

TABLE S (2010-2017)**FIRST STRIKE (FSR) MENUS**

MENU 1	MENU 2	MENU 3
Filled French Toast	Toaster Pastry	Pound Cake, Lemon Poppy
Brk Sandwich, Bacon Cheddar	Sandwich, Italian Style	Sandwich, Honey BBQ Beef
Sandwich, Pepperoni	Chicken Chunks	Tuna, Lemon Pepper
Cheese Spread, Jalapeno	Tortillas	Tortillas
Snack Bread	Peanut Butter	Cheese Spread, Plain
Dessert Bar, Peanut Butter	Crackers, Plain	Crackers, Plain
First Strike Bar, Chocolate	Dessert Bar, Mocha	Dessert Bar, Choc Banana Nut
Beef Strips, Barbecue	First Strike Bar, Apple-Cinnamon	First Strike Bar, Mocha
Beef Strips, Teriyaki	Beef Strips, Teriyaki	First Strike Bar, Cran-Raspberry
Pretzels	Beef Strips, Barbeque	Snack, Corn Kernels
Zapplesauce®, Cinnamon	Zapplesauce®	Zapplesauce®
Nut Fruit Mix, Type III	Fruit, Dried, Cranberries	Nut Fruit Mix, Type III
Chocolate Protein Drink Mix	Nuts, Almonds	Beverages (2)
Beverage (1)	Beverages (2)	Candy, Caffeinated Mints
Gum, Caffeine, Cinnamon	Gum, Caffeine, Peppermint	Mayonnaise
Hand Cleaner	Barbecue Sauce	Hot Sauce 2/
Re-closeable Plastic Bag	Hot Sauce 2/	Hand Cleaner
Spoon	Hand Cleaner	Re-closeable Plastic Bag
Accessory Packet B 1/	Re-closeable Plastic Bag	Spoon
	Spoon	Accessory Packet A 1/
	Accessory Packet B 1/	

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

MENU 4	MENU 5	MENU 6
Filled Cinnamon Bun	Filled French Toast	Filled Apple Turnover
Filled Wrap, Mexican Style Beef	Toaster Pastry	Filled Wrap, BBQ Pork
Chicken, BBQ	Sandwich, Honey BBQ Chicken	Chicken, Garlic and Herb
Snack Bread	Salmon, Mango Chipotle	Cheese Spread, Plain
Cheese Spread, Jalapeno	Peanut Butter, Plain	Bagel, Plain
Beef Snack, Cranberry Nugget	Crackers, Plain	Turkey Nuggets, Cranberry
Dessert Bar, Peanut Butter	Turkey Snack	Snack, Filled Pretzel, Cheddar
First Strike Bar, Mocha	Snack, Corn Kernels	Dessert Bar, Mocha
Energy Gel, Mixed Berry	First Strike Bar, Cran-Raspberry	First Strike Bar, Apple-Cinnamon
Filled Pretzel, Cheddar	Energy Gel, Mixed Berry	Caffeinated Chocolate Pudding
Zapplesauce®	Nut Fruit Mix, Type II	Fruit, Dried, Cranberries
Fruit, Raisins	Zapplesauce®, Cinnamon	Dairyshake, Strawberry Banana
Beverages (2)	Chocolate Protein Drink	Beverage (1)
Gum, Caffeinated, Cinnamon	Beverage (1)	Gum, Caffeinated, Peppermint
Hot Sauce 2/	Candy, Caffeinated Mints	Hot Sauce 2/
Hand Cleaner	Hand Cleaner	Hand Cleaner
Re-closeable Plastic Bag	Re-closeable Plastic Bag	Re-closeable Plastic Bag
Spoon	Spoon	Spoon
Accessory Packet A 1/	Accessory Packet C 1/	Accessory Packet C 1/

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

MENU 7	MENU 8	MENU 9
Filled Blueberry Turnover	Filled French Toast	Filled Cinnamon Bun
Sandwich, Beef Nacho	Sandwich, Honey BBQ Chicken	Sandwich, Italian
Tuna, Sweet and Spicy	Tuna, Albacore	Chicken, Garlic and Herb
Spread, Cheddar Potato Bacon	Bagel, Plain	Tortilla
Snack Bread	Cheese Filled Crackers, Cheddar	Spread, Cheddar Potato Bacon
Crackers, Plain	Beef Strips, Barbeque	Crackers, Plain
Baked Snack Crackers Hot & Spicy	Beef Strips, Teriyaki	Snack, Corn Kernels
Turkey Snack	Dessert Bar, Choc Banana Nut	Beef Snack, Cranberry Nugget
First Strike Bar, Chocolate	First Strike Bar, Mocha	First Strike Bar, Cran-Raspberry
First Strike Bar, Apple-Cinnamon	Zapplesauce®, Cinnamon	Caffeinated Chocolate Pudding
Nut Fruit Mix, Type III	Nut Fruit Mix, Type II	Fruit, Dried, Raisins
Zapplesauce®	Dairyshake Powder, Vanilla	Dairyshake, Vanilla
Beverages (2)	Beverage (1)	Beverage (1)
Crackers, Plain	Gum, Caffeinated, Peppermint	Candy, Caffeinated Mints
Mayonnaise	Mayonnaise	Hand Cleaner
Hand Cleaner	Hand Cleaner	Re-closeable Plastic Bag
Re-closeable Plastic Bag	Re-closeable Plastic Bag	Spoon
Spoon	Spoon	Accessory Packet B 1/
Accessory Packet A 1/	Accessory Packet A 1/	

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

Accessory Packet A
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue
Coffee
Creamer
Sugar

Accessory Packet B
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue
Beverage Base, Non-Nutritive Sweetener, Lemonade or Raspberry

Accessory Packet C
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue

Revised 10/22/12019