

## MRE XLIII (Pork-Free) (2023) Menus

Case A		
Menu 1	Menu 2	Menu 3
Chili w/Beans Cheddar Cheese Spread 24/ Veg Crackers /22 Cornbread Pepperoni Cheese Filled Crackers 14/ Carbohydrate Electrolyte Bev Powder, Grape 2/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Shredded in Barbecue Sauce Fruit Puree Squeeze, Apple, Strawberry, and Carrot 18/ Jalapeno Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Filled Bakery Item, Cinnamon Bun Chocolate Hazelnut Protein Drink Powder 19/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Chicken w/ Egg Noodles and Vegetables Applesauce, with Raspberry Puree 10/ Crackers 22/ Smooth Peanut Butter 21/ Apple Jelly 11/ Pan Coated Disks Fruit Flavored, Original 6/ Fortified Carbohydrate Bev Powder Tropical Punch 1/ Powdered Hot Sauce 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A
Menu 4	Menu 5	Menu 6
Spaghetti w/Beef and Sauce Chocolate Chip Toaster Pastry Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Infused and Dried Sliced Cranberries Chocolate Hazelnut Protein Drink Powder 19/ Bev Base, Non-Nutritive Sweet 17/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Chicken Chunks First Strike Bar, Apple-Cinnamon 8/ Cheddar Cheese Spread 24/ Tortillas, Plain 16/ Toasted Corn Kernels, Barbecue 15/ Teriyaki Meat Snack Stick Carbohydrate Electrolyte Bev Powder Fruit Punch 2/ Barbecue Sauce Spoon Paperboard Sleeve Flameless Ration Heater Accessory Packet B	Beef Taco Filling Santa Fe Style Rice and Beans Cheddar Cheese Spread 24/ Tortillas, Whole Grain 16/ Nuts and Raisins w/ Pan Coated Choc Disks 9/ Orange Fortified Non-nutritive Bev Base 17/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Menu 7	Menu 8	Menu 9
Beef Strips in Tomato Sauce Chocolate Pudding with Protein Smooth Peanut Butter 21/ White Wheat Snack Bread 13/ Blackberry Preserves 11/ Peppermint Candy Rings 4/ Fruit and Vegetable Blend Juice Smoothie Powder, Tropical Blend Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Meatballs in Marinara Sauce Cherry Blueberry Cobbler Chocolate Chip Cookie 7/ Jalapeno Cheddar Cheese Spread 24/ Italian Bread Sticks 13/ Teriyaki Meat Snack Stick Beverage Powder, Carbohydrate Electrolyte Orange 2/ Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Beef Stew Vanilla Pound Cake 3/ Smooth Peanut Butter 21/ Multigrain Snack Bread 13/ Grape Jelly 11/ Pan Coated Disks, Fruit Flavored, Sweet & Sour 6/ Fortified Carbohydrate Bev Powder Lemon-Lime 1/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A
Menu 10	Menu 11	Menu 12
Chili and Macaroni Lemon Poppy Seed Pound Cake 3/ Jalapeno Cheddar Cheese Spread 24/ Veg Crackers 22/ Teriyaki Meat Snack Stick Cherry Licorice 4/ Carbohydrate Electrolyte Bev Powder Orange 2/ Hot Sauce Bottle 20/ Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Cheese Pizza Slice Applesauce, Carbohydrate Enhanced 10/ Chocolate First Strike Bar 8/ Chunky/Crunchy Peanut Butter 21/ Crackers 22/ Jalapeno Cashews 12/ Bev Base, Non-Nutritive Sweet 17/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A	Elbow Macaroni in Tomato Sauce Recovery Bar, Salted Caramel Marshmallow Crisp Applesauce, with Mango and Peach Puree 10/ Smooth Peanut Butter 21/ Strawberry Preserves 11/ Whole Wheat Bread, Mini-Loaf 13/ Chocolate Protein Drink Powder 19/ Crushed Red Pepper Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

**Note:** The ration assemblers may request a substitution for items that they are having difficulty obtaining or producing. Where a component is found to vary from what is listed under the menu, notation in the inspection report is adequate and there is no need to contact the procurement agency.

**Can also be one of the listed flavors/types:**

- 1/ Lemon-Lime, Orange & Tropical Punch
- 2/ Fruit Punch, Grape, Lemon-Lime & Orange
- 3/ Vanilla, Lemon Poppy Seed, Marble & Applesauce
- 4/ Cherry Licorice, Peppermint Candy Rings & Pan Coated Disks
- 5/ Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Pan Coated Disks (Original or Sweet and Sour) or Licorice Style Candy, Bite Size, Cherry
- 6/ Original & Sweet and Sour or Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts or Licorice Style Candy, Bite Size, Cherry
- 7/ Oatmeal, Oatmeal Chocolate Chip & Oatmeal Chocolate Chunk
- 8/ Chocolate, Apple-Cinnamon & Cran Raspberry
- 9/ Nuts & Raisins w/ Pan Coated Chocolate Disks or Recovery Trail Mix (w/ Pretzels & w/ Beef Jerky)
- 10/ Raspberry Applesauce, Carbohydrate Enhanced Applesauce & Mango and Peach Applesauce
- 11/ Apple and Grape Jelly & Blackberry and Strawberry Preserves
- 12/ Salted Dry Roasted Peanuts, Jalapeno Cashews & Smoked Almonds
- 13/ Wheat, Multigrain, White Wheat, Mini Loaf & Italian Bread Sticks
- 14/ Pepperoni Pizza Cheese Filled Crackers & Cheddar Cheese Filled Pretzels
- 15/ Barbecue Toasted Corn Kernels, Cheddar Cheese Baked Snack Crackers, Honey Mustard Pretzel Nuggets & Patriotic Cookie
- 16/ Plain, Whole Wheat & Chipotle
- 17/ Lemonade, Raspberry or Cranberry-Grape
- 19/ Protein Drink Powder (Chocolate Hazelnut & Chocolate)
- 20/ Hot Sauce Bottle
- 21/ Peanut Butter (Chunky, Smooth & Chocolate Spread)
- 22/ Plain & Vegetable
- 23/ Cheese Spread (Plain, Jalapeno & w/Bacon Bits)
- 24/ Cheese Spread (Plain & Jalapeno)

**Accessory Packet A**

Chewing Gum

Hand & Body Wipe

Salt

Toilet Tissue

Coffee

Creamer

Sugar Substitute

Sugar

**Accessory Packet B**

Chewing Gum

Hand & Body Wipe

Salt

Toilet Tissue

Safety Matches

