

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

SECTION C

This document covers thermostabilized chicken, noodles, and vegetables, in sauce in a flexible pouch for use by the Department of Defense as a component of operational rations.

C-1 ITEM DESCRIPTION

**PCR-C-021A, CHICKEN, EGG NOODLES, AND VEGETABLES, IN SAUCE,
PACKAGED IN A FLEXIBLE POUCH, SHELF STABLE**

C-2 PERFORMANCE REQUIREMENTS

A. Product standard. A sample shall be subjected to first article (FA) or product demonstration model (PDM) inspection as applicable, in accordance with the tests and inspections of Section E of this Performance-based Contract Requirements (PCR) document. The approved sample shall serve as the product standard. Should the contractor at any time plan to, or actually produce the product using different raw material or process methodologies from the approved product standard, which result in a product non comparable to the product standard, the contractor shall arrange for a new or alternate FA or PDM approval. In any event, all product produced must meet all requirements of this document including product standard comparability.

B. Commercial sterility. The packaged food shall be processed until commercially sterile.

C. Shelf life. The packaged product shall meet the minimum shelf life requirement of 36 months at 80°F.

D. Appearance.

(1) General. The finished product shall be a uniform mixture of whole muscle chicken meat pieces, egg noodles, and vegetables in a sauce. The finished product shall be free from foreign materials.

(2) Chicken. The chicken shall be whole muscle chicken meat pieces typically produced by a 3/4 inch machine setting and shall be in natural proportions (void of any ground product). The end product shall not be diced or stripped from a log product. The chicken pieces shall have a cooked chicken color. The packaged product shall be practically free of skin, bone or bone fragments, cartilage, coarse connective tissue, tendons or ligaments, and discolored meat.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

(3) Egg noodles. The noodles shall be fettuccini type enriched egg noodle product or other heavy soup, enriched egg noodle product. The cooked noodles shall be approximately 2.0 inches in length. The noodles shall be distinct strips that readily separate and shall be an off white to pale yellow color.

(4) Vegetables. The vegetables shall be an evenly distributed mix of at least three of the following: carrots, sweet red peppers, green beans, mushrooms, and green peas. The vegetables shall be discernible pieces and shall have a cooked vegetable color.

(5) Sauce. The sauce shall be a pale gold or light tan color and may contain flecks of herbs and spices.

E. Odor and flavor. The packaged food shall have an odor and flavor of cooked chicken, egg noodles, and vegetables in a mildly seasoned sauce. The packaged food shall be free from foreign odors and flavors.

F. Texture.

(1) Chicken. The chicken pieces shall be moist and tender.

(2) Egg noodles. The egg noodles shall be slightly soft to slightly firm.

(3) Vegetables. The vegetables shall be slightly soft to slightly firm.

(4) Sauce. The sauce shall be smooth and moderately thick.

G. Net weight. The average net weight shall be not less than 8.0 ounces (227 grams). The net weight of an individual pouch shall be not less than 7.5 ounces (213 grams).

H. Drained weight.

(1) Chicken, egg noodles, and vegetables. The average drained weight of chicken pieces, egg noodles, and vegetables (combined) shall be not less than 4.8 ounces (136 grams). The drained weight of chicken, egg noodles, and vegetables (combined) in an individual pouch shall be not less than 4.5 ounces (128 grams).

(2) Chicken. The average drained weight of chicken pieces shall be not less than 2.3 ounces (65 grams). The drained weight of chicken pieces in an individual pouch shall be not less than 2.0 ounces (57 grams).

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

I. Palatability and overall appearance. The finished product shall be equal to or better than the approved product standard in palatability and overall appearance.

J. Analytical requirements.

(1) Fat content. The fat content shall be not greater than 5.0 percent.

(2) Salt content. The salt content shall be not less than 0.5 percent and not greater than 1.2 percent.

C-3 MISCELLANEOUS INFORMATION

THE FOLLOWING INGREDIENTS ARE FOR INFORMATION ONLY. THIS IS NOT A MANDATORY CONTRACT REQUIREMENT.

A. Ingredients. Chicken broth, cooked chicken meat, enriched noodles, carrots, modified food starch, red peppers, corn oil, wheat flour, chicken bouillon, peas, mushrooms, salt, dried cream extract, whey, spices, seasoning and caramel color.

SECTION D

D-1 PACKAGING

Product shall be filled into pouches and sealed in accordance with MIL-PRF-44073, Packaging of Food in Flexible Pouches, Type I, Style 1.

D-2 LABELING

A. Pouches. Each pouch shall be correctly and legibly labeled. Printing ink shall be permanent black ink or any other contrasting color, which is free of carcinogenic elements. Prior to thermal processing of the pouches, the product name, lot number and filling equipment number shall be applied. All other marking may be applied before or after thermal processing.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

(1) Product name (not less than 1/8 inch high). (Commonly used abbreviations may be used.)

(2) Pouch code includes: 1/

Lot Number
Filling equipment identification number
Official establishment number (Optional)
Retort identification number and Retort cook number (Optional)
Time stamp (hour and minute of filling/sealing operation)

1/ The lot number shall be expressed as a four digit Julian code. The first digit shall indicate the year of production and the next three digits shall indicate the day of the year (Example, 14 February 2010 would be coded as 0045). The Julian code shall represent the day the product was packaged into the pouch and processed. Following the four digit Julian code, the other required code information shall be printed in the sequence as listed above.

(3) USDA official inspection legend for the packer's plant 1/

1/ May be placed on the paperboard sleeve if labeled under USDA/FSIS supervision as an identification service.

B. Paperboard sleeves.

(1) The sleeves shall be clearly printed on one of the panels with permanent black ink as follows: 1/

Product name (7/32 to 9/32 inch block letters)
Ingredients
Net weight
Name and address of packer
"Nutrition Facts" label in accordance with the Nutrition Labeling and Education Act (NLEA) and all applicable USDA regulations

1/ With contracting officer approval, this information may be printed on the pouch in lieu of the paperboard sleeve.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

(2) The product shall be formulated and labeled in accordance with all USDA labeling regulations and policies. The sleeves (or pouches, as applicable) shall be labeled with the following product name.

CHICKEN, EGG NOODLES, AND VEGETABLES, IN SAUCE

D-3 PACKING

A. Packing. Not more than 40 pounds of product shall be packed in a fiberboard shipping box constructed in accordance with style RSC of ASTM D 5118/5118M, Standard Practice for Fabrication of Fiberboard Shipping Boxes. The fiberboard shall conform to type CF, class D, variety SW, grade 200 of ASTM D 4727/D 4727M, Standard Specification for Corrugated and Solid Fiberboard Sheet Stock (Container Grade) and Cut Shapes. Each box shall be closed in accordance with ASTM D 1974, Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes.

D-5 MARKING

A. Shipping containers. Shipping containers shall be marked in accordance with DSCP FORM 3556, Marking Instructions for Boxes, Sacks, and Unit Loads of Perishable and Semiperishable Subsistence.

SECTION E INSPECTION AND ACCEPTANCE

The following quality assurance criteria, utilizing ANSI/ASQ Z1.4, Sampling Procedures and Tables for Inspection by Attributes, are required. Unless otherwise specified, single sampling plans indicated in ANSI/ASQ Z1.4 will be utilized. When required, the manufacturer shall provide the Certificate(s) of Conformance to the appropriate inspection activity. Certificate(s) of Conformance not provided shall be cause for rejection of the lot.

A. Definitions.

(1) Critical defect. A critical defect is a defect that judgment and experience indicate would result in hazardous or unsafe conditions for individuals using, maintaining, or depending on the item; or a defect that judgment and experience indicate is likely to prevent the performance of the major end item, i.e. the consumption of the ration.

(2) Major defect. A major defect is a defect, other than critical, that is likely to result in failure, or to reduce materially the usability of the unit of product for its intended purpose.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

(3) Minor defect. A minor defect is a defect that is not likely to reduce materially the usability of the unit of product for its intended purpose, or is a departure from established standards having little bearing on the effective use or operation of the unit.

B. Classification of inspections. The inspection requirements specified herein are classified as follows:

(1) Product standard inspection. The first article or product demonstration model shall be inspected in accordance with the provisions of this document and evaluated for overall appearance and palatability. Any failure to conform to the performance requirements or any appearance or palatability failure shall be cause for rejection of the lot. The approved first article or product demonstration model shall be used as the product standard for periodic review evaluations. All food components that are inspected by the USDA shall be subject to periodic review sampling and evaluation. The USDA shall select sample units during production of contracts and submit them to the following address for evaluation:

US Army Research, Development and Engineering Command
Natick Soldier Research, Development and Engineering Center
RDNS-CFF
15 Kansas Street
Natick, MA 01760-5018

One lot shall be randomly selected during each calendar month of production. Six (6) sample units of each item produced shall be randomly selected from that one production lot. The six (6) sample units shall be shipped to Natick within five working days from the end of the production month and upon completion of all USDA inspection requirements. The sample units will be evaluated for the characteristics of appearance, odor, flavor, texture, and overall quality.

(2) Conformance inspection. Conformance inspection shall include the examinations/tests and methods of inspection cited in this section and in section 4 of MIL-PRF-44073.

E-5 QUALITY ASSURANCE PROVISIONS (PRODUCT)

A. Product examination. The finished product shall be examined for compliance with the performance requirements specified in Section C of this Performance-based Contract Requirements document utilizing the double sampling plans indicated in ANSI/ASQ Z1.4.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

The lot size shall be expressed in pouches. The sample unit shall be the contents of one pouch. The inspection level shall be S-3 and the acceptable quality level (AQL), expressed in terms of defects per hundred units, shall be 1.5 for major defects and 4.0 for minor defects. Defects and defect classifications are listed in table I. For drained weight inspection, a separate set of pouches shall be selected from the lot using the same sampling criteria as above. The pouches shall be immersed in not less than 140°F water for 10 minutes prior to conducting the product examination and the drained weight inspection.

TABLE I. Product defects 1/ 2/ 3/ 4/ 5/

<u>Category</u>		<u>Defect</u>
<u>Major</u>	<u>Minor</u>	
		<u>Appearance</u>
101		Product not a uniform mixture of whole muscle chicken meat pieces, egg noodles, and vegetables in a sauce.
102		Bone or bone fragment measuring more than 0.3 inch in any dimension.
	201	Total weight of skin, cartilage, coarse connective tissue, tendons or ligaments, and discolored meat more than 0.20 ounce.
	202	Chicken pieces not a cooked chicken color.
	203	Noodles not distinct strips that readily separate.
	204	Noodles not an off white to pale yellow color.
	205	Vegetables not an evenly distributed mix of at least three of the following: carrots, sweet red peppers, green beans, mushrooms, or green peas.
	206	Vegetables not discernible pieces or do not have a cooked vegetable color.
	207	Sauce not a pale gold or light tan color.
		<u>Odor and flavor</u>
103		Product does not have an odor or flavor of cooked chicken, cooked egg noodles, and vegetables in a mildly seasoned sauce.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

TABLE I. Product defects 1/ 2/ 3/ 4/ 5/ - Continued

Category		Defect
<u>Major</u>	<u>Minor</u>	
		<u>Texture</u>
		208 Chicken pieces not moist or not tender.
		209 Egg noodles not slightly soft to slightly firm.
		210 Vegetables not slightly soft to slightly firm.
		211 Sauce not smooth or not moderately thick.
		<u>Net weight</u>
		212 Net weight of an individual pouch less than 7.5 ounces (213 grams). <u>6/</u>
		<u>Drained weight</u>
		213 Combined drained weight of chicken pieces, egg noodles, and vegetables in an individual pouch less than 4.5 ounces (128 grams). <u>7/</u>
		214 Drained weight of chicken pieces in an individual pouch less than 2.0 ounces (57 grams). <u>8/</u>

1/ Presence of any foreign materials such as, but not limited to dirt, insect parts, hair, glass, wood, or metal, or any foreign odors or flavors such as, but not limited to burnt, scorched, rancid, sour, stale, musty or moldy shall be cause for rejection of the lot.

2/ Finished product not equal to or better than the approved product standard in palatability and overall appearance shall be cause for rejection of the lot.

3/ Machine setting and the requirement for whole muscle chicken meat pieces in natural proportions shall be verified by a Certificate of Conformance (CoC).

4/ Length of cooked egg noodles shall be verified by a CoC.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

5/ Verification of the fettuccine or heavy soup noodles as enriched egg noodle product shall be with the statement of ingredients on the label. Any nonconformance shall be cause for rejection of the lot.

6/ Sample average net weight less than 8.0 ounces (227 grams) shall be cause for rejection of the lot.

7/ Sample average drained weight of chicken pieces, egg noodles, and vegetables (combined) less than 4.8 ounces (136 grams) shall be cause for rejection of the lot.

8/ Sample average drained weight of chicken pieces less than 2.3 ounces (65 grams) shall be cause for rejection of the lot.

B. Methods of inspection.

(1) Commercial sterility. Commercial sterility shall be verified in accordance with USDA/FSIS regulations.

(2) Shelf life. The contractor shall provide a Certificate of Conformance that the product has a 36 month shelf life when stored at 80°F. Government verification may include storage for 6 months at 100°F or 36 months at 80°F. Upon completion of either storage period, the product will be subjected to a sensory evaluation panel for appearance and palatability and must receive an overall score of 5 or higher based on a 9 point hedonic scale to be considered acceptable.

(3) Net weight. The net weight of the filled and sealed pouches shall be determined by weighing each sample on a suitable scale tared with a representative empty pouch. Results shall be reported to the nearest 0.1 ounce or to the nearest 1 gram.

(4) Drained weight. ~~The pouch contents shall be poured into a flat bottom container. A minimum of three times the volume of the pouch of not less than 140°F water shall be added to the container so as to cover the contents. The contents and water shall be gently agitated so as to liquefy rendered fat and to remove the sauce without breaking the chicken, noodles or vegetables. The contents shall then be poured into a U.S. Standard No. 7 sieve in a manner that will distribute the product over the sieve without breaking the chicken, noodles or vegetables. The sieve area shall be such that the distributed product does not completely cover all the openings of the sieve. The sieve shall be tilted at such an angle to assure complete drainage of liquid from the product. Drain product for two minutes before~~

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

determining the combined drained weight by subtracting the sieve tare weight from the gross weight. Remove chicken pieces from the sieve and record the weight of sieve plus its contents. Subtract the weight of the sieve plus its contents from the combined drained weight to determine the weight of the chicken. The drained weight shall be reported to the nearest 0.1 ounce or to the nearest 1 gram. Use a U.S. Standard No. 7 sieve for the drained weight examination. Heat all the pouches at the same time for 10 minutes in hot water. 1/ Pour the contents of the pouch into a flat-bottom container and repeatedly add hot water until all of the product has been removed from the pouch. 1/ Additional hot water may be added to the flat-bottom container so as to cover all the contents. 1/ The mixture shall be gently agitated so as to liquefy rendered fat without breaking the product. 2/ The mixture shall not sit for greater than two minutes. The contents shall then be poured into the sieve in a manner that will distribute the product over the sieve without breaking up the product. The sieve area shall be such that the distributed product does not completely cover all the openings of the sieve. The sieve shall be tilted at an angle from 30 to 45 degrees to ensure complete drainage of liquid from the product. Drain product for two minutes. Place the sieve and its contents onto the scale and tare the scale to zero. Remove the chicken pieces from the sieve. Place the sieve back on the scale and record the weight as a positive number. This value is the drained weight of the chicken pieces. Empty the remaining contents of the sieve by turning the sieve upside down and dumping the remaining product. Place the sieve back on the scale and record the weight as a positive number. This value is the combined drained weight. When necessary, rinse the screen before performing the next drained weight exam. The drained weight shall be reported to the nearest 0.1 ounce or to the nearest 1 gram. 3/

1/ Water temperature shall be not less than 140°F and not greater than 165°F.

2/ Additional hot water may be required for completely removing sauce and liquefying rendered fat.

3/ The initial unit of measurement shall be maintained throughout the exam (example: if ounce is used, the unit of measurement shall remain as ounces throughout the exam).

(5) Analytical. The sample to be analyzed shall be a composite of eight filled and sealed pouches which have been selected at random from the lot. The composite sample shall be prepared and analyzed in accordance with the following methods of the Official Methods of Analysis (OMA) of AOAC International:

<u>Test</u>	<u>Method Number</u>
Fat	922.06, 985.15
Salt	935.47

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

Test results shall be reported to the nearest 0.1 percent. Government verification will be conducted through actual testing by a Government laboratory. Any nonconforming results shall be cause for rejection of the lot.

E-6 QUALITY ASSURANCE PROVISIONS (PACKAGING AND PACKING MATERIALS)

A. Packaging.

(1) Pouch material testing. The pouch material shall be examined for the characteristics listed in table I of MIL-PRF-44073 for Type I. The lot size, sample unit, and inspection level criteria for each of the test characteristics are listed below. Any test failure shall be classified as a major defect and shall be cause for rejection of the lot.

Characteristic	Lot size expressed in	Sample unit	Inspection level
Oxygen transmission rate	yards	1/2 yard	S-1
Water vapor transmission rate	yards	1/2 yard	S-1
Camouflage	yards	1/2 yard	S-1
Thermal processing	pouches	1 pouch	S-2
Low temperature	pouches	1 pouch	S-2
High temperature	pouches	1 pouch	S-2
Directional tear	pouches	1 pouch	S-3

(2) Filled and sealed pouch testing. The filled and sealed thermoprocessed or hot-fill processed pouches shall be examined for the characteristics listed in table I of MIL-PRF-44073 for Type I. The lot size, sample unit, and inspection level criteria for each of the test characteristics are listed below. Any test failure shall be classified as a major defect and shall be cause for rejection of the lot.

Characteristic	Lot size expressed in	Sample unit	Inspection level
Residual gas volume	pouches	1 pouch	S-2
Internal pressure	pouches	1 pouch	S-2 <u>1/</u>

1/ When a three-seal tester is used, a separate set of samples is required for testing of the closure seal.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

(3) Pouch examination. The pouches shall be examined for the defects listed in table II of MIL-PRF-44073 for Type I. The lot size shall be expressed in pouches. The sample unit shall be one thermal processed pouch. The inspection level shall be I and the AQL, expressed in terms of defects per hundred units, shall be 0.65 for major A defects, 2.5 for major B defects, and 4.0 for minor defects. Two hundred sample units shall be examined for critical defects. The finding of any critical defect shall be cause for rejection of the lot.

(4) Sleeve examination. The sleeves shall be examined for the defects listed in table III of MIL-PRF-44073 for Type I. The lot size shall be expressed in units of sleeves. The sample unit shall be one sleeve. The inspection level shall be S-3 and the AQL, expressed in terms of defects per hundred units, shall be 0.65 for major defects and 2.5 for minor defects.

B. Packing.

(1) Shipping container and marking examination. The filled and sealed shipping containers shall be examined for the defects listed in table II below. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container fully packed. The inspection level shall be S-3 and the AQL, expressed in terms of defects per hundred units, shall be 4.0 for major defects and 10.0 for total defects.

TABLE II. Shipping container and marking defects

<u>Category</u>		<u>Defect</u>
<u>Major</u>	<u>Minor</u>	
101		Marking missing or incorrect or illegible.
102		Inadequate workmanship. <u>1/</u>
	201	More than 40 pounds of product.

1/ Inadequate workmanship is defined as, but not limited to, incomplete closure of container flaps, loose strapping, inadequate stapling, improper taping, or bulged or distorted container.

PCR-C-021A
29 September 2009
W/Change 03 15 May 18 ES18-018 (DSCP-SS-18-00358)
SUPERSEDING
PCR-C-021
8 October 1998

SECTION J REFERENCE DOCUMENTS

Unless otherwise specified, the issues of these documents are those active on the date of the solicitation or contract.

DSCP FORMS

DSCP FORM 3556 Marking Instructions for Boxes, Sacks, and Unit Loads of
Perishable and Semiperishable Subsistence

MILITARY SPECIFICATIONS

MIL-PRF-44073 Packaging of Food in Flexible Pouches

NON-GOVERNMENTAL STANDARDS

AMERICAN SOCIETY FOR QUALITY (ASQ) www.asq.org

ANSI/ASQ Z1.4 Sampling Procedures and Tables for Inspection by
Attributes

ASTM INTERNATIONAL www.astm.org

D 1974 Standard Practice for Methods of Closing, Sealing, and
Reinforcing Fiberboard Boxes

D 4727/D 4727M Standard Specification for Corrugated and Solid
Fiberboard Sheet Stock (Container Grade) and Cut Shapes

D 5118/D 5118M Standard Practice for Fabrication of Fiberboard Shipping
Boxes

AOAC INTERNATIONAL www.aoac.org

Official Methods of Analysis (OMA) of AOAC International