

MRE XLIII (2023) Menus		
Case A		
Menu 1	Menu 2	Menu 3
Chili w/Beans Cheddar Cheese Spread 24/ Veg Crackers /22 Cornbread Pepperoni Cheese Filled Crackers 14/ Carbohydrate Electrolyte Bev Powder, Grape 2/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Shredded in Barbecue Sauce Fruit Puree Squeeze, Apple, Strawberry, and Carrot 18/ Jalapeno Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Filled Bakery Item, Cinnamon Bun Chocolate Hazelnut Protein Drink Powder 19/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Chicken w/ Egg Noodles and Vegetables Applesauce, with Raspberry Puree 10/ Crackers 22/ Smooth Peanut Butter 21/ Apple Jelly 11/ Pan Coated Disks Fruit Flavored, Original 6/ Fortified Carbohydrate Bev Powder Tropical Punch 1/ Powdered Hot Sauce 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A
Menu 4	Menu 5	Menu 6
Spaghetti w/Beef and Sauce Chocolate Chip Toaster Pastry Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Infused and Dried Sliced Cranberries Chocolate Hazelnut Protein Drink Powder 19/ Bev Base, Non-Nutritive Sweet 17/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Chicken Chunks First Strike Bar, Apple-Cinnamon 8/ Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Toasted Corn Kernels, Barbecue 15/ Teriyaki Meat Snack Stick Carbohydrate Electrolyte Bev Powder Fruit Punch 2/ Barbecue Sauce Spoon Paperboard Sleeve Flameless Ration Heater Accessory Packet B	Beef Taco Filling Santa Fe Style Rice and Beans Cheddar Cheese Spread 24/ Tortillas, Whole Grain 16/ Nuts and Raisins w/ Pan Coated Choc Disks 9/ Orange Fortified Non-nutritive Bev Base 17/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Menu 7	Menu 8	Menu 9
Beef Strips in Tomato Sauce Chocolate Pudding with Protein Smooth Peanut Butter 21/ White Wheat Snack Bread 13/ Blackberry Preserves 11/ Peppermint Candy Rings 4/ Fruit and Vegetable Blend Juice Smoothie Powder, Tropical Blend Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Meatballs in Marinara Sauce Cherry Blueberry Cobbler Chocolate Chip Cookie 7/ Jalapeno Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Teriyaki Meat Snack Stick Beverage Powder, Carbohydrate Electrolyte Orange 2/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Beef Stew Vanilla Pound Cake 3/ Smooth Peanut Butter 21/ Multigrain Snack Bread 13/ Grape Jelly 11/ Pan Coated Disks, Fruit Flavored, Sweet & Sour 6/ Fortified Carbohydrate Bev Powder Lemon-Lime 1/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A
Menu 10	Menu 11	Menu 12
Chili and Macaroni Lemon Poppy Seed Pound Cake 3/ Jalapeno Cheddar Cheese Spread 24/ Veg Crackers 22/ Teriyaki Meat Snack Stick Cherry Licorice 4/ Carbohydrate Electrolyte Bev Powder Orange 2/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Cheese Pizza Slice Applesauce, Carbohydrate Enhanced 10/ Chocolate First Strike Bar 8/ Chunky/Crunchy Peanut Butter 21/ Crackers 22/ Jalapeno Cashews 12/ Bev Base, Non-Nutritive Sweet 17/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A	Elbow Macaroni in Tomato Sauce Recovery Bar, Salted Caramel Marshmallow Crisp Applesauce, with Mango and Peach Puree 10/ Smooth Peanut Butter 21/ Strawberry Preserves 11/ Whole Wheat Bread, Mini-Loaf 13/ Chocolate Protein Drink Powder 19/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Case B		
Menu 13	Menu 14	Menu 15
Cheese Tortellini in Tomato Sauce Salted Peanuts 12/ Chocolate Peanut Spread 21/ Crackers 22/ Recovery Trail Mix with Pretzels 9/ Carbohydrate Electrolyte Bev Powder Lemon-Lime 2/ Crushed Red Pepper 20/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Mexican Style Rice and Bean Bowl Cran-Raspberry First Strike Bar 8/ Smooth Peanut Butter 21/ Crackers 22/ Honey Mustard and Onion Pretzel Nuggets 15/ Chocolate Protein Drink Powder 19/ Powdered Hot Sauce 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Mexican Style Chicken Stew Fruit Puree Squeeze, Banana and Pumpkin 18/ Cheddar Cheese Filled Pretzels 15/ Jalapeno Cheddar Cheese Spread 23/ Crackers 22/ Chocolate First Strike Bar 8/ Chocolate Hazelnut Protein Drink Powder 19/ Powdered Hot Sauce 20/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B
Menu 16	Menu 17	Menu 18
Chicken Burrrito Bowl Recovery Trail Mix with Pretzels 9/ Chocolate Chip Toaster Pastry Tortillas, Whole Grain 16/ Cheddar Cheese Spread 23/ Powdered Hot Sauce 20/ Carbohydrate Electrolyte Bev Powder Lemon-Lime 2/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Pork Sausage Patty Hash Brown Potatoes w/ Bacon, Peppers and Onion Granola with Milk and Blueberries Maple Muffin Top Smoked Almonds 12/ Carbohydrate Electrolyte Bev Powder Grape 2/ Syrup Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Ravioli in Meat Sauce Recovery Bar, Salted Caramel Marshmallow Crisp Cheddar Cheese Spread 23/ Italian Bread Sticks 13/ Pan Coated Disks, Plain Milk Chocolate 5/ Carbohydrate Electrolyte Bev Powder Fruit Punch 2/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet B

Menu 19	Menu 20	Menu 21
Jalapeno Pepper Jack Beef Patty Potatoes Au Gratin Oatmeal Cookie, Chocolate Chunk 7/ Bacon Cheddar Cheese Spread 23/ Tortillas, Plain 16/ Pan Coated Oval/Round, Milk Chocolate with Peanuts) 5/ Orange Fortified Non-nut Swt Bev Base17/ Barbecue Sauce Mayonnaise Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A	Italian Sausage Recovery Trail Mix with Beef Jerky 9/ Infused and Dried Sliced Cranberries 9/ Cheddar Cheese Spread 23/ Crackers 22/ Salted Peanuts 12/ Orange Fortified Non-nut Swt Bev Base 17/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Lemon Pepper Tuna Marble Pound Cake 3/ Cheddar Cheese Spread 23/ Tortillas, Plain 16/ Baked Snack Crackers, Cheddar 15/ Fortified Carbohydrate Bev Powder Lemon-Lime 1/ Pan Coated Disks, Plain Peanut Butter 5/ Mayonnaise Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B
Menu 22	Menu 23	Menu 24
Beef Goulash Applesauce, Carbohydrate Enhanced 10/ Chunky/Crunchy Peanut Butter 21/ Strawberry Preserves 11/ Whole Wheat Bread, Mini-Loaf 13/ Patriotic Cookies 15/ Fortified Carbohydrate Bev Powder Orange 1/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Pepperoni Pizza Slice Apple Pieces in Spiced Sauce 18/ Jalapeno Cheddar Cheese Spread 23/ Veg Crackers 22/ Oatmeal Cookie 7/ Chocolate Protein Drink Powder 19/ Bev Base, Non-Nutritive Sweet 17/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A	Southwest Beef and Black Beans Cobbler, Cherry Blueberry Applesauce Pound Cake 3/ Teriyaki Meat Snack Stick Cheddar Cheese Spread 23/ Tortillas, Chipotle 16/ Bev Base, Non-Nutritive Sweet 17/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

* Paperboard Insert Cards are to be included when the pouch for a fruit (cobbler & wet pack fruit) or starch (potato, bean or rice) component of the ration that do not contain all of the required labeling.

Note: The ration assemblers may request a substitution for items that they are having difficulty obtaining or producing. Where a component is found to vary from what is listed under the menu, notation in the inspection report is adequate and there is no need to contact the procurement agency.

Can also be one of the listed flavors/types:

- 1/ Lemon-Lime, Orange & Tropical Punch
- 2/ Fruit Punch, Grape, Lemon-Lime & Orange
- 3/ Vanilla, Lemon Poppy Seed, Marble & Applesauce
- 4/ Cherry Licorice, Peppermint Candy Rings & Pan Coated Disks
- 5/ Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Pan Coated Disks (Original or Sweet and Sour) or Licorice Style Candy, Bite Size, Cherry
- 6/ Original & Sweet and Sour or Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Licorice Style Candy, Bite Size, Cherry
- 7/ Oatmeal, Oatmeal Chocolate Chip & Oatmeal Chocolate Chunk
- 8/ Chocolate, Apple-Cinnamon & Cran Raspberry
- 9/ Nuts & Raisins w/ Pan Coated Chocolate Disks or Recovery Trail Mix (w/ Pretzels & w/ Beef Jerky)
- 10/ Raspberry Applesauce, Carbohydrate Enhanced Applesauce & Mango and Peach Applesauce
- 11/ Apple and Grape Jelly & Blackberry and Strawberry Preserves
- 12/ Salted Dry Roasted Peanuts, Jalapeno Cashews & Smoked Almonds
- 13/ Wheat, Multigrain, White Wheat, Mini Loaf & Italian Bread Sticks
- 14/ Pepperoni Pizza Cheese Filled Crackers & Cheddar Cheese Filled Pretzels
- 15/ Barbecue Toasted Corn Kernels, Cheddar Cheese Baked Snack Crackers, Honey Mustard Pretzel Nuggets & Patriotic Cookie
- 16/ Plain, Whole Wheat & Chipotle
- 17/ Lemonade, Raspberry or Cranberry-Grape
- 19/ Protein Drink Powder (Chocolate Hazelnut & Chocolate)
- 20/ Hot Sauce Bottle
- 21/ Peanut Butter (Chunky, Smooth & Chocolate Spread)
- 22/ Plain & Vegetable
- 23/ Cheese Spread (Plain, Jalapeno & w/Bacon Bits)
- 24/ Cheese Spread (Plain & Jalapeno)

Accessory Packet A

Chewing Gum
Hand & Body Wipe
Salt
Toilet Tissue
Coffee
Creamer
Sugar Substitute
Sugar

Accessory Packet B

Chewing Gum
Hand & Body Wipe
Salt
Toilet Tissue
Safety Matches

