#### **SECTION C**

The Meal, Ready-to-Eat (MRE) provides an operational ration for the individual.

#### **C-1 ITEM DESCRIPTION**

## ACR-M-037, MEAL, READY-TO-EAT (MRE), ASSEMBLY REQUIREMENTS

## **C-2 ASSEMBLY REQUIREMENTS**

A. Components. The components are specified in table I.

Component	Reference
Entrées	
Asian Style Beef Strips with Vegetables	<u>PCR-A-005</u>
Beef Patty, Grilled	<u>PCR-B-029A</u>
Jalapeno Pepper Jack	Flavor 2
Beef Ravioli in Meat Sauce	<u>PCR-B-021A</u>
Beef Shredded, in Barbecue Sauce	<u>PCR-B-057</u>
Beef Stew	<u>PCR-B-020A</u>
Beef Taco	<u>PCR-B-054</u>
Brisket Entrée (Gravy with Seasoned Beef Brisket Slices)	<u>PCR-B-050</u>
Cheese Tortellini in Tomato Sauce	<u>PCR-C-020A</u>
Chicken, Egg Noodles, and Vegetables, in Sauce	<u>PCR-C-021A</u>
Chicken Burrito Bowl	<u>PCR-C-088</u>
Chicken Chunks, White, Cooked, Canned or in	<u>A-A-20352B</u>
Flexible Pouches, 5 oz. Pouch	Type V
Chicken Pesto Pasta	<u>PCR-C-069</u>
Chili and Macaroni	<u>PCR-C-027A</u>
Chili with Beans	<u>PCR-C-062A</u>
Creamy Spinach Fettuccine (Egg Noodles, Spinach and	<u>PCR-C-087</u>
Mushrooms in a Cream Sauce)	
Elbow Macaroni in Tomato Sauce	<u>PCR-E-019</u>
Hash Brown Potatoes with Bacon, Peppers and Onions	<u>PCR-H-012A</u>
Meatballs in Marinara Sauce	<u>PCR-M-015</u>
Mexican Style Chicken Stew	<u>PCR-M-016</u>
Pork Sausage Patty, Maple Flavored	<u>PCR-P-045</u>
Southwest Style Beef and Black Beans with Sauce	<u>PCR-S-018</u>
Spaghetti with Beef and Sauce	<u>PCR-S-002</u>

## TABLE I. Components

TABLE I. Components       - Continued	
Component	Reference
Tuna, Flexible Pouch, Chunk	<u>A-A-20155D</u> , Type B, Form I
Light, Water	Color a, Packing Media 1
Lemon Pepper, Regular (no more than 1.5 percent salt)	Flavor 1, Salt/Sodium Level (a)
Vegetable Crumbles with Pasta in Taco Style Sauce	<u>PCR-V-010</u>
Starches and Soups	
Black Beans in a Seasoned Sauce	<u>PCR-B-056</u>
Cornbread	<u>PCR-C-075</u>
Granola	<u>PCR-G-003A</u>
With Milk and Blueberries	Туре І
Potatoes Au Gratin	PCR-P-048
Potatoes, Mashed	PCR-P-011A
Garlic	Flavor II
Santa Fe Style Rice and Beans	<u>PCR-S-019</u>
Snack Bread, Fortified	PCR-S-009D
Wheat Snack Bread, Single Pack	Type I, Style A
Italian Bread Sticks, Single Pack	Type IV, Style A
Multigrain Snack Bread, Single Pack	Type V, Style A
White Wheat Snack Bread, Single Pack	Type VI, Style A
Tortillas	PCR-T-008A
Plain	Flavor 1
Chipotle	Flavor 2
Fruits	
Apple Pieces in Spiced Sauce	PCR-A-001B
Cobbler	PCR-C-058A
Cherry Blueberry	Flavor 1
Fruits, Infused and Dried	A-A-20299C
Sliced Cranberries, Not Fortified	Type VII, Fortification a
Whole Raisins, Not Fortified	Type IX, Fortification a
Fruits, Wet Pack	PCR-F-002C
Pears, Sweetened, Sliced or Diced	Type IV
Mixed Fruit, Sweetened	Type V
Applesauce, with Raspberry Puree, Sweetened, Reg.	Type VI
Applesauce, Carbohydrate Enhanced, Sweetened, Reg.	Type VII
Applesauce, with Mango and Peach Puree, Sweetened, Reg.	
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#### TABLE I. Components - Continued

TABLE I. Components - Continued		
Component	Reference	
Desserts and Snacks		
Meat and Poultry Snacks, Cured	<u>A-A-20298C</u>	
Beef, Moist Cured/Kippered, Chopped and Formed	Variety A, Type II, Style a	
Strips, Smoked	Class 1, Flavor (a)	
Beef, Fermented, Chopped and Formed	Variety A, Type IV, Style a	
Sticks, Teriyaki	Class 2, Flavor (b)	
Cakes, Brownies, Muffin Tops and Filled Cakes	<u>PCR-C-007F</u>	
Pound Cakes	Type I	
Vanilla, Trans Fat Free	Flavor 1, Style 2	
Lemon Poppy Seed, Trans Fat Free	Flavor 6, Style 2	
Spice, Trans Fat Free	Flavor 7, Style 2	
Carrot, Trans Fat Free	Flavor 10, Style 2	
Marble, Trans Fat Free	Flavor 11, Style 2	
Applesauce, Trans Fat Free	Flavor 12, Style 2	
Muffin Tops	Type III	
Chocolate Banana Nut, Trans Fat Free	Flavor 1, Style 2	
Maple, Trans Fat Free	Flavor 2, Style 2	
Cheese Spread, Cheddar, Fortified	PCR-C-039A	
Plain	Type I	
With Jalapeno Peppers	Type II	
With Bacon	Type III	
Cookies, Regular, Individual Serving Package	<u>A-A-20295D</u> , Type I, Class 1	
Crisp	Bake Type a	
Oatmeal, Plain	Style I, Flavor 1	
Oatmeal, Chocolate Chunk	Style I, Flavor 6	
Chocolate Chip, Plain	Style J, Flavor 1	
Crackers, Fortified	<u>PCR-C-037A</u>	
Plain	Type I	
Vegetable	Type II	
Dessert Powder, Pudding, Regular	<u>A-A-20344A</u> , Type I	
Instant, Nonfat Dry Milk	Preparation Method C, Style 1	
Vanilla	Flavor a	
Chocolate	Flavor b	
Filled Bakery Item	<u>MIL-DTL-32221B</u>	
Filled French Toast	Type I	
Cinnamon Bun	Type II	
Apple Turnover	Type III	

## TABLE I. <u>Components</u> - Continued

Reference
<u>PCR-F-001</u>
Flavor I, Style A
Flavor II, Style A
Flavor III, Style A
<u>A-A-20078D</u> , Type I, Style 1
Finished Product Quality a
Kind A
Kind M
<u>PCR-N-003A</u>
Type II
A-A-20328B
Class A, Type a
Fortification 2, Seasoning (a)
Agricultural Practices (1)
Style I, Texture 1
Style I, Texture 3
Style II, Texture 1, Flavor 2
A-A-20164D
Type V, Style A
Type VI, Size 2, Style C
Type IX, Style C
<u>A-A-20079D</u> , Type I
Finished Product Quality a
Group I, Flavor A, Style 1
Group I, Flavor Q, Style 1
<u>PCR-T-014</u>
A-A-20195D
Type II, Style C, Flavor 1
Type II, Style E, Flavor 2
Type II, Style F, Flavor 1
Type V, Flavor 1 and 2
Type VI, Flavor 1 and 2
Type VII, Flavor 1 and 2
<u>A-A-20211C</u> , Type I, Fort. b
Shape i, Grain Composition (1)
Servings (a)
Style B, Flavor 3, Frosting (B)
g Style B, Flavor 12, Frosting (C)

## TABLE I. Components - Continued

TABLE I. <u>Components</u> - Continued

A-A-20177E Type II, Style A Type VI Style A, Flavor 1 Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1 Type XI, Style B, Flavor 2
Type II, Style A Type VI Style A, Flavor 1 Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Type II, Style A Type VI Style A, Flavor 1 Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Type VI Style A, Flavor 1 Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style A, Flavor 1 Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style A, Flavor 2, Flavor Style a Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style A, Flavor 2, Flavor Style b Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style A, Flavor 2, Flavor Style d Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style A, Flavor 4 Style B, Flavor 1 Type X, Shape B, Flavor 1
Style B, Flavor 1 Type X, Shape B, Flavor 1
Type X, Shape B, Flavor 1
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Type XI, Style B, Flavor 2
<u>A-A-20098E</u>
Type III, Design D
Formulation h
Flavor 1
PCR-B-013A, Design A
Flavor I
Flavor II
Flavor III
Flavor IV
PCR-B-055, Design E
Formulation a
Flavor 3
Flavor 4
Flavor 5
PCR-C-082A
A-A-20189C
Type I, Style B
Design B
-
Flavor A

TABLE I. Components -	Continued
Component	Reference
Drink Mixes, Coffee (Unflavored and Flavored)	<u>A-A-20336B</u>
Flavored Instant Cappuccino, Regular	Type V, Style A
Flat Interlocking Closure Pouch	Design B
French Vanilla	Flavor 1
Mocha	Flavor 2
Irish Cream	Flavor 4
Other Items	
Bag, Hot Beverage	MIL-PRF-32176
Barbecue Sauce	<u>A-A-20335B</u>
Plain/Regular, without Fruit Purees	Flavor I, Type B
Fork, Knife, and Spoon, Picnic (Plastic)	<u>A-A-3109B</u>
High Impact, Spoon, MRE, 7-Inch (Brown)	Type IV, Item 13
Hot Sauce	<u>A-A-20097F</u>
Extra Hot 4x	Type II
Chili and Lime	Type VII
Buffalo Style	Type IX
Catsup (Ketchup, Catchup)	<u>A-A-20346B</u>
Regular (Plain)	Flavor I
Mayonnaise, Salad Dressing, and Tartar Sauce	<u>A-A-20140D</u>
Mayonnaise, Fat Free	Type I, Style C
Mustard, Prepared	<u>A-A-20036D</u>
Yellow (Salad Style)	Type I
Paperboard Insert Card	MIL-PRF-44073G
Paperboard Sleeve	MIL-PRF-44073G
Ration Supplement, Flameless Ration Heater (FRH)	MIL-R-44398B
Spices and Spice Blends	<u>A-A-20001B</u>
Spices, Pepper, Red, Crushed	Type I, Class Z, Form 3
Syrup	<u>A-A-20124D</u>
Table	Type IV
Regular Calorie, Imitation Maple	Style 1, Flavor A

## TABLE I. Components - Continued

B. Accessory	components.	Accessory	components are	specified in table II.

TABLE II. Accessory Components		
Component	Reference	Acc. Pack
Chewing Gum, Tablet, Regular	<u>A-A-20175E</u> , Type I, Size B	All
Without Caffeine	Style (1)	
With Xylitol Sweetener	Class 3	
Peppermint or Cinnamon $1/$	Flavor a or c	
Hand Cleaner (towelette)	<u>A-A-461B</u>	All
Unscented, Water-based	Type II	
Matches, Safety	<u>A-A-59489B</u>	А
Paper, 20 Splint Book	Type I, Class B	
Salt, Table, Iodized, 4 Grams	NaCl Monograph	All
Toilet Tissue, Institutional	<u>A-A-59594A</u> , Style II	All
Folded, One Ply, Perforated	Type A, Class 1, Sheet Size b	
Coffee, Soluble	<u>A-A-20184C</u>	A, C
Spray Dried, Agglomerated	Type II	
or Freeze Dried, Regular	or Type III, Style A	
Creamer, Non-Dairy, Dry	<u>A-A-20043C</u>	A, C
Regular, Original	Style I, Flavor A	
Sugar, Refined, White and Sugar	<u>A-A-20135D</u>	А
Brown		
White (Refined)	Type I,	
Granulated (fine or extra fine)	Style A	
1/7 Ounce	-	
Beverage Bases (Powdered) $\underline{1}/$	<u>A-A-20098E</u>	В
Sweetened with Non-Nutritive	Type III	
Sweetener, Lap or Fin Seal Pouch	Design D	
Lemonade, Not fortified	Flavor 8, Formulation a	
Raspberry, Not fortified	Flavor 13, Formulation a	
Cranberry Grape, Not fortified	Flavor 22, Formulation a	
Sugar Substitutes, Non-Carbohydrate	<u>A-A-20178C</u>	С
Sucralose, Granular	Type IV, Style A	
Envelopes/Packets	Package 1	

 $\underline{1}$ / Flavors shall be procured in equal quantities and assembled in a distribution which provides the greatest variation.

C. <u>Contents</u>. The contents of each meal are specified in table III. Refer to table I for full citation and document number of components.

TABLE III. Contents		
<u>Menu #1</u>	<u>Menu #2</u>	
Chili with Beans	Beef Shredded in Barbecue Sauce	
Cheese Spread, Cheddar, Plain	Black Beans in a Seasoned Sauce	
Crackers, Vegetable	Cheese Spread, Cheddar, with Jalapeno	
Cornbread	Peppers	
Snack Food, Cheese Filled $\underline{1}/$	Tortillas, Plain	
Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /	Cookies <u>1</u> /	
Accessory Packet A	Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /	
Spoon	Barbecue Sauce	
Flameless Ration Heater	Accessory Packet C	
Bag, Hot Beverage	Spoon	
Paperboard Sleeve	Flameless Ration Heater	
	Bag, Hot Beverage	
	Paperboard Sleeve	
	Paperboard Insert Card (as applicable)	
<u>Menu #3</u>	Menu #4	
Chicken, Egg Noodles, and Vegetables, in Sauce	Spaghetti with Beef and Sauce	
Fruits, Wet Pack <u>1</u> /	Toaster Pastries <u>1</u> /	
Crackers, Plain	Peanut Butter, Smooth	
Peanut Butter, Smooth	Snack Bread, Multigrain	
Jelly/Jam <u>1</u> /	Fruits, Infused and Dried $\underline{1}/$	
Candy III <u>1</u> /	Cocoa Beverage Powder, Milk Chocolate	
Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /	Jelly/Jam <u>1</u> /	
Hot Sauce, Extra Hot	Accessory Packet B	
Accessory Packet A	Spoon	
Spoon	Flameless Ration Heater	
Flameless Ration Heater	Paperboard Sleeve	
Bag, Hot Beverage		
Paperboard Sleeve		
Paperboard Insert Card (as applicable)		

TABLE III. Contents

TABLE III.  Contents    -  Continued	
<u>Menu #5</u>	<u>Menu #6</u>
Chicken Chunks	Beef Taco
First Strike Bar <u>1</u> /	Santa Fe Style Rice and Beans
Cheese Spread, Cheddar, Plain	Cheese Spread, Cheddar, Plain
Tortillas, Plain	Tortillas, Plain
Trail Mix, Recovery	Nut and Fruit Mix, Nuts and Raisins with Pan
Candy II $\underline{1}/$	Coated Chocolate Disks
Beverage Powder, Carbohydrate Electrolyte $\underline{1}/$	Beverage Bases, Sweetened with Non-nutritive
Hot Sauce, Buffalo Style	Sweetener, Orange, Fortified
Accessory Packet B	Accessory Packet A
Spoon	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Bag, Hot Beverage
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
<u>Menu #7</u>	<u>Menu #8</u>
Brisket Entrée	Meatballs in Marinara Sauce
Potatoes Au Gratin	Potatoes, Mashed, Garlic
Fruits, Infused and Dried $\underline{1}/$	Cookies <u>1</u> /
Peanut Butter, Smooth	Cheese Spread, Cheddar, with Jalapeno
Snack Bread <u>1</u> /	Peppers
Jelly/Jam <u>1</u> /	Snack Bread, Italian Bread Sticks
Candy I <u>1</u> /	Meat Snacks <u>1</u> /
Drink Mix, Flavored Instant Cappuccino, Irish	Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /
Cream	Accessory Packet C
Accessory Packet B	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Paperboard Sleeve	Paperboard Sleeve
Paperboard Insert Card (as applicable)	Paperboard Insert Card (as applicable)

TABLE III. Contents - Continued

TABLE III. Contents   - Continued		
<u>Menu #9</u>	<u>Menu #10</u>	
Beef Stew	Chili and Macaroni	
Cake, Pound, <i>Trans</i> Fat Free $1/$	Cake, Pound, <i>Trans</i> Fat Free $1/$	
Peanut Butter, Smooth	Cheese Spread, Cheddar, with Jalapeno Peppers	
Jelly/Jam <u>1</u> /	Crackers, Vegetable	
Snack Bread, Multigrain	Meat Snacks 1/	
Snack Food, Pretzels $\underline{1}/$	Candy I <u>1</u> /	
Beverage Powder, Carbohydrate Electrolyte $\underline{1}/$	Beverage Powder, Carbohydrate Electrolyte $\underline{1}$ /	
Hot Sauce, Extra Hot	Spice, Red Pepper, Crushed	
Accessory Packet A	Accessory Packet A	
Spoon	Spoon	
Flameless Ration Heater	Flameless Ration Heater	
Bag, Hot Beverage	Bag, Hot Beverage	
Paperboard Sleeve	Paperboard Sleeve	
Menu #11 Vegetarian	Menu #12 Vegetarian	
Vegetable Crumbles with Pasta in Taco Style	Elbow Macaroni in Tomato Sauce	
Sauce	Fruits, Wet Pack <u>1</u> /	
Fruits, Wet Pack <u>1</u> /	Cheese Spread, Cheddar, Plain	
First Strike Bar <u>1</u> /	Snack Bread <u>1</u> /	
Peanut Butter, Chunky/Crunchy	Candy III <u>1</u> /	
Crackers, Plain	Chocolate Protein Drink Powder	
Nuts <u>1</u> /	Hot Sauce, Extra Hot	
Drink Mix, Flavored Instant Cappuccino,	Accessory Packet A	
French Vanilla	Spoon	
Hot Sauce, Chili and Lime	Flameless Ration Heater	
Accessory Packet B	Bag, Hot Beverage	
Spoon	Paperboard Sleeve	
Flameless Ration Heater	Paperboard Insert Card (as applicable)	
Paperboard Sleeve		
Paperboard Insert Card (as applicable)		

TABLE III. Contents - Continued

IABLE III.   Contents		
Menu #13 Vegetarian	Menu #14 Vegetarian	
Cheese Tortellini in Tomato Sauce	Creamy Spinach Fettuccine	
Dessert Powder, Pudding $1/$	First Strike Bar <u>1</u> /	
Peanut Spread, Smooth, Chocolate	Peanut Butter, Smooth	
Crackers, Plain	Crackers, Plain	
Trail Mix, Recovery	Snack Food, Pretzels $\underline{1}/$	
Beverage Powder, Carbohydrate Electrolyte $\underline{1}/$	Chocolate Protein Drink Powder	
Hot Sauce, Extra Hot	Hot Sauce, Extra Hot	
Accessory Packet C	Accessory Packet A	
Spoon	Spoon	
Flameless Ration Heater	Flameless Ration Heater	
Bag, Hot Beverage	Bag, Hot Beverage	
Paperboard Sleeve	Paperboard Sleeve	
<u>Menu #15</u>	<u>Menu #16</u>	
Mexican Style Chicken Stew	Chicken Burrito Bowl	
Fruits, Wet Pack $\underline{1}/$	Snack Food, Other <u>1</u> /	
Snack Food, Cheese Filled $\underline{1}/$	Filled Bakery Item <u>1</u> /	
Cheese Spread, Cheddar, with Jalapeno	Tortillas, Plain	
Peppers	Cheese Spread, Cheddar, Plain	
Crackers, Plain	Hot Sauce, Extra Hot	
First Strike Bar <u>1</u> /	Beverage Powder, Carbohydrate, Fortified $1/$	
Cocoa Beverage Powder, Chocolate Hazelnut	Accessory Packet C	
Spice, Red Pepper, Crushed	Spoon	
Accessory Packet B	Flameless Ration Heater	
Spoon	Bag, Hot Beverage	
Flameless Ration Heater	Paperboard Sleeve	
Paperboard Sleeve		
Paperboard Insert Card (as applicable)		

## TABLE III. Contents – Continued

IABLE III. Cont	<u>ents</u> – continueu
<u>Menu #17</u>	<u>Menu #18</u>
Pork Sausage Patty, Maple Flavored	Beef Ravioli in Meat Sauce
Muffin Top, Maple, Trans Fat Free	Muffin Top, Chocolate Banana Nut, Trans Fat
Peanut Butter, Smooth	Free
Crackers, Plain	Cheese Spread, Cheddar, Plain
Nuts <u>1</u> /	Snack Bread <u>1</u> /
Beverage Powder, Carbohydrate Electrolyte $\underline{1}/$	Meat Snacks <u>1</u> /
Syrup, Table, Imitation Maple	Beverage Powder, Carbohydrate, Fortified $\underline{1}$ /
Accessory Packet A	Hot Sauce, Extra Hot
Spoon	Accessory Packet C
Flameless Ration Heater	Spoon
Bag, Hot Beverage	Flameless Ration Heater
Paperboard Sleeve	Bag, Hot Beverage
	Paperboard Sleeve
<u>Menu #19</u>	<u>Menu #20</u>
Beef Patty, Grilled, Jalapeno Pepper Jack	Hash Brown Potatoes with Bacon, Peppers and
Cobbler, Cherry Blueberry	Onions
Cookies <u>1</u> /	Granola with Milk and Blueberries
Cheese Spread, Cheddar, with Bacon	Filled Bakery Item <u>1</u> /
Tortillas, Plain	Cheese Spread, Cheddar, Plain
Candy II <u>1</u> /	Crackers, Plain
Beverage Bases, Sweetened with Non-nutritive	Nuts <u>1</u> /
Sweetener, Orange, Fortified	Beverage Bases, Sweetened with Non-nutritive
Ketchup	Sweetener, Orange, Fortified
Mustard	Accessory Packet A
Accessory Packet A	Spoon
Spoon	Flameless Ration Heater
Flameless Ration Heater	Bag, Hot Beverage
Bag, Hot Beverage	Paperboard Sleeve
Paperboard Sleeve	
Paperboard Insert Card (as applicable)	

TABLE III. Contents – Continued

TABLE III. Conte	
<u>Menu #21</u>	<u>Menu #22</u>
Tuna, Lemon Pepper	Asian Style Beef Strips with Vegetables
Cake, Pound, <i>Trans</i> Fat Free $1/$	Fruits, Wet Pack <u>1</u> /
Cheese Spread, Cheddar, Plain	Peanut Butter, Chunky/Crunchy
Tortillas, Plain	Jelly/Jam <u>1</u> /
Snack Food, Other $\underline{1}/$	Snack Bread <u>1</u> /
Beverage Powder, Carbohydrate, Fortified $\underline{1}/$	Candy III <u>1</u> /
Mayonnaise, Fat Free	Cocoa Beverage Powder, Milk Chocolate
Accessory Packet B	Accessory Packet B
Spoon	Spoon
	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)
<u>Menu #23</u>	<u>Menu #24</u>
Chicken Pesto Pasta	Southwest Style Beef and Black Beans with
Cobbler, Cherry Blueberry	Sauce
Cheese Spread, Cheddar, Jalapeno	Apple Pieces in Spiced Sauce
Snack Bread, Italian Bread Sticks	Cake, Pound, <i>Trans</i> Fat Free $1/$
Cookies <u>1</u> /	Meat Snacks <u>1</u> /
Chocolate Protein Drink Powder	Cheese Spread, Cheddar, Plain
Accessory Packet A	Tortillas, Chipotle
Spoon	Drink Mix, Flavored Instant Cappuccino,
Flameless Ration Heater	Mocha
Bag, Hot Beverage	Accessory Packet B
Paperboard Sleeve	Spoon
Paperboard Insert Card (as applicable)	Flameless Ration Heater
	Paperboard Sleeve
	Paperboard Insert Card (as applicable)

TABLE III. Contents - Continued

 $\underline{1}$ / Flavors or types, as applicable, shall be procured in equal quantities and assembled in a distribution which provides the greatest variation of flavors and types in accordance with table IV.

	TABLE IV.	Menu distribution
Item	Menu	Flavor
Beverage Powder, 1, 2, 3		Lemon-lime, orange, and tropical punch
Carbohydrate, Fortified	16,18, 21	
Beverages Powder,	5, 9, 10, 13,	Fruit punch, grape, lemon-lime and orange
Carbohydrate Electrolyte	17	
Cakes, Pound, Trans Fat	9, 10, 21, 24	Vanilla, lemon poppy seed, spice, carrot, marble,
Free		and applesauce
Candy I	7, 10	Chocolate toffee rolls, licorice and mints
Candy II	5, 19	Pan coated candy: plain chocolate disks, peanut
		butter disks and chocolate with peanuts
		oval/round
Candy III	3, 12, 22	Original, berry and sour fruit disks
Cookies	2, 8, 19, 23	Oatmeal, chocolate chip, and oatmeal chocolate
		chunk
Dessert Powder, Pudding	13	Vanilla and chocolate
Filled Bakery Item	16, 20	Filled French toast, cinnamon bun, and apple
		turnover
First Strike Bars	5, 11, 14, 15	Chocolate, apple-cinnamon, and cran-raspberry
Fruits, Infused and Dried	4,7	Sliced cranberries and whole raisins
Fruits, Wet Pack	3, 11, 12,	Raspberry applesauce, carbohydrate enhanced
	15, 22	applesauce, mango and peach applesauce, pears,
		and mixed fruit
Jams and Jellies	3, 4, 7, 9, 22	Blackberry, strawberry, apple and grape
Meat Snacks	8, 10, 18, 24	Beef strips, smoked and beef sticks, teriyaki
Nuts	11, 17, 20	Dry roasted peanuts, jalapeno cashews, and
		smoked almonds
Snack Bread	7, 12	Wheat and white wheat
	18, 22	
Snack Food,	1, 15	Filled cracker (cheddar cheese, pepperoni pizza)
Cheese Filled		and Filled pretzel (cheddar cheese)
Snack Food,	16, 21	Toasted corn kernels (plain salted and barbecue)
Other		and Baked snack cracker (Cheddar cheese and hot
		and spicy cheese)
Snack Food,	9, 14	Plain salted sticks and honey mustard and onion
Pretzels		nuggets
Toaster Pastries	4	Frosted brown sugar cinnamon and frosted
		chocolate chip
	•	·

TABLE IV. Menu distribution

#### SECTION D

#### **D-1 PACKAGING**

#### A. Components.

(1) Subassembly/accessory packet pouch. The subassembly/accessory packet pouch shall be a preformed pouch or a form-fill-seal pouch. Dimensions shall be sufficient to contain all components. Seals shall be a minimum 1/8 inch wide. A tear nick, notch or serrations shall be provided to facilitate opening the filled and sealed accessory packet. The average seal strength of the pouch seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed packet shall exhibit no rupture or seal separation greater than 1/16 inch or seal separation that reduces the effective seal width to less than 1/16 inch when tested for internal pressure resistance. The pouch shall be made from polymeric film or film combinations with adequate strength and thickness to contain and protect the components. The water vapor transmission rate (WVTR) of the film shall not exceed 6.2 g/m<sup>2</sup>/24hrs at 90% RH and 100°F when tested in accordance with ASTM F1249, Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor, ASTM E96/E96M, Standard Test Methods for Water Vapor Transmission of Materials or Method 3030 of MIL-STD-3010, Test Procedures for Packaging Materials and Containers. The exterior color of the packet shall be clear or tan.

(2) <u>Time-temperature indicator (TTI) label</u>. The TTI label shall be a 3/4 inch square, bull's-eye type, pressure sensitive adhesive label. The TTI label shall have an activation energy (E<sub>a</sub>) of 24–30 kcal/mole, be protected from ultraviolet radiation, and have a shelf life of 1100 days at 80°F as pivot point.

(3) <u>Meal bag</u>. The meal bag shall be made from food grade, low density polyethylene (LDPE) tubing or tubing made from a blend of food grade, low density polyethylene (LDPE) and linear low density polyethylene (LLDPE). Additives may be used in order to improve sealability, peelability, tear resistance or other attributes provided all additives are approved for food contact. Polyethylene shall have a minimum thickness of 0.010 inch. Inside dimensions of the bag shall not exceed 8-1/2 inches by 13-1/4 inches. The color of the bag shall conform to number 20219, 30219, 30227, 30279, 30313, 30324 or 30450 of FED-STD-595, Colors Used in Government Procurement. One seal shall be a minimum 1/8 inch wide, continuous, peelable seal that forms a hermetic closure. The seal shall be designed with an inverted "V" shaped peel indicator along the seal path. There shall be a minimum of 1/2 inch between the apex of the "V" and the end of the bag. The seal strength of the peelable seal shall be not less than 4 pounds per inch of width and shall be not greater than 10 pounds per inch of width. Alternative bag construction, bag materials, and material thicknesses may be

used provided that the alternative method can be demonstrated to meet or exceed the requirements of this document, military abuse testing and controlled pest testing. Samples may be submitted to the contracting officer to be qualified on a case by case basis.

(4) <u>Paperboard sleeve</u>. The paperboard sleeve shall be constructed in accordance with figure 6 of MIL-PRF-44073. When folded along the score lines located at the bottom of the sleeve, an open-ended carton shall result. Each sleeve shall be securely sealed along the glue joint. The seal shall have a bond strength greater than the fiber tear of the paperboard. The color of the sleeve shall be natural kraft, tan or dull gray. The paperboard sleeve shall contain food product information in accordance with Section D-2 of the appropriate food product document(s).

(5) <u>Paperboard insert card</u>. The paperboard insert card shall not exceed 4 inches in width by 6 inches in length. The color of the insert card shall be natural kraft, tan or dull gray. The paperboard insert card shall contain food product information in accordance with Section D-2 of the appropriate food product document(s).

#### B. Assembly.

(1) <u>Subassembly/accessory packet assembly</u>. One of each applicable component as described in table II shall be inserted in an accessory packet pouch. If a subassembly is used, additional components may also be inserted in the packet. For a preformed pouch, components shall be inserted in the pouch and the pouch shall be closed with a heat seal not less than 1/8 inch wide. For a form-fill-seal pouch, components shall be placed in the body and the cover applied by heat sealing with a seal not less than 1/8 inch wide. The closure seal shall be free of foldover wrinkles or entrapped matter that reduces the effective seal width to less than 1/16 inch. The average seal strength of the pouch seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed packet shall exhibit no rupture or seal separation greater than 1/16 inch when tested for internal pressure resistance.

(2) <u>Meal assembly</u>. Each applicable component for each meal as described in table III shall be inserted in a meal bag. The bag shall be closed with a heat seal not less than 1/8 inch wide. The closure seal shall have an average seal strength of not less than 4 pounds per inch of width with no individual specimen test result less than 3 pounds per inch of width. The sealed meal bag shall not show any evidence of foreign odor.

#### **D-2 LABELING**

A. <u>Subassembly/accessory packet</u>. The subassembly/accessory packet shall be labeled on one face in permanent dark contrasting color ink with 'A', 'B' or 'C', as applicable. Alternatively, the packet letter may be embossed in the seal of the packet.

B. <u>Meal bag</u>. Each meal bag shall be correctly and legibly labeled on at least one face with permanent ink or other dark contrasting color with the information contained in accordance with Figures 1, 2 or 3, as applicable. The label shall cite the correct Menu number, name of entrée, French translation of entrée name (see table V) and name and address of assembler. Menus 1-4 and 13-16 shall be printed in accordance with Design 1 (Figure 1). Menus 5-8 and 17-20 shall be printed in accordance with Design 2 (Figure 2). Menus 9-12 and 21-24 shall be printed in accordance with Design 3 (Figure 3). The French translation printed on the meal bag, in accordance with the design specified above, shall be as specified in table V.

	Translation of Entree Name
Entrée Name	French Translation
Asian Style Beef Strips	Dés de bœuf aux légumes, à l'asiatique
withVegetables	
Beef Patty, Jalapeno Pepper Jack	Steak haché au fromage pimenté
Beef Ravioli in Meat sauce	Ravioli au bœuf, sauce à la viande
Beef Shredded, in Barbecue Sauce	Émincé de bœuf, sauce barbecue
Beef Stew	Ragoût de bœuf
Beef Taco	Taco au bœuf
Brisket Entrée (Gravy with Seasoned	Tranches de poitrine de bœuf assaisonné
Beef Brisket Slices)	
Cheese Tortellini in Tomato Sauce	Tortellini au fromage, sauce tomate
Chicken, Noodles, and Vegetables,	Poulet, nouilles et légumes en sauce
in Sauce	
Chicken Burrito Bowl	Burrito de poulet bol
Chicken Chunks, White, Cooked	Dés de poulet
Chicken Pesto Pasta	Poulet et pâtes au pesto
Chili and Macaroni	Chili et Macaroni
Chili with Beans	Chili aux haricots rouges
Creamy Spinach Fettuccine	Fettucini aux épinards et champignons à la
(Egg Noodles, Spinach, and	crème
Mushrooms in a Cream Sauce)	
Elbow Macaroni in Tomato Sauce	Coquillettes à la sauce tomate
Hash Brown Potatoes with Bacon,	Potée de pommes de terres râpées au bacon,
Peppers and Onions	oignons et poivrons
Meatballs in Marinara Sauce	Boulettes de viande, sauce Marinara
Mexican Style Chicken Stew	Ragoût de poulet à la mexicaine

TABLE V. French Translation of Entrée Name

Entrée Name	French Translation
Pork Sausage Patty, Maple Flavored	Saucisse de porc, saveur d'érable
Southwest Style Beef and Black Beans	Bœuf à la façon "Southwest" aux haricots noirs
Spaghetti with Beef and Sauce	Spaghetti en sauce à la viande de bœuf
Tuna, Chunk, Light, Water Packed,	Miettes de thon au naturel au poivre citronné
Lemon Pepper	
Vegetable Crumbles with Pasta in	Crumbles de legumes et pâtes, sauce façon
Taco Style Sauce	Taco

TABLE V. French Translation of Entrée Name - Continued

#### **D-3 PACKING**

A. <u>Packing</u>. Twelve meals shall be packed in a fiberboard box. Case "A" shall contain meals 1 through 12, and case "B" shall contain meals 13 through 24. The fiberboard box shall conform to RSC-L of ASTM D5118/D5118M, Standard Practice for Fabrication of Fiberboard Shipping Boxes and grade V2s of ASTM D4727/D4727M, Standard Specification for Corrugated and Solid Fiberboard Sheet Stock (Container Grade) and Cut Shapes, except the requirements for dry burst strength shall be minimum 425 psi, the requirement for wet burst strength shall be minimum 250 psi and the laminated board thickness shall be 0.069 inches. [US Army Research, Development and Engineering Command; Natick Soldier Research, Development, and Engineering Center found that solid fiberboard shipping container material consisting of two outer facings of 90 pound wet strength linerboard and an inner ply of 69 pound linerboard met the performance criteria of this specification.] The box liner shall be a full inside width box liner fabricated from grade W5c fiberboard in accordance with ASTM D5118/D5118M, except the terminal ends of the liner shall overlap a minimum of 2 inches and no fastening of the overlap is required. The box shall be closed in accordance with closure method 2A1 of ASTM D1974/D1974M, Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes; except the gap between the outer flaps shall be not more the 3/4 inch wide. Each box shall be reinforced with two girthwise nonmetallic straps. The inside dimensions of the box shall be 15-5/8 inches in length, 9-1/8 inches in width and 9-9/16 inches in depth.

#### **D-4 UNITIZATION**

A. <u>Unit loads</u>. Forty-eight boxes shall be arranged in unit loads in accordance with type I, class C of DLA Troop Support Form 3507, Loads, Unit: Preparation of Semiperishable Subsistence Items. Each load shall have 24 "A" cases and 24 "B" cases. At least two boxes in each tier shall be oriented to display the TTI label.

#### **D-5 MARKING**

A. <u>Shipping containers</u>. Shipping containers shall be marked in accordance with DLA Troop Support Form 3556, Marking Instructions for Boxes, Sacks, and Unit Loads of Perishable and Semiperishable Subsistence and as specified in the contract with the following exceptions:

(1) Identification markings normally placed on an end of the shipping container shall read from top to bottom, left to right, when the shipping container is rotated from its upright position onto its side for palletization. The major flaps of the shipping container closure immediately to the right of the marked end of the shipping container shall bear the following marking:

Contract data and other required markings Date of pack Lot number Case A or B, as applicable U.S. GOVERNMENT PROPERTY – COMMERCIAL RESALE IS UNLAWFUL NOTE: WATER ACTIVATED Flameless Ration Heater, NSN 8970-01-321-9153, supplied in each MRE bag

(2) Time Temperature Indicator label shall be centrally positioned on the panel. A minimum distance (quiet zone) of 1/4 inch from the nearest identification marking shall be maintained.

(3) One side panel of the shipping container shall be marked "MEAL, READY-TO-EAT, INDIVIDUAL" in letters not less than 1-1/4 inches high with the French translation "(Repas, Prêt-à-Consommer, Individuel)" marked underneath in letters not less than 1 inch. Underneath the ration nomenclature, in letters not less than 1/2 inch, the shipping container shall be marked "DO NOT ROUGH HANDLE WHEN FROZEN (0°F or below)".

B. <u>Unit loads</u>. Unit loads shall be marked in accordance with DLA Troop Support Form 3556. In addition, each unit load shall be provided with a Material Safety Data Sheet (MSDS), in accordance with MIL-R-44398. The MSDS shall be packaged and attached to one side of the unit load. A copy of the MSDS shall be included with the shipping papers and a copy shall also be placed in the vehicle manifest.



#### Peelable Seal 🛧

# Meal, Ready-to-Eat, Individual

Warfighter Recommended, Warfighter Tested, Warfighter Approved

## **MENU 18** MEATBALLS IN MARINARA SAUCE

(BOULETTES DE VIANDE, SAUCE MARINARA)

## THE WORNICK COMPANY CINCINNATI, OHIO 45242

U.S. GOVERNMENT PROPERTY COMMERCIAL RESALE IS UNLAWFUL

FLAMELESS RATION HEATERS ARE PROHIBITED ON COMMERCIAL AIRLINES UNLESS SEALED IN ORIGINAL MEAL BAG

FIGURE 1. Example of Design 1 of Meal Bag Graphics

Peelable Seal 🛧



Peelable Seal 🕇



Warfighter Recommended, Warfighter Tested, Warfighter Approved

AMERIQUAL PACKAGING EVANSVILLE, IN 47710 U.S. GOVERNMENT PROPERTY COMMERCIAL RESALE IS UNLAWFUL

FLAMELESS RATION HEATERS ARE PROHIBITED ON COMMERCIAL AIRLINES UNLESS SEALED IN ORIGINAL MEAL BAG

FIGURE 3. Example of Design 3 of Meal Bag Graphics

#### SECTION E INSPECTION AND ACCEPTANCE

The following quality assurance criteria, utilizing ANSI/ASQ Z1.4, Sampling Procedures and Tables for Inspection by Attributes, are required. Unless otherwise specified, single sampling plans indicated in ANSI/ASQ Z1.4 will be utilized. When required, the manufacturer shall provide the Certificate(s) of Conformance to the appropriate inspection activity. Certificate(s) of Conformance not provided shall be cause for rejection of the lot.

#### A. Definitions.

(1) <u>Critical defect</u>. A critical defect is a defect that judgment and experience indicate would result in hazardous or unsafe conditions for individuals using, maintaining, or depending on the item; or a defect that judgment and experience indicate is likely to prevent the performance of the major end item, i.e., the consumption of the ration.

(2) <u>Major defect</u>. A major defect is a defect, other than critical, that is likely to result in failure, or to reduce materially the usability of the unit of product for its intended purpose.

(3) <u>Minor defect</u>. A minor defect is a defect that is not likely to reduce materially the usability of the unit of product for its intended purpose, or is a departure from established standards having little bearing on the effective use or operation of the unit.

B. <u>Conformance inspection</u>. Conformance inspection shall include the examinations/tests and the methods of inspection cited in this section.

#### C. Packaging examination.

(1) <u>Pouch material certification</u>. The pouch material shall be tested for these characteristics. A Certificate of Conformance (CoC) may be accepted as evidence that the characteristics conform to the specified requirements.

Requirement	Requirement paragraph	Test procedure
Thickness of meal bag	D-1,A(3)	ASTM D2103 <u>1</u> /
Color of meal bag and subassembly/accessory packet	D-1,A(1) and D-1,A(3)	Visual evaluation and FED-STD-595, as applicable <u>2</u> /
Water vapor transmission rate	D-1,A(1)	ASTM F1249 <u>3</u> /, ASTM E96/E96M <u>4</u> / or Method 3030 of MIL-STD-3010 <u>5</u> /

1/ Standard Specification for Polyethylene Film and Sheeting

#### 2/ Colors Used in Government Procurement

3/ Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor

4/ Standard Test Methods for Water Vapor Transmission of Materials

5/ Test Procedures for Packaging Materials and Containers

(2) Subassembly/accessory packet examination. The filled and sealed packets shall be examined for the defects listed in table VI. The lot size shall be expressed in packets. The sample unit shall be one packet. The inspection level shall be S-4 and the acceptable quality level (AQL), expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects.

Category	1	ABLE VI. Subassembly/accessory packet defects         Defect
Major	<u>Minor</u>	
101		Not clean. $\underline{1}/$
	201	Seal width less than $1/16$ inch. $2/$
	202	Tear nick or notch or serrations missing or does not facilitate opening.
	203	Tear or hole or open seal.
	204	Label missing or incorrect or illegible.
	205	Pouch not sealed on four sides.

1/ Outer packaging shall be free from foreign matter which is unwholesome, has the potential to cause package damage (for example, glass, metal fillings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total

surface area of one pouch face.

2/An effective seal is defined as any uncontaminated, fusion bonded, continuous path, minimum 1/16 inch wide, producing a hermetically sealed pouch.

(3) <u>Subassembly/accessory packet contents examination</u>. The filled and sealed packets shall be examined for the defects listed in table VII (this examination may be performed on the preformed packets after filling and prior to sealing). The lot size shall be expressed in packets. The sample unit shall be one packet, open or sealed. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 1.5 for major defects and 4.0 for minor defects.

	TABI	E VII. Subassembly/accessory packet contents defects
Category		Defect
Major	Minor	
101		Component not clean. $\underline{1}/$
	201	Missing or unserviceable component.

1/ Outer packaging shall be free from foreign matter which is unwholesome, has the potential to cause package damage (for example, glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one package face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one package face.

(4) <u>Assembled meal bag examination</u>. The filled and sealed meal bags shall be inspected for the defects listed in table VIII. The lot size shall be expressed in bags. The sample unit shall be one bag. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects. A minimum of 50 samples shall be examined for critical defects. The finding of any critical defect shall be cause for rejection of the lot. The inspection sample shall contain a proportionate amount of each of the meals.

	Category		Defect
<u>Critical</u> 1	<u>Major</u>	<u>Minor</u>	Tear or hole or open seal in cheese spread.
2			Swollen cheese spread pouch or swollen pouch of thermostabilized item.
3			Tear or hole or puncture in thermostabilized pouch.
	101		Menu component missing or incorrect assortment for menu. $\underline{1}/$
	102		Meal bag not clean or outer packaging of its contents not clean. $\underline{2}/$
	103		Foreign odor.
	104		Labeling missing or incorrect or illegible.
	105		Swollen peanut butter or jelly or jam pouch.
	106		Tear or hole or open seal in component packages.
	107		Crushed or broken component. $\underline{3}/$
	108		Broken spoon.
	109		Chocolate toffee rolls or mints not packaged in barrier pouch.
	110		Bond strength of paperboard sleeve glue joint is not greater than fiber strength of paperboard sleeve. <u>4</u> /
	111		Dimensions of paperboard sleeve not as specified. $4$
		201	Tear or hole or open seal or split in meal bag.
		202	Tear or hole or open seal in subassembly/accessory packet.
		203	Inverted "V" shaped peel indicator missing or not located as specified.

TABLE VIII. Assembled meal bag defects

Category			Defect
<u>Critical</u>	<u>Major</u>	<u>Minor</u> 204	Labeling graphics of meal bag not correct.
		205	Color of paperboard sleeve or paperboard insert card not as specified. $4/$
		206	Paperboard sleeve does not form an open-ended carton when folded along the bottom score lines. $4/$
		207	Dimensions of paperboard insert card not as specified. $\underline{4}$ /

TABLE VIII. Assembled meal bag defects - Continued

1/A missing entrée shall be cause for rejection of the lot.

2/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (i.e. glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one pouch face.

3/For definition of crushed or broken, refer to applicable ration component document.

4/ A CoC may be accepted as evidence of conformance.

D. Methods of inspection.

(1) <u>Seal testing</u>. The pouch seals shall be tested for seal strength or internal pressure resistance as required in a, b, c, or d, as applicable.

a. <u>Unfilled preformed subassembly/accessory packet pouch</u>. The seals of the unfilled preformed pouches for the subassembly/accessory packet shall be tested for seal strength in accordance with ASTM F88/F88M, Standard Test Method for Seal Strength of Flexible Barrier Materials. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection shall be level S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. Three specimens shall be cut from each of the three sealed sides

of each pouch in the sample. The average seal strength of any side shall be calculated by averaging the results of the three specimens cut from that side. Any individual test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored as a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the number of pouches indicated by inspection level S-1. If a three-seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and end of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table VI, footnote 2/) shall be considered a test failure. Any test failure shall be classified as a major defect and shall be cause for rejection of the lot.

b. <u>Unfilled meal bag</u>. The seals of the unfilled meal bags shall be tested for seal strength in accordance with ASTM F88/F88M. The lot size shall be expressed in bags. The sample unit shall be one bag. The sample size shall be the number of bags indicated by inspection level S-1. Three specimens shall be cut from the sealed end of each bag in the sample. Samples shall not be taken from the inverted "V" peel initiation. Any specimen with a seal strength less than 4 pounds per inch of width or greater than 10 pounds per inch of width shall be classified as a major defect and shall be cause for rejection of the lot.

c. <u>Subassembly/accessory packet pouch closure</u>. The closure seals of the pouches for the subassembly/accessory packet shall be tested for seal strength in accordance with ASTM F88/F88M. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection level shall be S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. For the closure seal on preformed pouches, three adjacent specimens shall be cut from the closure seal of each pouch in the sample. For the form-fill-seal pouches, three specimens shall be cut from each side and each end of each pouch in the sample. The average seal strength of any side, end or closure shall be calculated by averaging the three specimens cut from that side, end or closure. Any individual test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored as a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the

number of pouches indicated by inspection level S-1. If a three-seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and end of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table VI, footnote 2/) shall be considered a test failure shall be classified as a major defect and shall be cause for rejection of the lot.

d. <u>Meal bag closure</u>. The closure seals of the meal bags shall be tested for seal strength in accordance with ASTM F88/F88M. The lot size shall be expressed in bags. The sample unit shall be one bag. The sample size shall be the number of bags indicated by inspection level S-1. Three specimens shall be cut from the closure seal of each bag in the sample. The average seal strength shall be calculated by averaging the three test specimens cut from that seal (the sample unit). Any test specimen result less than 3 pounds per inch of width shall be cause for rejection of the lot. Any average seal strength of less than 4 pounds per inch of width shall be cause for rejection of the lot.

(2) <u>Unfilled meal bag and unfilled preformed subassembly/accessory packet pouch</u> <u>seal certification</u>. A CoC may be accepted as evidence that unfilled bags or pouches conform to the seal strength requirements specified in D-1,A(1) and (3). When deemed necessary by the government inspector, testing of the unfilled preformed pouches for seal strength shall be as specified in E,D(1)a.

#### E. Packing.

(1) <u>Shipping container and marking examination</u>. The filled and sealed shipping containers shall be examined for the defects listed in table IX. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container fully packed. The inspection level shall be S-3 and the AQL, expressed in terms of defects per hundred units, shall be 4.0 for major defects and 10.0 for total defects.

Cate	egory	Defect
<u>Major</u> 101	<u>Minor</u>	Marking missing or incorrect or illegible.
102		Outer flaps do not completely meet, leaving an opening greater than $3/4$ inch between flap ends.
103		Inadequate workmanship. $\underline{1}/$
104		Missing meal. <u>2</u> /
105		Not one of each menu specified.
	201	Time-temperature indicator missing or not centrally located on panel.
	202	Time-temperature indicator 1/4-inch quiet zone not maintained.
	203	Meal bag graphics do not coincide with specified design.

TABLE IX. Shipping container and marking defects

1/Inadequate workmanship is defined as, but not limited to, incomplete closure of container flaps, loose strapping, inadequate stapling, improper taping, or bulged or distorted container.

#### 2/Each missing meal is a defect.

(2) <u>Flap closure testing</u>. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container. The inspection level shall be S-2 and the AQL, expressed in terms of defects per hundred units, shall be 4.0. The closure of the four outer flaps of the container shall be tested separately. A 90 degree angular bar with each leg approximately 5 inches long by 3 inches wide by 1/8 inch thick shall be used to test the flap closures. Insert one leg of the angular bar full length under the center of one outer flap. Insertion shall be made through the open slot between the outer flaps. Lift the container vertically by the other leg of the bar until the container is suspended. The complete upper surface of the inserted leg shall be in contact with the inner surface of the flap during the lifting and suspension of the container. Complete separation of the adhesive bond of one or more of the outer flaps, showing no evidence of fiber tear, shall be scored as a major defect.

F. <u>Unit load examination</u>. The unit load shall be examined in accordance with the requirements of DLA Troop Support Form 3507. Any nonconformance shall be classified as a major defect.

#### SECTION J REFERENCE DOCUMENTS

Unless otherwise specified, the applicable version of these documents is that which is active on the date of the solicitation or contract.

#### DLA Troop Support Forms

Form 3507	Loads, Unit: Preparation of Semiperishable Subsistence Items
Form 3556	Marking Instructions for Boxes, Sacks, and Unit Loads of Perishable and Semiperishable Subsistence

### MILITARY SPECIFICATIONS

MIL-PRF-32176	Bag, Hot Beverage
MIL-R-44398B	Ration Supplement, Flameless Ration Heater (FRH)
MIL-STD-3010	Test Procedures for Packaging Materials and Containers
MIL-PRF-44073	Packaging of Food in Flexible Pouches

#### FEDERAL STANDARDS

FED-STD-595	Colors Used in Government Procurement

#### NON-GOVERNMENTAL STANDARDS

## AMERICAN SOCIETY FOR QUALITY (ASQ) www.asq.org

ANSI/ASQ Z1.4	Sampling Procedures and Tables for Inspection by
	Attributes

## ASTM INTERNATIONAL <u>www.astm.org</u>

D1974/D1974M	Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes
D2103	Standard Specification for Polyethylene Film and Sheeting
D4727/D4727M	Standard Specification for Corrugated and Solid Fiberboard Sheet Stock (Container Grade) and Cut

Shapes
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D5118/D5118M	Standard Practice for Fabrication of Fiberboard Shipping Boxes
E96/E96M	Standard Test Methods for Water Vapor Transmission of Materials
F88/F88M	Standard Test Method for Seal Strength of Flexible Barrier Materials
F1249	Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor

## For DLA Troop Support Website Posting

**RDNS-SEC-EM** 

18 January 2017

TO: Defense Logistics Agency (DLA) - Troop Support - Subsistence DSCP-FTRE

SUBJECT: ES17-014 (DSCP-SS-17-00358); Document change; update Table III (Menu 24) and Table V of ACR-M-037, Meal, Ready-to-Eat (MRE); Assembly Requirements to include the missing word "Style" for Southwest Style Beef and Black Beans with Sauce, PCR-S-018; Contract SPE3S1-16-R-0008.

1. Natick has initiated an Engineering Support document change to update Table III (Menu 24) and Table V of ACR-M-037, Meal, Ready-to-Eat (MRE); Assembly Requirements to include the missing word "Style" for Southwest Style Beef and Black Beans with Sauce, PCR-S-018.

2. Natick submits the following changes to the subject document for all current, pending and future procurements until the document is formally amended or revised.

a. page 13, TABLE III, Menu #24, after "Southwest" insert "Style".

b. page 18, TABLE V, under Entrée Name column, after "Southwest" insert "Style".