

**HEALTH & COMFORT PACK TABLE OF SPECIFICATIONS (revised 10/2019)**

**Type I, Individual Pack**

(HCP Type I; Supports 10 persons)

| <b>Component</b>       | <b>Count</b> | <b>U/I</b> | <b>Description of Salient Characteristics, Performance Requirements and Quantities if needed.</b>  |
|------------------------|--------------|------------|--|
| Toothbrush             | 10           | Each       | Oral hygiene instrument used to clean the teeth and gums that consists of a head of tightly clustered bristles mounted on a folding handle, minimum of 4 rows, adult size, nylon round end w/polished soft bristles; able to fold in half for easy travel and storage; made in the USA |
| Toothpaste             | 10           | Each       | With fluoride, NLT 6 oz.; made in the USA  |
| Dental Floss           | 10           | Each       | Unwaxed, unflavored, NLT 100 yards   |
| Razor, Shaving         | 50           | Each       | Twin blade, disposable   |
| Shaving Gel            | 30           | Each       | 1-3 ounces; non-aerosol; gender neutral  |
| Body Wash              | 10           | Each       | 8-10 ounces; hypo-allergenic; soap free; gender neutral  |
| Foot Powder            | 10           | Each       | Minimum 4 ounces. Anti-Fungal, non-aerosol powder  |
| Tissues                | 20           | Package    | 15 count, 8 x 8 inch size; made in the USA   |
| Shampoo                | 20           | Each       | With conditioner; 3-4 ounces; gender neutral; made in the USA  |
| Plastic Bag            | 10           | Each       | Self-seal or zip-lock, 1 gal size storage bag  |
| Deodorant              | 10           | Each       | 2 ounce stick, unscented, antiperspirant, gender neutral   |
| Lip Balm               | 10           | Each       | Lip applicator, unflavored, sunscreen additive of SPF 15 or greater  |
| Lotion, Sunblock       | 20           | Each       | Skin-bonding, waterproof, unscented, SPF 30 or greater, NLT 4 oz.  |
| Body Wipes             | 40           | Package    | 4 count pack, non skin drying cleanser, no fragrance, resealable,  |
| Toilet Paper           | 20           | Each       | Compressed roll; 2-ply sheets; minimum of 150 sheets   |
| Eye Drops, Lubricating | 10           | Each       | Lubricating Eye Drops 15 mL, NSN 6505-01-517-6075  |
| Eye Drops, Allergy     | 10           | Each       | Antihistamine Eye Drops, NLT 5 mL  |

(Quantities listed are per HCP, Type I)

| <b>Component</b>  | <b>Count</b> | <b>U/I</b> | <b>Description of Salient Characteristics and Performance Requirements</b>  |
|-------------------|--------------|------------|---|
| Laundry Detergent | 6            | Each       | Detergent for washing clothes including combat utility uniforms; contains no optical brighteners; Environmentally-friendly; Not Less Than (NLT) 20 oz.; Powder. |

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**Type II, Female Supplemental Pack**

Quantities listed are per HCP, Type II  
Type II supports 10 women

| <b>Component</b>      | <b>Count</b> | <b>U/I</b> | <b>Description of Salient Characteristics, Performance Requirements and Quantities if needed.</b>   |
|-----------------------|--------------|------------|---|
| Napkins, Sanitary     | 20           | Each       | Regular Absorbency, Individually Wrapped, Self-Adhesive Strips  |
| Napkin, Sanitary      | 20           | Each       | Super Absorbency, Individually Wrapped, Self-Adhesive Strips  |
| Tampons               | 80           | Each       | Regular Absorbency, Individually Wrapped; capable of holding 6-9 grams of liquid.   |
| Tampons               | 80           | Each       | Super Absorbency, Individually Wrapped; capable of holding 9-12 grams of liquid   |
| Panty Shields         | 100          | Each       | Without Baking Soda, Individually wrapped, Self-Adhesive  |
| Disposal Bag/pouch    | 100          | Each       | Approx. 3"x7" for disposal of feminine hygiene products   |
| Ponytail Holders      | 10           | Package    | Hair restraint, black, elastic, no-metal, 10-count pack   |
| Bobby Pins            | 10           | Package    | Rust-Resistant, Black, NLT 50-count pack  |
| Hair Brush            | 20           | Each       | Paddle brush with flexible bristles; subdued color; made in USA   |
| Comb                  | 20           | Each       | Plastic; wide-tooth; made in USA  |
| Cleansing Wipes       | 20           | Each       | Individually wrapped wipes or resealable package; pH-balanced; gynecologist tested  |
| Female Urinary Device | 3            | Each       | Reusable device; flexible material with anti-microbial/germ resistant properties; anatomically designed for the female body; allows urination while standing up; leak proof |

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**Type III, Bathing Supplemental Pack**

Quantities listed are per HCP, Type III

Type III supports 10 persons

| <b>Item/Product</b> | <b>Count</b> | <b>U/I</b> | <b>Description of Salient Characteristics, Performance Requirements and Quantities if needed.</b> |
|---------------------|--------------|------------|---|
| Body Wipes          | 40           | Package    | 8-count pack, non-drying skin cleanser, no fragrance, resealable                                  |

**Notes:**

NLT= no larger than

Sizes and/or weights are minimums, unless otherwise specified.

HCP Type I, II, and III are designed to support 10 persons for 30 days.