

## INDIVIDUAL RATIONS: MRE™ XXXI Menus (2011)

### MENU 1

Chili w/beans, Corn bread, Cheese spread, Crackers, Toaster pastry, Dairy shake, Ground red pepper, Accessory Packet A

### MENU 2

Chicken fajita, Refried beans, Fudge brownie, Cheese spread, Tortillas, Irish cream cappuccino, Seasoning blend, Accessory Packet B

### MENU 3

Beef ravioli, Toaster pastry, Cookie, Jalapeño cheese spread, Crackers, Caffeine mints, Orange beverage, Hot sauce, Accessory Packet C

### MENU 4

Maple pork sausage, Granola w/milk and blueberries, Peanut butter spread, Jam, Crackers, Maple muffin top, Sugar free fortified beverage, Syrup, Accessory Packet A

### MENU 5

Chicken w/tomatoes and feta cheese, Cornbread stuffing, Dried fruit, Cheese spread, Vegetable crackers, Candy II, Carbohydrate electrolyte beverage, Accessory Packet A

### MENU 6

Grilled beef patty, Cheese spread w/bacon, Cheese-filled crackers, Raisin nut mix, Wheat snack bread (twin pack), Carbohydrate fortified beverage, BBQ sauce, Accessory Packet A

### MENU 7

Beef brisket in gravy, Biscuit, Cookie, Cheese spread, Crackers, Candy I, Cocoa, Accessory Packet B

### MENU 8

Meatballs w/marinara sauce, Garlic mashed potatoes, Cheese spread, Tortillas, Nuts, First Strike™ bar, Carbohydrate fortified beverage, Butter granules, Accessory Packet C

### MENU 9

Beef stew, Peanut butter spread, Jelly, Wheat snack bread, Filled apple turnover, Hazelnut cocoa, Hot sauce, Accessory Packet B

### MENU 10

Chili and macaroni, Beef snacks, Instant pudding, Jalapeño cheese spread, Crackers, Candy III, Carbohydrate fortified beverage, Ground red pepper, Accessory Packet A

### MENU 11

Vegetable lasagna, Fruit, Pound cake, Peanut butter spread, Wheat snack bread, French vanilla cappuccino, Hot sauce, Accessory Packet B

### MENU 12

Spicy penne pasta, Fruit, Chocolate banana muffin top, Wheat snack bread, Peanut butter spread, Hot sauce, Carbohydrate electrolyte beverage, Accessory Packet A

### MENU 13

Cheese tortellini, Spiced apples, First Strike™ bar, Chunky peanut butter spread, Crackers, Candy II, Carbohydrate fortified beverage, Seasoning blend, Accessory Packet B

### MENU 14

Ratatouille, Baked snack crackers, Pound cake, Peanut butter spread, Crackers, Carbohydrate fortified beverage, Seasoning blend, Accessory Packet A

### MENU 15

Southwest beef and black beans, Mexican rice, Cheese-filled pretzels, Cheese spread, Tortillas, Carbohydrate fortified beverage base, Ground red pepper, Accessory Packet A

### MENU 16

Pork rib, Potato cheddar soup, Ranger bar, Cheese spread, Wheat snack bread (twin pack), Candy II, Carbohydrate electrolyte beverage, BBQ sauce, Accessory Packet B

### MENU 17

Pork sausage w/gravy, Granola w/milk and bananas, Biscuit, Jalapeño cheese spread, Wheat snack bread, Dried fruit, Carbohydrate fortified beverage, Hot sauce, Accessory Packet C

### MENU 18

Chicken w/noodles, Raisin nut mix w/pan coated chocolate disks, Peanut butter spread, Wheat snack bread, Jam, Carbohydrate fortified beverage, Hot sauce, Accessory Packet A

### MENU 19

Beef roast w/vegetables, Fruit, Pound cake, Chocolate peanut butter spread, Crackers, Cocoa, Accessory Packet A

### MENU 20

Spaghetti w/meat sauce, Dried fruit, Cheese spread, Pretzels, Chipotle snack bread, Candy III, Orange beverage, Hot sauce, Accessory Packet A

### MENU 21

Lemon pepper tuna, Tortillas, Cookie, Cherry blueberry cobbler, Candy I, Dairy shake, Fat free mayonnaise, Seasoning blend, Accessory Packet B

### MENU 22

Sloppy joe filling, Chunky peanut butter spread, Jelly, Wheat snack bread, Cinnamon bun, Candy I, Carbohydrate electrolyte beverage, Hot sauce, Accessory Packet C

### MENU 23

Chicken pesto pasta, Cheese spread, Italian bread sticks, Corn nuts, Instant pudding, Carbohydrate electrolyte beverage, Ground red pepper, Accessory Packet A

### MENU 24

Buffalo chicken, Santa Fe rice and beans, Patriotic cookie, Smoked turkey nuggets, Jalapeño cheese spread, Tortillas, Mocha cappuccino, Accessory Packet B

- ▲ **Accessory Packet A:** Coffee, non-dairy creamer, sugar and matches
- ▲ **Accessory Packet B:** Sugar free beverage powder
- ▲ **Accessory Packet C:** Coffee, non-Dairy creamer and sugar substitute
- ▲ **Candy I:** Toffee
- ▲ **Candy II:** Chocolate or peanut butter disks
- ▲ **Candy III:** Fruit-flavored or licorice candy
- ▲ **NOTE:** All beverages are powder