

## Meal, Ready-to-Eat, Individual Menus (MRE, XIX)

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5	MENU 6	MENU 7	MENU 8	MENU 9	MENU 10	MENU 11	MENU 12
Beef Steak	Boneless Pork Jamaican	Beef Teriyaki	Ham Slice	Grilled Chicken Breast	Chicken w/Noodles	Chicken w/Salsa	Chicken w/Rice	Beef Stew	Chili with Macaroni	Pasta w/Veg-Tom (Vegetarian)	Bean & Rice Burrito (Vegetarian)
Mexican Rice	Spiced Apples	White Rice	Buttered Noodles	Mexican Rice		Mexican Rice		Dry Roasted Nuts		Fruit	Fruit
Peanut Butter	Pound Cake	Cheese & Peanut Butter Crackers	Pound Cake	Pound Cake	Fig Bar	Shortbread Cookie	Fudge Brownie	Jalapeno Cheese Spread	Pound Cake	Granola Bar	Fruit Filled Bar
Cracker	Cheese Spread	Jam	Jalapeno Cheese Spread	Jelly			Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter
Beef Jerky					Peanut Butter	Peanut Butter	Cracker	Cracker	Cracker	Cracker	Cracker
Beverage Base w/Sugar	Beverage Base w/Sugar	Beverage Base w/Sugar	Cracker	Cracker	Cracker	Cracker	Beverage Base w/Sugar	Candy <sup>1</sup>	Cocoa	Peanut Brittle Bar	Peanut Brittle Bar
Packet B	Packet A	Packet B	Packet D	Packet D	Packet A	Packet A	Packet A	Packet C	Packet E	Packet C	Packet D
MENU 13	MENU 14	MENU 15	MENU 16	MENU 17	MENU 18	MENU 19	MENU 20	MENU 21	MENU 22	MENU 23	MENU 24
Cheese Tortellini (Vegetarian)	Pasta w/Veg Alfredo Sauce (Vegetarian)	Beef Franks	Chicken w/Thai Sauce	Beef Ravioli	Turkey Breast Pot/Gravy	Beef with Mushroom	Spaghetti w/Meat Sauce	Chicken Stew	Pork Chow Mein	Chicken with Cavetelli	Meatloaf w/Gravy
Applesauce		Potato Sticks	White Rice	Spiced Apples	TS Fruit	White Rice		Pretzels	Chow Mein Noodles		Buttered Noodles
Granola Bar	TS Fruit	Peanut Butter	Raisin Nut Mix	Fudge Brownie	Choc Cvd Cookie		Toasted Peanut Butter Cracker	Pound Cake	Pound Cake	Pound Cake	Toaster Pastry
Peanut Butter	Granola Bar	Cracker	Jalapeno Cheese Spread	Cheese Spread	Peanut Butter	Jelly	Cheese Spread	Cheese Spread	Cheese Spread	Jam	Jalapeno Cheese Spread
Cracker	Peanut Butter	Wheat Snack Bread	Cracker	Cracker	Cracker	Cracker	Cracker	Cracker	Cracker	Cracker	Cracker
Hard Candy	Cracker	Beverage Base w/Sugar			Beverage Base w/Sugar	Beverage Base w/Sugar	Cocoa	Cocoa	Beverage Base w/Sugar	Beverage Base w/Sugar	Beverage Base w/Sugar
Packet C	Fruit Filled Bar		Cocoa	Cocoa	Packet B	Packet B	Packet C	Packet C	Packet C	Packet B	Packet D
	Packet D	Packet B	Packet E	Packet A							

Case A = Menus 1-12, Case B = Menus 13-24

Each menu contains Crackers, Hot Sauce, Flameless Ration Heater and Spoon.

**Accessory Packet A:**

Coffee, Cream Substitute, Sugar, Salt, Chewing Gum, Matches, Toilet Tissue, Towelette

**Accessory Packet B:**

Coffee, Cream Substitute, Sugar, Salt, Chewing Gum, Matches, Toilet Tissue, Towelette, Candy (Vanilla Caramels or Tootsie Rolls)

**Accessory Packet C:**

Lemon Tea w/Sugar, Salt, Chewing Gum, Matches, Toilet Tissue, Towelette

**Accessory Packet D:**

Lemon Tea w/Sugar, Apple Cider, Salt, Chewing Gum, Matches, Toilet Tissue, Towelette

**Accessory Packet E:**

Tea Bag, Sugar, Creamer, Salt, Gum, Matches, Toilet Tissue, Towelette

<sup>1</sup> Jolly Rancher Candy or Charms, Heat Stable M&M's, Peanut Brittle Bar, Fruit Flavored Discs