

INDIVIDUAL RATIONS: MORE Menus

TYPE I- HIGH ALTITUDE/COLD WEATHER

PACK 1

Caffeinated Chocolate Pudding, Type III Nut and Fruit Mix, Toaster Pastry, Mixed Berry Energy Gel, Cheddar Filled Pretzels Snack

PACK 2

Chocolate First Strike Bar, Type II Nut and Fruit Mix, Lemon Lime Energy Gel, Corn Kernels Snack, Smoked Beef Snack, Cinnamon Caffeinated Gum, Carbohydrate Fortified Beverage

PACK 3

Cracker, Spread Soup Mix, Applesauce, Hot and Spicy Cheese Baked Cracker, Mini Mocha First Strike Bar, Carbohydrate Fortified Beverage

TYPE II- HOT WEATHER

PACK 1

Caffeinated Chocolate Pudding, Dried Cranberries, Mixed Berry Energy Gel, Cheddar Filled Snack Pretzels, Carbohydrate Electrolyte Beverage

PACK 2

Chocolate First Strike Bar, Smoked Almonds, Lemon Lime Energy Gel, Applesauce, Peppermint Caffeinated Gum, Carbohydrate Electrolyte Beverage

PACK 3

Orange Energy Gel, Corn Kernels, Cinnamon Applesauce, Type III Nut and Fruit Mix, Mini Mocha First Strike Bar, Carbohydrate Electrolyte Beverage