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FIRST STRIKE (FSR) MENUS 2017- MID 2023		
MENU 1	**MENU 2**	**MENU 3**
Filled French Toast	Toaster Pastry	Pound Cake, Lemon Poppy
Brk Sandwich, Bacon Cheddar	Sandwich, Italian Style	Sandwich, Honey BBQ Beef
Sandwich, Pepperoni	Chicken Chunks	Chicken Chunks
Cheese Spread, Jalapeno	Tortillas, Chipotle	Tortillas, Plain
Italian Bread Sticks	Peanut Butter	Cheese Spread, Plain
Dessert Bar, Peanut Butter	Crackers, Plain	Crackers, Plain
First Strike Bar, Chocolate	Dessert Bar, Mocha	Dessert Bar, Choc Banana Nut
Beef Strips, Barbecue	First Strike Bar, Apple-Cinnamon	First Strike Bar, Mocha
Beef Strips, Teriyaki	Beef Strips, Teriyaki	First Strike Bar, Cran-Raspberry
Pretzel Sticks	Beef Strips, Barbeque	Snack, Corn Kernels, Plain
Zapplesauce®, Cinnamon	Zapplesauce®	Fruit, Zapplesauce®
Trail Mix, Recovery	Fruit, Dried, Cranberries	Trail Mix, Recovery
Chocolate Protein Drink Mix	Nuts, Almonds, Smoked	Beverages (2)
Beverage (1)	Beverages (2)	Candy, Caffeinated Mints
Gum, Caffeinated, Cinnamon	Gum, Caffeinated, Peppermint	Hot Sauce, Buffalo Style 2/
Re-closeable Plastic Bag	Barbecue Sauce	Re-closeable Plastic Bag
Spoon	Re-closeable Plastic Bag	Spoon
Accessory Packet B 1/	Spoon	Accessory Packet A 1/
	Accessory Packet B 1/	

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

MENU 4	MENU 5	MENU 6
Filled Cinnamon Bun	Filled French Toast	Filled Apple Turnover
Filled Wrap, Mexican Style Beef	Toaster Pastry	Filled Wrap, BBQ Pork
Chicken, BBQ	Sandwich, Honey BBQ Chicken	Chicken, Garlic and Herb
Snack Bread, Multigrain	Tuna, Lemon Pepper	Cheese Spread, Plain
Cheese Spread, Jalapeno	Peanut Butter, Plain	Bagel, Plain
Turkey Nuggets, Smoked	Crackers, Plain	Turkey Nuggets, Smoked
Dessert Bar, Peanut Butter	Beef Stick, Teriyaki	Snack, Filled Pretzel, Cheddar
First Strike Bar, Mocha	Snack, Corn Kernels, Plain	Dessert Bar, Mocha
Energy Gel, Mixed Berry	First Strike Bar, Cran-Raspberry	First Strike Bar, Apple-Cinnamon
Filled Pretzel, Cheddar	Energy Gel, Mixed Berry	Caffeinated Chocolate Pudding
Zapplesauce®	Nut Fruit Mix, Type II	Fruit, Dried, Cranberries
Fruit, Raisins	Zapplesauce®, Cinnamon	Dairyshake, Strawberry Banana
Beverages (2)	Chocolate Protein Drink	Beverage (1)
Gum, Caffeinated, Cinnamon	Beverage (1)	Gum, Caffeinated, Peppermint
Hot Sauce, Extra Hot 2/	Candy, Caffeinated Mints	Hot Sauce, Extra Hot 2/
Re-closeable Plastic Bag	Mayonnaise, Fat Free	Re-closeable Plastic Bag
Spoon	Re-closeable Plastic Bag	Spoon
Accessory Packet A 1/	Spoon	Accessory Packet C 1/
	Accessory Packet C 1/	

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

MENU 7	MENU 8	MENU 9
Filled Blueberry Turnover	Filled French Toast	Filled Cinnamon Bun
Sandwich, Beef Nacho	Sandwich, Honey BBQ Chicken	Sandwich, Italian Style
Tuna, Sweet and Spicy	Tuna, Albacore	Chicken, Garlic and Herb
Tortillas, Plain	Bagel, Plain	Tortillas, Plain
Spread, Cheddar Potato Bacon	Cheese Filled Crackers, Cheddar	Spread, Cheddar Potato Bacon
Crackers, Plain	Beef Strips, Barbeque	Crackers, Plain
Baked Snack Crackers, Hot & Spicy	Beef Strips, Teriyaki	Snack, Corn Kernels, Barbecue
Beef Stick, Teriyaki	Dessert Bar, Choc Banana Nut	Beef Strips, Barbeque
First Strike Bar, Chocolate	First Strike Bar, Mocha	Beef Strips, Teriyaki
First Strike Bar, Apple-Cinnamon	Zapplesauce®, Cinnamon	First Strike Bar, Cran-Raspberry
Nut Fruit Mix, Type II	Nut Fruit Mix, Type II	Caffeinated Chocolate Pudding
Zapplesauce®	Dairyshake Powder, Vanilla	Fruit, Dried, Raisins
Beverages (2)	Beverage (1)	Dairyshake Powder, Vanilla
Gum, Caffeinated, Cinnamon	Gum, Caffeinated, Peppermint	Beverage (1)
Mayonnaise, Fat Free	Mayonnaise, Fat Free	Candy, Caffeinated Mints
Re-closeable Plastic Bag	Re-closeable Plastic Bag	Hot Sauce, Extra Hot 2/
Spoon	Spoon	Re-closeable Plastic Bag
Accessory Packet A 1/	Accessory Packet A 1/	Spoon
		Accessory Packet B 1/

1/ Accessory pack component listed at the end of this document.

2/ Hot Sauce can be packed in the accessory packet or loose in the meal bag.

Accessory Packet A
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue
Coffee
Creamer
Sugar

Accessory Packet B
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue
Beverage Base, Non-Nutritive Sweetener, Lemonade, Raspberry or
Cranbery Grape

Accessory Packet C
Chewing Gum, Xylitol Sweetened, Peppermint or Cinnamon
Hand Cleaner (3)
Matches, Safety
Salt
Toilet Tissue

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