

HEALTH & COMFORT PACK TABLE OF SPECIFICATIONS (revised 10/2019)

Type I, Individual Pack

(HCP Type I; Supports 10 persons)

Component	Count	U/I	Description of Salient Characteristics, Performance Requirements and Quantities if needed.	Brand Name Example
Toothbrush	10	Each	Oral hygiene instrument used to clean the teeth and gums that consists of a head of tightly clustered bristles mounted on a folding handle, minimum of 4 rows, adult size, nylon round end w/polished soft bristles; able to fold in half for easy travel and storage; made in the USA	Colgate Portable Travel Toothbrush
Toothpaste	10	Each	With fluoride, NLT 6 oz.; made in the USA	Crest or Colgate
Dental Floss	10	Each	Unwaxed, unflavored, NLT 100 yards	Freshscent
Razor, Shaving	50	Each	Twin blade, disposable	Personna, Goodsense or Dorco
Shaving Gel	30	Each	1-3 ounces; non-aerosol; gender neutral	Freshscent-all-in-one
Body Wash	10	Each	8-10 ounces; hypo-allergenic; soap free; gender neutral	Dove Body wash
Foot Powder	10	Each	Minimum 4 ounces. Anti-Fungal, non-aerosol powder	Desenex, Goodsense or Perfect Purity
Tissues	20	Package	15 count, 8 x 8 inch size; made in the USA	Kleenex
Shampoo	20	Each	With conditioner; 3-4 ounces; gender neutral; made in the USA	Freshscent-all-in-one
Plastic Bag	10	Each	Self-seal or zip-lock, 1 gal size storage bag	Ziplock
Deodorant	10	Each	2 ounce stick, unscented, antiperspirant, gender neutral	Freshscent
Lip Balm	10	Each	Lip applicator, unflavored, sunscreen additive of SPF 15 or greater	Chap Stick Classic Original or Blistex
Lotion, Sunblock	20	Each	Skin-bonding, waterproof, unscented, SPF 30 or greater, NLT 4 oz.	Suntek
Body Wipes	40	Package	4 count pack, non skin drying cleanser, no fragrance, resealable,	Wet Ones
Toilet Paper	20	Each	Compressed roll; 2-ply sheets; minimum of 150 sheets	Coglans
Eye Drops, Lubricating	10	Each	Lubricating Eye Drops 15 mL, NSN 6505-01-517-6075	CareAll or PureAid
Eye Drops, Allergy	10	Each	Antihistamine Eye Drops, NLT 5 mL	CareAll or PureAid

Type I, Additional Items

(Quantities listed are per HCP, Type I)

Component	Count	U/I	Description of Salient Characteristics and Performance Requirements
Laundry Detergent	6	Each	Detergent for washing clothes including combat utility uniforms; contains no optical brighteners; Environmentally-friendly; Not Less Than (NLT) 20 oz.; Powder.

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Type II, Female Supplemental Pack

Quantities listed are per HCP, Type II
Type II supports 10 women

Component	Count	U/I	Description of Salient Characteristics, Performance Requirements and Quantities if needed.	Brand Name Example
Napkins, Sanitary	20	Each	Regular Absorbency, Individually Wrapped, Self-Adhesive Strips	Always, Bodyform or Shining Day
Napkin, Sanitary	20	Each	Super Absorbency, Individually Wrapped, Self-Adhesive Strips	Always or Bodyform
Tampons	80	Each	Regular Absorbency, Individually Wrapped; capable of holding 6-9 grams of liquid.	Tampax Cardboard Applicator
Tampons	80	Each	Super Absorbency, Individually Wrapped; capable of holding 9-12 grams of liquid	Tampax Cardboard Applicator
Panty Shields	100	Each	Without Baking Soda, Individually wrapped, Self-Adhesive	Always Panty Liners
Disposal Bag/pouch	100	Each	Approx. 3"x7" for disposal of feminine hygiene products	Crown Star
Ponytail Holders	10	Package	Hair restraint, black, elastic, no-metal, 10-count pack	Halsa
Bobby Pins	10	Package	Rust-Resistant, Black, NLT 50-count pack	Halsa
Hair Brush	20	Each	Paddle brush with flexible bristles; subdued color; made in USA	Wet
Comb	20	Each	Plastic; wide-tooth; made in USA	Conair or ISS
Cleansing Wipes	20	Each	Individually wrapped wipes or resealable package; pH-balanced; gynecologist tested	Always on the go
Female Urinary Device	3	Each	Reusable device; flexible material with anti-microbial/germ resistant properties; anatomically designed for the female body; allows urination while standing up; leak proof	Go Girl

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Type III, Bathing Supplemental Pack

Quantities listed are per HCP, Type III

Type III supports 10 persons

Item/Product	Count	U/I	Description of Salient Characteristics, Performance Requirements and Quantities if needed.	Brand Name Example
Body Wipes	40	Package	8-count pack, non-drying skin cleanser, no fragrance, resealable	Medline

Notes:

NLT= no larger than

Sizes and/or weights are minimums, unless otherwise specified.

HCP Type I, II, and III are designed to support 10 persons for 30 days.