### **SECTION C**

The First Strike Ration<sup>®</sup> (FSR) provides an assault ration for the individual during short duration, high intensity missions.

### **C-1 ITEM DESCRIPTION**

## ACR-F-09, FIRST STRIKE RATION<sup>®</sup> (FSR), ASSEMBLY REQUIREMENTS

### **C-2 ASSEMBLY REQUIREMENTS**

A. <u>Components</u>. The components are specified in table I.

TABLE I. Components		
Component	Reference	
Entrées		
Chicken Breast Fillets, Seasoned	<u>A-A-20361A</u>	
Garlic and Herb Seasonings	Type I	
Barbecue Sauce	Type II	
Chicken Chunks, White, Cooked, Canned or in	<u>A-A-20352B, Type VI</u>	
Flexible Pouches, 7 oz. Pouch		
Filled Bakery Item	<u>MIL-DTL-32221B</u>	
Filled French Toast	Type I	
Cinnamon Bun	Type II	
Apple Turnover	Type III	
Blueberry Turnover	Type IV	
Filled Wrap	<u>MIL-DTL-32347</u>	
Barbecued Seasoned Pork	Type I	
Mexican Style Beef	Type II	
Sandwich, Breakfast, Shelf Stable, Bacon Cheddar	<u>MIL-DTL-32223</u>	
Sandwich, Shelf Stable	<u>MIL-DTL-32141</u>	
Nacho Flavored Beef	Type I	
Pepperoni	Type II	
Honey Barbecue Chicken	Type III	
Honey Barbecue Beef	Type IV	
Italian Style	Type V	

TABLE I. Com	ponents -	Continued

Component	Reference
Tuna, Flexible Pouch, Chunk	A-A-20155D, Type B,
Light, Water,	Form I, Color a, Packing Media 1,
Lemon Pepper, Regular (no more than 1.5 percent salt)	Flavor 1, Salt/Sodium Level (a)
Chunk, Light, Water	Form I, Color a, Packing Media 1,
Sweet and Spicy, Regular (no more than 1.5 percent salt)	Flavor 3, Salt/Sodium Level (a)
Solid, White (Albacore), Water, Unflavored,	Form II, Color b, Packing Media 1,
Regular Salt,	Unflavored, Salt/Sodium Level (a),
3 ounce	Option 1
Starches and Soups	
Bagel, Plain	<u>MIL-DTL-32219</u> , Type I
Crackers, Fortified, Plain	<u>PCR-C-037A</u> , Type I
Snack Bread, Fortified	<u>PCR-S-009D</u>
Italian Bread Sticks, Single Pack	Type IV, Style A
Multigrain Snack Bread, Single Pack	Type V, Style A
Spread Soup Mix	PCR-S-023
Cheddar Potato with Artificial Bacon Bits	Type II
Tortillas	PCR-T-008A
Plain	Flavor 1
Chipotle	Flavor 2
Fruits	
Fruits, Infused, Dried	A-A-20299C
No Sulfiting Agents	Class (1)
Sweetened with Nutritive Sweeteners	Sweetening option a,
Cranberries, Sliced, Unflavored,	Type VII, Style B, Flavor 1,
Whole Raisins, Seedless	Type IX, Variety A
Fruits, Wet Pack	<u>PCR-F-002C</u>
Applesauce, Carbohydrate Enhanced, Sweetened,	Type VII
Regular Style, Style 2 or 3 Spout Pouch	
Applesauce, Carbohydrate Enhanced, Sweetened,	Type IX
Regular Style, Cinnamon, Style 2 or 3 Spout Pouch	
Desserts and Snacks	
Caffeinated Chocolate Pudding	<u>PCR-C-081</u>
<i>Trans</i> Fat Free, Style 2 or 3 Spout Pouch	

TABLE I. Components	- Continued
Component	Reference
Cakes, Brownies, Muffin Tops and Filled Cakes	<u>PCR-C-007F</u>
Pound Cake, Lemon Poppy Seed, Trans Fat Free	Type I, Flavor 6, Style 2
Candy and Chocolate Confections	<u>A-A-20177E</u>
Caffeinated Mints, Round Tablets, Sugar Free	Type XII, Style B
Peppermint	Flavor 1
Cheese Spread, Cheddar, Fortified	<u>PCR-C-039A</u>
Plain	Type I
With Jalapeno Peppers	Type II
Dessert Bar	<u>PCR-D-004</u>
Mocha	Flavor I
Peanut Butter	Flavor II
Chocolate Banana Nut	Flavor III
Energy Gel, Mixed Berry	<u>PCR-E-018</u> , Flavor I
First Strike Bar, Mini	PCR-F-001, Style B
Chocolate	Flavor I
Apple-Cinnamon	Flavor II
Cran-Raspberry	Flavor III
Mocha	Flavor V
Meat and Poultry Snacks, Cured	<u>A-A-20298C</u>
Beef, Moist Cured/Kippered, Chopped and Formed,	Variety A, Type II, Style a,
Strips	Class 1, Package J
Teriyaki	Flavor (b)
Barbeque	Flavor (c)
Beef, Fermented, Chopped and Formed,	Variety A, Type IV, Style a,
Sticks	Class 2
Teriyaki	Flavor (b)
Turkey, Moist Cured/Lactate, Natural Style, Nuggets	Variety B, Type III, Style b, Class 4,
Smoked	Flavor (a), Package J
Nut and Fruit Mix	<u>PCR-N-003A</u>
Nut and Raisins with Pan Coated Chocolate Disks	Type II
Nuts, Shelled, Roasted	<u>A-A-20164D</u>
Almonds (Unblanched), Flavored (Smoked)	Type IX, Style C
Nut Butters and Nut Spreads	<u>A-A-20328B</u>
Regular, Stabilized,	Class A, Type a,
Fortified, Salted	Fortification 2, Seasoning (a),
Conventional	Agricultural Practices (1)
Peanut Butter, Smooth	Style I, Texture 1
2	

TABLE I. Components - Continued

TABLE I. Components - Continued

TABLE I. Components	- Continued
Component	Reference
Snack Foods	<u>A-A-20195D</u>
Pretzels, Sticks, Plain, Salted	Type II, Style C, Flavor 1
Filled Pretzels, Cheddar Cheese	Type II, Style F, Flavor 1
Baked Snack Crackers, Hot and Spicy Cheese	Type V, Flavor 2
Toasted Corn Kernels, Plain, Salted and Barbecue	Type VI, Flavors 1 and 2
Cheese Filled Crackers, Cheddar Cheese	Type VII, Flavor 1
Trail Mix, Recovery	<u>PCR-T-014</u>
Toaster Pastries, Regular, Not Fortified,	<u>A-A-20211C</u> , Type I, Fortification b,
Enriched Wheat Flour, Conventional	Grain Comp. (1), Agric. Practice i
Single Serving Packet, Frosted (icing)	Servings (a), Style B
Brown Sugar Cinnamon, Evenly Distributed Frosting	Flavor 3, Icing Option (b)
Chocolate Chip, Swirled and/or Drizzled Icing	Flavor 12, Icing Option (c)
Beverages	
Beverage Powder, Carbohydrate,	<u>PCR-B-055</u>
Flat Interlocking Closure Pouch	Design B
Fortified with Ascorbic Acid and Enhanced with	Formulation b
Maltodextrin	
Fruit Punch	Flavor 1
Grape	Flavor 2
Lemon-Lime	Flavor 3
Orange	Flavor 4
Tropical Punch	Flavor 5
Lemonade	Flavor 6
Chocolate Protein Drink Powder	<u>PCR-C-082A</u>
Dairyshake Powder, Fortified with Calcium and Vit. D	<u>PCR-D-002B</u>
Trans Fat Free, Flat Interlocking Closure Pouch	Type II, Design B
Vanilla	Flavor I
Strawberry Banana	Flavor IV
Other Items	
Barbecue Sauce, Plain/Regular, Without Fruit Purees	<u>A-A-20335B</u> , Flavor I, Type B
Chewing Gum <u>3</u> /	<u>A-A-20175E</u>
Tablet, Large, or Disk, Regular,	Type I, Size C, or Type VII, Size B,
with Caffeine, Regular,	Style (2), Class 1, Package J
Peppermint	Flavor a
Cinnamon	Flavor c

TABLE I. Components - Continued	onents - Continued
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Component	Reference
Hot Sauce $\underline{2}/$	<u>A-A-20097F</u>
Extra Hot 4x, 1/8 fl. oz. pouch	Type II
Buffalo Style	Type IX
Mayonnaise, Salad Dressing and Tartar Sauce	<u>A-A-20140D</u>
Mayonnaise, Fat Free	Type I, Style C
Fork, Knife and Spoon, Picnic (Plastic)	<u>A-A-3109B</u>
High Impact, Spoon, MRE, 7-inch (Brown)	Type IV, Item 13
Re-closeable Interlocking Plastic Bag $1/$	

1/ The plastic bag shall be 0.003" thick, beige, opaque, LDPE, minimum 10 inches wide by 12 inches long, with double track zippers.

2/Hot sauce may be packaged in the subassembly/accessory packet or loose in the meal bag.

 $\underline{3}$ / Either Type I (Tablet, Large) or Type VII (Disk, Regular) may be procured for distribution in the Menus listed in TABLE III.

B. Accessory components. Accessory components are specified in table II.

Component	Reference	Acc. Pack
Chewing Gum,	<u>A-A-20175E</u>	A, B, C
Tablet, Regular,	Type I, Size B,	
Without Caffeine, Xylitol Sweetened,	Style (1), Class 3,	
Peppermint or Cinnamon <u>1</u> /	Flavor a or c	
Hand and Body Wipes, Pre-Moistened,	<u>A-A-461C</u> ,	A, B, C
Hand Wipe, Non-antibacterial,	Type I, Style 2,	
Individually Wrapped, Single Pack	Packaging a, (3 hand wipes per	
	accessory pack)	
Matches, Safety	<u>A-A-59489B</u> ,	A, B, C
Paper, 20 Splint Book	Type I, Class B	
Salt, Table, Iodized, 4 grams	NaCl Monograph	A, B, C
Toilet Tissue, Institutional, Folded,	<u>A-A-59594A</u> , Style II, Type A,	A, B, C
One Ply, Perforated, 4-1/2 by 4-1/2	Class 1, Sheet size b	
inches		
Coffee, Soluble	<u>A-A-20184C</u>	А
Spray Dried, Agglomerated	Type II	
or Freeze Dried, Regular	or Type III, Style A	
Creamer, Non-Dairy, Dry,	<u>A-A-20043D</u> ,	А
Regular, Plain/Unflavored	Style I, Flavor A	
Sugar, White (Refined), Granulated	A-A-20135D, Type I, Style A	А
(fine or extra fine), 1/7 ounce		
Beverage Bases (Powdered) $\underline{1}/$	<u>A-A-20098F</u>	В
Sweetened with Non-Nutritive	Type III	
Sweetener, Lap or Fin Seal Pouch	Design D	
Lemonade, Not fortified	Flavor 8, Formulation a	
Raspberry, Not fortified	Flavor 13, Formulation a	
Cranberry Grape, Not fortified	Flavor 22, Formulation a	

TABLE II. Accessory Co	omponents b
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 $\underline{1}$ / Flavors shall be procured in equal quantities and assembled in a uniform distribution

C. <u>Contents</u>. The contents of each meal are specified in table III. Refer to table I for full citation and document number of components.

Menu #1	Menu #2	<u>Menu #3</u>
Filled French Toast	Toaster Pastry $\underline{1}/$	Cake, Lemon Poppy Pound
Sandwich, Breakfast Bac. Ch.	Sandwich, Italian Style	Sandwich, Honey BBQ Beef
Sandwich, Pepperoni	Chicken Chunks	Chicken Chunks
Cheese Spread, Jalapeno	Tortillas, Chipotle	Tortillas, Plain
Italian Bread Sticks	Peanut Butter	Cheese Spread, Plain
Dessert Bar, Peanut Butter	Crackers, Plain	Crackers, Plain
First Strike Bar, Chocolate	Dessert Bar, Mocha	Dessert Bar,
Beef Strips, Barbeque	First Strike Bar, Apple-	Chocolate Banana Nut
Beef Strips, Teriyaki	Cinnamon	First Strike Bar, Mocha
Snack, Pretzels, Sticks	Beef Strips, Teriyaki	First Strike Bar, Cran-
Fruit, Zapplesauce <sup>®</sup> ,	Beef Strips, Barbeque	Raspberry
Cinnamon	Fruit, Zapplesauce <sup>®</sup>	Snack, Corn Kernels, Plain
Trail Mix, Recovery	Fruit, Dried, Cranberries	Fruit, Zapplesauce <sup>®</sup>
Chocolate Protein Drink	Nuts, Almonds, Smoked	Trail Mix, Recovery
Beverage (1) <u>1</u> /	Beverages (2) <u>1</u> /	Beverages (2) $\underline{1}/$
Gum, Caffeine, Cinnamon	Gum, Caffeine, Peppermint	Candy, Caffeinated Mints
Re-closeable Plastic Bag	Barbecue Sauce	Hot Sauce, Buffalo Style <u>2</u> /
Spoon	Re-closeable Plastic Bag	Re-closeable Plastic Bag
Accessory Packet B	Spoon	Spoon
	Accessory Packet B	Accessory Packet A

### TABLE III. Contents

TABLE III. Contents - Continued

<u>Menu #4</u>	<u>Menu #5</u>	<u>Menu #6</u>
Filled Cinnamon Bun	Filled French Toast	Filled Apple Turnover
Filled Wrap, Mexican Style	Toaster Pastry <u>1</u> /	Filled Wrap, BBQ Pork
Beef	Sandwich, Honey BBQ	Chicken, Garlic and Herb
Chicken, BBQ	Chicken	Cheese Spread, Plain
Snack Bread, Multigrain	Tuna, Lemon Pepper	Bagel, Plain
Cheese Spread, Jalapeno	Peanut Butter, Plain	Turkey Nuggets, Smoked
Turkey Nuggets, Smoked	Crackers, Plain	Snack, Filled Pretzel, Cheddar
Dessert Bar, Peanut Butter	Beef Stick, Teriyaki	Dessert Bar, Mocha
First Strike Bar, Mocha	Snack, Corn Kernels, Plain	First Strike Bar, Apple-
Energy Gel, Mixed Berry	First Strike Bar, Cran-	Cinnamon
Snack, Filled Pretzel, Cheddar	Raspberry	Caffeinated Chocolate Pudding
Fruit, Zapplesauce <sup>®</sup>	Energy Gel, Mixed Berry	Fruit, Dried, Cranberries
Fruit, Raisins	Nut Fruit Mix, Type II	Dairyshake Powder,
Beverages (2) $\underline{1}/$	Fruit, Zapplesauce <sup>®</sup> ,	Strawberry Banana
Gum, Caffeinated, Cinnamon	Cinnamon	Beverage (1) <u>1</u> /
Hot Sauce, Extra Hot <u>2</u> /	Chocolate Protein Drink	Gum, Caffeinated, Peppermint
Re-closeable Plastic Bag	Beverage (1) <u>1</u> /	Hot Sauce, Extra Hot <u>2</u> /
Spoon	Candy, Caffeinated Mints	Re-closeable Plastic Bag
Accessory Packet A	Mayonnaise, Fat Free	Spoon
	Re-closeable Plastic Bag	Accessory Packet C
	Spoon	
	Accessory Packet C	

TABLE III.	Contents -	Continued
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<u>Menu #7</u>	<u>Menu #8</u>	<u>Menu #9</u>
Filled Blueberry Turnover	Filled French Toast	Filled Cinnamon Bun
Sandwich, Beef Nacho	Sandwich, Honey BBQ	Sandwich, Italian
Tuna, Sweet and Spicy	Chicken	Chicken, Garlic and Herb
Tortillas, Plain	Tuna, Albacore	Tortillas, Plain
Spread, Cheddar Potato Bacon	Bagel, Plain	Spread, Cheddar Potato Bacon
Crackers, Plain	Cheese Filled Crackers,	Crackers, Plain
Baked Snack Crackers,	Cheddar Cheese	Corn Kernels, Barbecue
Hot and Spicy Cheese	Beef Strips, Barbeque	Beef Strips, Barbeque
Beef Stick, Teriyaki	Beef Strips, Teriyaki	Beef Strips, Teriyaki
First Strike Bar, Chocolate	Dessert Bar,	First Strike Bar, Cran-
First Strike Bar, Apple-	Chocolate Banana Nut	Raspberry
Cinnamon	First Strike Bar, Mocha	Caffeinated Chocolate Pudding
Nut Fruit Mix, Type II	Fruit, Zapplesauce <sup>®</sup> ,	Fruit, Dried, Raisins
Fruit, Zapplesauce <sup>®</sup>	Cinnamon	Dairyshake Powder, Vanilla
Beverages (2) $\underline{1}/$	Nut Fruit Mix, Type II	Beverage (1) <u>1</u> /
Gum, Caffeinated, Cinnamon	Dairyshake Powder, Vanilla	Candy, Caffeinated Mints
Mayonnaise, Fat Free	Beverage (1) <u>1</u> /	Hot Sauce, Extra Hot $\underline{2}/$
Re-closeable Plastic Bag	Gum, Caffeinated,	Re-closeable Plastic Bag
Spoon	Peppermint	Spoon
Accessory Packet A	Mayonnaise, Fat Free	Accessory Packet B
	Re-closeable Plastic Bag	
	Spoon	
	Accessory Packet A	

 $\underline{1}$ / Flavors shall be procured in equal quantities and assembled in a uniform distribution. When menu contains two beverages, they shall be different flavors.

2/Hot sauce may be packaged in the subassembly/accessory packet or loose in the meal bag.

#### SECTION D

#### **D-1 PACKAGING**

#### A. Components.

(1) Subassembly packet/accessory packet. The subassembly/accessory packet shall be a preformed pouch or a form-fill-seal pouch. Dimensions shall be sufficient to contain all components. Seals shall be a minimum 1/8 inch wide. A tear nick, notch or serrations shall be provided to facilitate opening of the filled and sealed pouch. The average seal strength of the pouch seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed pouch shall exhibit no rupture or seal separation greater than 1/16 inch or seal separation that reduces the effective closure seal width to less than 1/16 inch when tested for internal pressure resistance. The pouch shall be made from polymeric films or film combinations with adequate strength and thickness to contain and protect the components. The water vapor transmission rate (WVTR) of the film shall not exceed 6.2  $\text{gm/m}^2/24\text{hrs}/90\%\text{rh}/100\%\text{F}$  when tested in accordance with ASTM F1249, Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor; ASTM E96/E96M, Standard Test Methods for Water Vapor Transmission of Materials or Method 3030 of FED-STD-101, Test Procedures for Packaging Materials. The exterior color of the packet shall be clear or tan.

(2) <u>Time-temperature indicator (TTI) label</u>. The TTI label shall be a 3/4 inch square, bull's-eye type, pressure sensitive adhesive label. The TTI label shall have an activation energy (E<sub>a</sub>) of 24–30 kcal/mole, be protected from ultraviolet radiation and have a shelf life of 1100 days at 80°F as pivot point.

(3) <u>Meal assembly packet</u>. The meal assembly packet shall be of sufficient thickness and strength to contain the meal components without tearing or spillage of meal contents throughout assembly, packing and distribution.

#### B. <u>Assembly</u>.

(1) <u>Subassembly/accessory packet assembly</u>. One of each applicable component as described in table II shall be inserted in a pouch. If a subassembly is used, additional components may also be inserted in the pouch. For a preformed pouch, components shall be inserted in the pouch and the pouch shall be closed with a heat seal not less than 1/8 inch wide. For a form-fill-seal pouch, components shall be placed in the body and the cover

applied by heat sealing with a seal not less than 1/8 inch wide. The closure seal shall be free of foldover wrinkles or entrapped matter that reduces the effective seal width to less than 1/16 inch. The average seal strength of the pouch seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed packet shall exhibit no rupture or seal separation greater than 1/16 inch or seal separation that reduces the effective closure seal width to less than 1/16 inch when tested for internal pressure resistance.

(2) <u>Meal assembly</u>. Each applicable component for each meal as described in table III shall be inserted in a meal assembly packet. The packet shall be a single bag or pouch. The meal assembly packet shall be shrink wrapped or heat-sealed (as applicable). If closed by heat seal, the seal shall be not less than 1/8 inch wide. The sealed assembly packet shall not show any evidence of foreign odor. The size of the finished meal assembly packet shall allow for the packing of nine meals into the box.

#### **D-2 LABELING**

A. <u>Subassembly/accessory packet</u>. The subassembly/accessory packet shall be labeled on one face in permanent dark contrasting color ink with 'A', 'B', or 'C', as applicable. Alternatively, the packet letter may be embossed in the seal of the packet.

B. <u>Meal assembly packet</u>. Each packet shall be correctly and legibly labeled in accordance with the colors and design of the FIRST STRIKE RATION<sup>®</sup> label shown in figure 1. (NOTE: The registered label design of the U.S. Army Research, Development and Engineering Command, Natick Soldier Research, Development and Engineering Center is available electronically.) As an alternate labeling method, a pre-printed self-adhering 0.002 inch thick polyester label may be used.



FIGURE 1. First Strike Ration<sup>®</sup> Label.

The following information shall also be printed on the packet:

Contractor's name and address Appropriate menu number and contents

#### **D-3 PACKING**

A. <u>Packing</u>. Nine meals, one of each menu, shall be packed in a fiberboard box. The fiberboard box shall conform to RSC-L of ASTM D5118/D5118M, Standard Practice for Fabrication of Fiberboard Shipping Boxes, grade V2s of ASTM D4727/D4727M, Standard Specification for Corrugated and Solid Fiberboard Sheet Stock (Container Grade) and Cut Shapes, except the requirements for dry burst strength shall be minimum 425 psi, the requirement for wet burst strength shall be minimum 250 psi and the laminated board

thickness shall be 0.069 inches. [U.S. Army Research, Development and Engineering Command, Natick Soldier Research, Development and Engineering Center has found that solid fiberboard shipping container material consisting of two outer facings of 90 pound wet strength linerboard and an inner ply of 69 pound linerboard met the performance criteria of this specification.] The box liner shall be a full inside width box liner fabricated from grade W5c fiberboard in accordance with ASTM D5118/D5118M, except the terminal ends of the liner shall overlap a minimum of 2 inches and no fastening of the overlap is required. The box shall be closed in accordance with closure method 2A1 of ASTM D1974/D1974M, Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes; except the gap between the outer flaps shall be not more the 3/4 inch wide. Each box shall be reinforced with two girthwise nonmetallic straps. The inside dimensions of the box shall be 16-11/16 inches in length, 9-1/8 inches in width and 10-1/4 inches in depth.

#### **D-4 UNITIZATION**

A. <u>Unit loads</u>. Forty-eight boxes shall be arranged in unit loads in accordance with type I, class C of DLA Troop Support Form 3507, Loads, Unit: Preparation of Semiperishable Subsistence Items. At least two boxes in each tier shall be oriented to display the TTI label.

#### **D-5 MARKING**

A. <u>Shipping containers</u>. Shipping containers shall be marked in accordance with DLA Troop Support Form 3556, Marking Instructions for Boxes, Sacks, and Unit Loads of Perishable and Semiperishable Subsistence and as specified in the contract with the following exceptions:

(1) Identification markings normally placed on an end of the shipping container shall read from top to bottom, left to right, when the shipping container is rotated from its upright position onto its side for palletization. The major flaps of the shipping container closure immediately to the right of the marked end of the shipping container shall bear the following marking:

Contract data and other required markings Date of pack Lot number U.S. GOVERNMENT PROPERTY – COMMERCIAL RESALE IS UNLAWFUL

(2) Time Temperature Indicator label shall be centrally positioned on the panel. A minimum distance (quiet zone) of 1/4 inch from the nearest identification marking shall be maintained.

(3) One side panel of shipping container shall be marked "FIRST STRIKE RATION<sup>®</sup>" in letters not less than 1-1/4 inches high. Underneath the ration nomenclature, in letters not less than 1/2 inch, the shipping container shall be marked "DO NOT ROUGH HANDLE WHEN FROZEN (0°F or below)".

B. <u>Unit loads</u>. Unit loads shall be marked in accordance with DLA Troop Support Form 3556.

#### SECTION E INSPECTION AND ACCEPTANCE

The following quality assurance criteria, utilizing ANSI/ASQ Z1.4, Sampling Procedures and Tables for Inspection by Attributes, are required. Unless otherwise specified, single sampling plans indicated in ANSI/ASQ Z1.4 will be utilized. When required, the manufacturer shall provide the Certificate(s) of Conformance to the appropriate inspection activity. Certificate(s) of Conformance not provided shall be cause for rejection of the lot.

#### A. Definitions.

(1) <u>Critical defect</u>. A critical defect is a defect that judgment and experience indicate would result in hazardous or unsafe conditions for individuals using, maintaining, or depending on the item; or a defect that judgment and experience indicate is likely to prevent the performance of the major end item, i.e., the consumption of the ration.

(2) <u>Major defect</u>. A major defect is a defect, other than critical, that is likely to result in failure, or to reduce materially the usability of the unit of product for its intended purpose.

(3) <u>Minor defect</u>. A minor defect is a defect that is not likely to reduce materially the usability of the unit of product for its intended purpose, or is a departure from established standards having little bearing on the effective use or operation of the unit.

B. <u>Conformance inspection</u>. Conformance inspection shall include the examinations/tests and the methods of inspection cited in this section.

C. Packaging examination.

(1) <u>Subassembly/accessory material certification</u>. The pouch material shall be tested for these characteristics. A Certificate of Conformance (CoC) may be accepted as evidence that the characteristics conform to the specified requirements.

Requirement	Requirement Paragraph	Test procedure
Color of subassembly/accessory	D-1,A(1)	Visual evaluation and
packet		SAE-AMS-STD-595, as
		applicable <u>1</u> /
Water vapor transmission rate	D-1,A(1)	ASTM F1249 <u>2</u> /, ASTM
		E96/E96M <u>3</u> / or Method
		3030 of MIL-STD-3010 <u>4</u> /,
		FED-STD-101 <u>5</u> /

1/ Colors Used in Government Procurement

2/ Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor

<u>3</u>/ Standard Test Methods for Water Vapor Transmission of Materials

4/ Test Procedures for Packaging Materials and Containers

5/ Test Procedures for Packaging Materials

(2) <u>Unfilled preformed subassembly/accessory packet pouch certification</u>. A CoC may be accepted as evidence that unfilled pouches conform to the requirements specified in D-1,A(1). When deemed necessary by the USDA, testing of the unfilled preformed pouches for seal strength shall be as specified in E,D(1)a.

(3) <u>Subassembly/accessory packet examination</u>. The filled and sealed packets shall be examined for the defects listed in table IV. The lot size shall be expressed in packets. The sample unit shall be one packet. The inspection level shall be S-4 and the acceptable quality level (AQL), expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects.

Category		Defect
<u>Major</u> 101	Minor	Not clean. 1/
101	201	
	201	Seal width less than $1/16$ inch. $2/$
	202	Tear nick or notch or serrations missing or does not facilitate opening.
	203	Tear or hole or open seal.
	204	Label missing or incorrect or illegible.

TABLE IV. Subassembly/accessory packet defects

1/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (for example, glass, metal fillings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one pouch face.

2/ An effective seal is defined as any uncontaminated, fusion bonded, continuous path, minimum 1/16 inch wide, producing a hermetically sealed pouch.

(4) <u>Subassembly/accessory packet contents examination</u>. The filled and sealed packets shall be examined for the defects listed in table V (this examination may be performed on the preformed pouches after filling and prior to sealing). The lot size shall be expressed in packets. The sample unit shall be one packet open or sealed. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 1.5 for major defects and 4.0 for minor defects.

	TAB	LE V. Subassembly/accessory packet contents defects
Category		Defect
Major	Minor	
101		Component not clean. $\underline{1}/$
	201	Missing or unserviceable component.

TABLE V. Subassembly/accessory packet contents defects

1/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (for example, glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one package face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one package face.

(5) <u>Assembled meal packet examination</u>. The filled and sealed meal packets shall be inspected for the defects listed in table VI. The lot size shall be expressed in packets. The sample unit shall be one packet. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects. A minimum of 50 samples shall be examined for critical defects. The finding of any critical defect shall be cause for rejection of the lot. The inspection sample shall contain a proportionate amount of each of the meals.

(	Category	,	Defect
<u>Critical</u> 1	<u>Major</u>	<u>Minor</u>	Tear or hole or open seal in sandwich, filled wrap, filled bakery item, cheese spread, tuna or chicken pouch.
2			Swollen sandwich, filled wrap, filled bakery item, cheese spread, tuna or chicken pouch.
	101		Menu component missing or incorrect assortment for menu.
	102		Meal packet not clean or outer packaging of contents not clean. $\underline{1}/$
	103		Foreign odor.
	104		Labeling missing or incorrect or illegible.
	105		Swollen peanut butter or spread soup pouch.
	106		Tear or hole or open seal in component packages.
	107		Crushed or broken component. $2/$
	108		Broken spoon.
		201	Tear or hole or open seal in meal packet. $\underline{3}/$
		202	Tear or hole or open seal in subassembly/accessory packet.
		203	Re-closeable interlocking plastic bag not as specified.

TABLE VI. Assembled meal packet defects

<sup>1</sup>/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (i.e. glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects

for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one pouch face.

2/For definition of crushed or broken, refer to applicable ration component document.

3/ The holes provided in shrink films to allow venting of air to facilitate effective application of shrink wrap film are permitted and shall not be scored as defects. In addition a single vent hole in a preformed bag not greater than 1/4 inch diameter is allowed and shall not be scored a defect.

#### D. Methods of inspection.

(1) <u>Seal testing</u>. The pouch seals shall be tested for seal strength or internal pressure resistance as required in a or b, as applicable.

a. Unfilled preformed subassembly/accessory packet pouch. The seals of the unfilled preformed pouches for the subassembly/accessory packet shall be tested for seal strength in accordance with ASTM F88/F88M, Seal Strength of Flexible Barrier Materials. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection shall be level S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. Three specimens shall be cut from each of the three sealed sides of each pouch in the sample. The average seal strength of any side shall be calculated by averaging the results of the three specimens cut from that side. Any test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the number of pouches indicated by inspection level S-1. If a three-seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and end of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested

simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table IV, footnote 2/) shall be considered a test failure. Any test failure shall be classified as a major defect and shall be cause for rejection of the lot.

b. Subassembly/accessory packet pouch closure. The closure seals of the pouches for the subassembly/accessory packet shall be tested for seal strength in accordance with ASTM F88/F88M. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection level shall be S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. For the closure seal on preformed pouches, three adjacent specimens shall be cut from the closure seal of each pouch in the sample. For the form-fill-seal pouches, three specimens shall be cut from each side and each end of each pouch in the sample. The average seal strength of any side, end or closure shall be calculated by averaging the three specimens cut from that side, end or closure. Any test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the number of pouches indicated by inspection level S-1. If a three-seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and end of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table IV, footnote 2/) shall be considered a test failure. Any test failure shall be classified as a major defect and shall be cause for rejection of the lot.

#### E. Packing.

(1) <u>Shipping container and marking examination</u>. The filled and sealed shipping containers shall be examined for the defects listed in table VII. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container fully packed. The inspection level shall be S-3 and the AQL, expressed in terms of defects per hundred units, shall be 4.0 for major defects and 10.0 for total defects.

	TABLE VII. Shipping container and marking defects
Category	Defect
<u>Major Minor</u> 101	Marking missing or incorrect or illegible.
102	Outer flaps do not completely meet, leaving an opening greater than 3/4 inch between flap ends.
103	Inadequate workmanship. $\underline{1}/$
104	Missing meal. <u>2</u> /
105	Not one of each menu.
201	Time-temperature indicator missing or not centrally located on panel.
202	Time-temperature indicator 1/4-inch quiet zone not maintained.

1/Inadequate workmanship is defined as, but not limited to, incomplete closure of container flaps, loose strapping, inadequate stapling, improper taping, or bulged or distorted container.

<u>2</u>/ Each missing meal is a defect.

(2) <u>Flap closure testing</u>. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container. The inspection level shall be S-2 and the AQL, expressed in terms of defects per hundred units, shall be 4.0. The closure of the four outer flaps of the container shall be tested separately. A 90 degree angular bar with each leg

approximately 5 inches long by 3 inches wide by 1/8 inch thick shall be used to test the flap closures. Insert one leg of the angular bar full length under the center of one outer flap. Insertion shall be made through the open slot between the outer flaps. Lift the container vertically by the other leg of the bar until the container is suspended. The complete upper surface of the inserted leg shall be in contact with the inner surface of the flap during the lifting and suspension of the container. Complete separation of the adhesive bond of one or more of the outer flaps, showing no evidence of fiber tear, shall be scored a major defect.

F. <u>Unit load examination</u>. The unit load shall be examined in accordance with the requirements of DLA Troop Support Form 3507. Any nonconformance shall be classified as a major defect.

#### SECTION J REFERENCE DOCUMENTS

Unless otherwise specified, the applicable version of these documents is that which is active on the date of the solicitation or contract.

**DLA Troop Support Forms** 

Form 3507	Loads, Unit: Preparation for Semiperishable Subsistence Items
Form 3556	Marking Instructions for Boxes, Sacks, and Unit Loads of Perishable and Semiperishable Subsistence

#### FEDERAL STANDARDS

FED-STD-101 Test Procedures for Packaging Materials

#### NON-GOVERNMENTAL STANDARDS

#### AMERICAN SOCIETY FOR QUALITY (ASQ) www.asq.org

ANSI/ASQ Z1.4 Sampling Procedures and Tables for Inspection by Attributes

#### SAE INTERNATIONAL www.sae.org

SAE-AMS-STD-595 Colors Used in Government Procurement

#### ASTM INTERNATIONAL www.astm.org

- D1974/D1974M Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes
- D4727/D4727M Standard Specification for Corrugated and Solid Fiberboard Sheet Stock (Container Grade) and Cut Shapes
- D5118/D5118M Standard Practice for Fabrication of Fiberboard Shipping Boxes

	ACR-F-09 18 April 2017 <u>W/Change 01 31 Jul 17 ES17-050 (DSCP-SS-17-01254)</u> SUPERSEDING ACR-F-08 9 March 2010
E96/E96M	Standard Test Methods for Water Vapor Transmission of Materials
F1249	Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor
F88/F88M	Standard Test Method for Seal Strength of Flexible Barrier Materials

# For DLA Troop Support Website Posting

**RDNS-SEC-EM** 

31 July 2017

TO: Defense Logistics Agency (DLA) - Troop Support – Subsistence DSCP-FTRE

SUBJECT: ES17-050 (DSCP-SS-17-01254); Document change; add Flavor 22, Cranberry Grape, Beverage Base as a third flavor option to Accessory Packet B in Table II. <u>Accessory Components</u> of ACR-F-09, First Strike Ration <sup>®</sup> (FSR), Assembly Requirements; Ameriqual Group, LLC.

1. Natick received an Engineering Support Case from DLA - Troop Support on behalf of Ameriqual Group, LLC requesting the addition of Flavor 22, Cranberry Grape Beverage Base to Table II. <u>Accessory Components</u>, ACR-F-09, First Strike Ration <sup>®</sup> (FSR), Assembly Requirements. The addition will provide a third flavor option to Accessory Packet B making it consistent with the Accessory Packet B listed in Table II. <u>Accessory Components</u>, ACR-M-038, Meal, Ready-to-Eat (MRE), Assembly Requirements.

2. Natick submits the following changes to the subject document for all current, pending and future procurements until the document is formally amended or revised.

a. Page 6, Table II. <u>Accessory Components</u>, under the Components column, after "Raspberry, Not fortified" insert "Cranberry Grape, Not fortified". Under the Reference column, after "Flavor 13, Formulation a" insert "Flavor 22, Formulation a".

3. Attached is Change 01, ACR-F-09, First Strike Ration <sup>®</sup> (FSR), Assembly Requirements, dated 31 July 2017, with the changes highlighted.