

Table S: MRE XL (2020) Menus

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Case A		
Menu 1	Menu 2	Menu 3
Chili w/Beans Cheddar Cheese Spread Veg Crackers Cornbread Snack Food- Cheese Filled 15/ Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Shredded in Barbecue Sauce Black Beans in Seasoned Sauce Jalapeno Cheddar Cheese Spread Tortillas 19/ Cookies 7/ Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet C	Chicken w/ Egg Noodles and Vegetables Wet Pack Fruit 11/ Crackers Smooth Peanut Butter Jelly/Jam 12/ Candy 6/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A
Menu 4	Menu 5	Menu 6
Spaghetti w/Beef and Sauce Chocolate Chip Toaster Pastry Cheddar Cheese Spread Italian Bread Sticks Infused and Dried Fruit 10/ Chocolate Hazelnut Protein Drink Powder Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B	Chicken Chunks First Strike Bar 9/ Cheddar Cheese Spread Tortillas 19/ Snack Food- Other 16/ Teriyaki Meat Snack Stick Carbohydrate Electrolyte Bev Powder 2/ Barbecue Sauce Spoon Paperboard Sleeve Flameless Ration Heater Accessory Packet B	Beef Taco Filling Santa Fe Style Rice and Beans Cheddar Cheese Spread Tortillas 19/ Nuts and Raisins w/ Pan Coated Choc Disks Orange Fortified Non-nutritive Bev Base Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Menu 7	Menu 8	Menu 9
Beef Strips in Tomato Sauce Chocolate Pudding with Protein Smooth Peanut Butter Snack Bread 14/ Jelly/Jam 12/ Candy 4/ Irish Cream Cappuccino Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Meatballs in Marinara Sauce Cherry Blueberry Cobbler Cookies 7/ Jalapeno Cheddar Cheese Spread Italian Bread Sticks Teriyaki Meat Snack Stick Fortified Carbohydrate Bev Powder 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet C	Beef Stew Pound Cake 3/ Smooth Peanut Butter Snack Bread 14/ Jelly/Jam 12/ Candy 6/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A
Menu 10	Menu 11	Menu 12
Chili and Macaroni Pound Cake 3/ Jalapeno Cheddar Cheese Spread Veg Crackers Teriyaki Meat Snack Stick Candy 4/ Carbohydrate Electrolyte Bev Powder 2/ Crushed Red Pepper Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet A	Vegetable Crumbles with Pasta Wet Pack Fruit 11/ First Strike Bar 9/ Chunky/Crunchy Peanut Butter Crackers Nuts 13/ French Vanilla Capuccino Hot Sauce Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B	Elbow Macaroni in Tomato Sauce Barbecue Protein Puffs Wet Pack Fruit 11/ Smooth Peanut Butter Jelly/Jam Snack Bread 14/ Chocolate Protein Drink Powder Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A

Case B		
Menu 13	Menu 14	Menu 15
Cheese Tortellini in Tomato Sauce Nuts 13/ Chocolate Peanut Spread Crackers Recovery Trail Mix with Pretzels Carbohydrate Electrolyte Bev Powder 2/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C	Creamy Spinach Fettuccini First Strike Bar 9/ Smooth Peanut Butter Crackers Snack Food-Pretzels 17/ Chocolate Protein Drink Powder Crushed Red Pepper Spoon Hot Beverage Bag Flameless Ration Heater Paperboard Sleeve Accessory Packet A	Mexican Style Chicken Stew Wet Pack Fruit 11/ Snack Food- Cheese Filled 15/ Jalapeno Cheddar Cheese Spread Crackers First Strike Bar 9/ Chocolate Hazelnut Cocoa Crushed Red Pepper Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B
Menu 16	Menu 17	Menu 18
Chicken Burrto Bowl Recovery Trail Mix with Pretzels Filled Bakery Item 8/ Tortillas 19/ Cheddar Cheese Spread Hot Sauce Fortified Carbohydrate Bev Pdr 1/ Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C	Pork Sausage Patty Hashbrown Potatoes Granola with Milk and Blueberries Muffin Top 18/ Nuts 13/ Carbohydrate Electrolyte Bev Powder 2/ Syrup Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A	Beef Ravioli in Meat Sauce Muffin Top /18 Cheddar Cheese Spread Snack Bread 14/ Candy 5/ Fortified Carbohydrate Bev Powder 1/ Hot Sauce Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet C

Menu 19	Menu 20	Menu 21
<p>Jalapeno Pepper Jack Beef Patty Potatoes Au Gratin Cookies 7/ Bacon Cheddar Cheese Spread Tortillas 19/ Candy 5/ Orange Fortified Non-nut Swt Bev Base Barbecue Sauce Mayonnaise Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A</p>	<p>Italian Sausage Recovery Trail Mix with Beef Jerky Infused and Dried Fruit 10/ Cheddar Cheese Spread Crackers Nuts 13/ Orange Fortified Non-nut Swt Bev Base Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Accessory Packet A</p>	<p>Lemon Pepper Tuna Pound Cake 3/ Cheddar Cheese Spread Tortillas 19/ Snack Food- Other 16/ Fortified Carbohydrate Bev Powder 1/ Candy 5/ Mayonnaise Spoon Flameless Ration Heater Paperboard Sleeve Accessory Packet B</p>
Menu 22	Menu 23	Menu 24
<p>Beef Goulash Wet Pack Fruit 11/ Chunky/Crunchy Peanut Butter Jelly/Jam Snack Bread 14/ Patriotic Cookies Chocolate Hazelnut Protein Drink Powder Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B</p>	<p>Pepperoni Pizza Slice Cherry Blueberry Cobbler Jalapeno Cheddar Cheese Spread Veg Crackers Cookies 7/ Chocolate Protein Drink Powder Spoon Flameless Ration Heater Hot Beverage Bag Paperboard Sleeve Paperboard Insert Card* Accessory Packet A</p>	<p>Southwest Beef and Black Beans Apple Pieces in Spiced Sauce Pound Cake 3/ Teriyaki Meat Snack Stick Cheddar Cheese Spread Tortillas 19/ Mocha Cappuccino Spoon Flameless Ration Heater Paperboard Sleeve Paperboard Insert Card* Accessory Packet B</p>

* Paperboard Insert Cards are to be included when the pouch for a fruit (cobbler & wet pack fruit) or starch (potato, bean or rice) component of the ration do not contain all of the required labeling.

Note: The ration assemblers may request a substitution for items that they are having difficulty obtaining or producing. Where a component is found to vary from what is listed under the menu, notation in the inspection report is adequate and there is no need to contact the procurement agency.

Can be on of the listed flavors/types:

- 1/ Lemon-lime, Orange & Tropical Punch
- 2/ Fruit Punch, Grape, Lemon-Lime & Orange
- 3/ Vanilla, Lemon Poppy Seed, Marble & Applesauce
- 4/ Cherry Licorice & Peppermint Candy Rings
- 5/ Plain Milk Chocolate Disks, Plain Peanut Butter Disks & Milk Chocolate with Peanuts
- 6/ Original, Berry & Sweet and Sour
- 7/ Oatmeal, Oatmeal Chocolate Chip & Oatmeal Chocolate Chunk
- 8/ Cinnamon Bun & Apple Turnover
- 9/ Chocolate, Apple-Cinnamon & Cran Raspberry
- 10/ Sliced Cranberries & Whole Raisins
- 11/ Raspberry Applesauce, Carbohydrate Enhanced Applesauce & Mango and Peach Applesauce
- 12/ Apple and Grape Jelly & Blackberry and Strawberry Preserves
- 13/ Salted Dry Roasted Peanuts, Jalapeno Cashews & Smoked Almonds
- 14/ Wheat, Multigrain & White Wheat
- 15/ Pepperoni Pizza Filled Crackers & Cheddar Cheese Filled Pretzels
- 16/ Barbecue Toasted Corn Kernels & Cheddar Cheese Baked Snack Crackers
- 17/ Pretzel Sticks & Honey Mustard and Onion Pretzel Nuggets
- 18/ Chocolate Banana Nut & Maple
- 19/ Plain & Chipotle

Accessory Packet A

Chewing Gum
Hand Wipe
Salt
Toilet Tissue
Safety Matches
Coffee
Creamer
Sugar

Accessory Packet B

Chewing Gum
Hand Wipe
Salt
Toilet Tissue
Bev Base, Non-Nutritive (Lemonade, Raspberry & Cranberry-Grape)

Accessory Packet C

Chewing Gum
Hand Wipe
Salt
Toilet Tissue
Coffee
Creamer
Sugar Substitute

