Flameless Ration Heater  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet B</p>	<p>Pepperoni Pizza Slice  Apple Pieces in Spiced Sauce 18/  Jalapeno Cheddar Cheese Spread 23/  Veg Crackers 22/  Oatmeal Cookie 7/  Chocolate Protein Drink Powder 19/  Bev Base, Non-Nutritive, Lemonade 17/  Spoon  Flameless Ration Heater  Hot Beverage Bag  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet A</p>	<p>Southwest Beef and Black Beans  Cobbler, Cherry Blueberry  Applesauce Pound Cake 3/  Teriyaki Meat Snack Stick  Cheddar Cheese Spread 23/  Tortillas, Chipotle 16/  Bev Base, Non-Nutritive, Raspberry or  Cranberry-Grape 17/  Spoon  Flameless Ration Heater  Paperboard Sleeve  Paperboard Insert Card*  Accessory Packet A</p>

\* Paperboard Insert Cards are to be included when the pouch for a fruit (cobbler & wet pack fruit) or starch (potato, bean or rice) component of the ration that do not contain all of the required labeling.

**Note:** The ration assemblers may request a substitution for items that they are having difficulty obtaining or producing. Where a component is found to vary from what is listed under the menu, notation in the inspection report is adequate and there is no need to contact the procurement agency.

**Can also be one of the listed flavors/types:**

- 1/ Lemon-Lime, Orange & Tropical Punch
- 2/ Fruit Punch, Grape, Lemon-Lime & Orange
- 3/ Vanilla, Lemon Poppy Seed, Marble & Applesauce
- 4/ Cherry Licorice, Peppermint Candy Rings & Pan Coated Disks
- 5/ Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Pan Coated Disks (Original or Sweet and Sour) or Licorice Style Candy, Bite Size, Cherry
- 6/ Original & Sweet and Sour or Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Licorice Style Candy, Bite Size, Cherry
- 7/ Oatmeal, Oatmeal Chocolate Chip & Oatmeal Chocolate Chunk
- 8/ Chocolate, Apple-Cinnamon & Cran Raspberry
- 9/ Sliced Cranberries & Whole Raisins
- 10/ Raspberry Applesauce, Carbohydrate Enhanced Applesauce & Mango and Peach Applesauce
- 11/ Apple and Grape Jelly & Blackberry and Strawberry Preserves
- 12/ Salted Dry Roasted Peanuts, Jalapeno Cashews & Smoked Almonds
- 13/ Wheat, Multigrain, White Wheat, Mini Loaf & Italian Bread Sticks
- 14/ Pepperoni Pizza Cheese Filled Crackers & Cheddar Cheese Filled Pretzels
- 15/ Barbecue Toasted Corn Kernels, Cheddar Cheese Baked Snack Crackers, Honey Mustard Pretzel Nuggets & Patriotic Cookie
- 16/ Plain, Whole Wheat & Chipotle
- 17/ Lemonade, Raspberry or Cranberry-Grape
- 19/ Protein Drink Powder (Chocolate Hazelnut & Chocolate)
- 20/ Powdered Hot Sauce
- 21/ Peanut Butter (Chunky, Smooth & Chocolate Spread)
- 22/ Plain & Vegetable
- 23/ Cheese Spread (Plain, Jalapeno & w/Bacon Bits)
- 24/ Cheese Spread (Plain & Jalapeno)
- 25/ Nuts and Raisins w/ Pan Coated Choc Disks or Recovery Trail Mix (w/ Pretzels & W/Beef Jerky)

**Accessory Packet A**

Chewing Gum  
Hand & Body Wipe  
Salt  
Toilet Tissue  
Coffee  
Creamer  
Sugar Substitute  
Sugar

**Accessory Packet B**

Chewing Gum  
Hand & Body Wipe  
Salt  
Toilet Tissue  
Safety Matches

**Accessory Packet C**

Chewing Gum  
Hand & Body Wipe  
Salt  
Toilet Tissue  
Coffee  
Creamer

