

Item: **Beef Goulash (Beef with brown rice, spinach, carrots, tomatoes and smoked paprika)**

Document: **PCR-B-060, Beef Goulash (Beef with brown rice, spinach, carrots, tomatoes and smoked paprika), Packaged in a Flexible Pouch, Shelf Stable**

Approximate Caloric Value Per Serving: **300** Component Classification: **Primary**

Estimated Shelf Life: **3 years at 80°F**

Item Characteristics

Uniform mixture of cooked whole muscle beef strips, brown rice, spinach, carrots and tomatoes.

Appearance: Beef: Reddish-brown cooked beef strips of random widths and lengths; may have grill marks.
Rice: Long grain, parboiled brown rice. Light to medium tan color, may have a reddish-orange color from absorbed sauce; distinct rice grains with a glossy sheen.
Spinach: Cooked, dark green color; discernible wilted pieces.
Carrots: Cooked discernible orange pieces.
Tomatoes: Cooked red tomato color; discernible dices.
Sauce: Semi-translucent, reddish-orange color, moderately thick.

Odor: Cooked beef, cooked brown rice, cooked spinach, cooked carrot, cooked tomato and moderate smoked paprika.

Flavor: Cooked beef, cooked brown rice, cooked spinach, cooked carrot, cooked tomato and moderate smoked paprika.

Texture: Beef: Moist and tender.
Rice: Moist and slightly soft to slightly firm.
Spinach: Soft.
Carrots: Tender, slightly soft to slightly firm.
Tomatoes: Tender, slightly soft to slightly firm.
Sauce: Moderately thick.

Possible Deteriorative Changes

Appearance: Excessive darkening of beef, rice, spinach, carrots and/or sauce. Excessively broken up beef strips.

Odor: Scorched, sour, rancid, bitter, metallic. Diminished cooked tomato and/or smoked paprika odor.

Flavor: Scorched, sour, rancid, bitter, metallic. Lacking cooked tomato and/or smoked paprika flavor.

Texture: Beef: dry, hard or rubbery.
Rice: dry, excessively firm or mushy.
Spinach: Dry or tough
Carrots: dry, excessively firm or mushy.
Tomatoes: excessively mushy.

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Sauce: Excessively thin or thick and/or gelatinous.

Unique Examination/Test Procedures

Special Notes

None